



spiritual adult

DISCIPLE ME

TRACK 4: MISSIONAL LIVING

SHARE YOUR TESTIMONY

ICEBREAKER: WORST ELEVATOR PITCH EVER

Here's your challenge: you've got 30 seconds to come up with the absolute *worst* elevator pitch about yourself. Nothing too impressive or overly polished. We're going for awkward, oddly specific, slightly concerning, and maybe a little too honest.

Highlight your most random quirks, your questionable talents, and those rare qualities that probably shouldn't make the highlight reel. Think along the lines of, "*Hi, I'm tired and slightly confused,*" or "*I specialize in overthinking and snacks.*" The goal is to make people laugh and maybe wonder how you've made it this far in life.

STUDY: HOPE WORTH SHARING

If it's hard to sum up your life in 30 seconds - even as a joke - it can feel even harder to do it in a meaningful way. But the truth is, your story matters. And as we grow spiritually, we begin to realize that it's not just something funny or random to share - it's something God can actually use to impact others.

As we begin to think about today's conversation, let's consider the lens of a Spiritual Adult. At this stage, your story isn't just about what God has done *for you*, but what He wants to do *through you*. Faith moves from being personal to being missional, from "my journey" to "God's work through me." This is the turning point - from being influenced to becoming an influence. And this is exactly where 1 Peter 3:15 calls us to share the hope we've been given.

Read 1 Peter 3:13-16

- When you read these verses, what does Peter think all followers of Jesus should be prepared for?
- When you hear "be ready," do you feel confident, hesitant, or unsure? Why?
- What do you think it practically looks like to "be ready" to share your hope in everyday life?
- What tends to hold people back from talking about their faith or sharing their story?
- What do you think changes when you begin to see yourself as someone *sent* to share the story of Jesus rather than just someone *growing*?

As we think about what it means to be ready to share our hope, it helps us to see a real example. In the book of Acts, chapter 26, the Apostle Paul stands before Roman officials - people with power, authority, and the ability to decide his future. This isn't a casual or comfortable setting. But instead of shrinking back or getting defensive, Paul does something powerful - he shares his testimony.

He talks about who he was, how he encountered Jesus, and how his life was changed. In that moment, Paul shows us what it looks like to be ready - not just in theory, but in real life. As we read, pay attention to how naturally and clearly he tells his story, and consider what we can learn from his example.

Read Acts 26:1-29. Then discuss your first reactions to Paul's testimony.

ACTIVITY: YOUR STORY IN THREE PARTS

Sharing your testimony doesn't have to be complicated or perfect. In fact, the most powerful testimonies are often simple, clear, and real. When we look at Paul's example in Acts of the Apostles 26, we see this modeled so clearly. Standing before Roman officials, Paul doesn't overcomplicate things- he simply shares who he was, how he encountered Jesus, and how his life was changed. His story is personal, direct, and focused on what Jesus has done.

That's the same approach we're going to take today as we break your story into three natural parts, making it easier to understand - and easier to share. Use the table below to guide you as you consider few thoughts about each of these parts of your story. Discuss your answers to these questions together.

| BEFORE JESUS | MEETING / CHANGED BY JESUS | AFTER JESUS |
|---|--|---|
| <ul style="list-style-type: none"> • What was your mindset, direction, or struggle? • What were you chasing or depending on? • What was missing? | <ul style="list-style-type: none"> • What happened that made you start following Jesus? • What did you realize about God or yourself? • Was it a moment or a process? | <ul style="list-style-type: none"> • What has changed in your life? • What is God still working on? • How is your perspective different now? |

CHALLENGE: SENT WITH A STORY

This week, take what you've shared here and turn it into something you're ready to share with others. Using your responses from the activity, begin to construct your testimony by putting together the three key movements: **Before Jesus, Meeting Jesus, and After Jesus.**

First, write out your story in a short manuscript form, aiming for something you could share in about 1–2 minutes. Focus on clarity, authenticity, and keeping Jesus at the center. Then, take that same story and condense it into a simple bullet-point outline that you could easily recall in a real conversation. Once you've created both versions, share them with your discipleship partner. This isn't just about writing your story; it's about preparing to use it, stepping into that shift from being influenced to becoming an influence.