



ONE HEART • OPEN HANDS

ACTS 4:32-37

THE BIBLE STORY

The first believers loved Jesus and cared for one another. They were **one in heart**. When someone needed help, people shared what they had. No one forced them. God's grace made them generous. The apostles kept telling everyone that Jesus is alive. A man named Barnabas even sold a field and gave the money to help.

BIG IDEA Because Jesus loves us, we notice people, share what we have, and help with open hands.

1

SEE

Notice when someone needs a friend or help.

2

SHARE

Offer time, kindness, supplies, or encouragement.

3

CARE

Help in a way that is wise, safe, and kind.

SAY IT TOGETHER

“Jesus helps me live with an open heart and open hands!”

Acts 4:32-37



THE OPEN HANDS CHALLENGE

SEE IT • SHARE IT • DO IT • PRAY ABOUT IT

1 MATCH THE KIND CHOICE

Draw a line from each need to a kind response.

- | | | |
|---|-------|--------------------------|
|  A new child is alone | ----- | Invite them to play |
|  A friend is sad | ----- | Listen and pray |
|  Someone forgot supplies | ----- | Share what you can |
|  The room needs cleaning | ----- | Help without being asked |

2 PICK ONE OPEN-HANDS MISSION

- ☐ Welcome someone who feels left out
- ☐ Share a supply or snack with permission
- ☐ Help with a job before someone asks
- ☐ Encourage someone who is having a hard day
- ☐ My own idea: _____

3 MAKE YOUR PLAN

I will help: _____

I will help by: _____

A trusted adult who can help me: _____

PRAY

Jesus, thank You for loving me. Help me notice people, share with joy, and care in a wise and safe way. Give me an open heart and open hands. Amen.