



# **ALIVE & EMPOWERED**

**FROM RESURRECTION TO RENEWAL**

**7 WEEK SERIES**



Priest Lake Church  
3325 Anderson Road • Antioch, TN

# ALIVE & EMPOWERED

From Resurrection to Renewal • Small Group Participant Fillable Guide

## Participant Workbook for Sermon + Small Group Use

Use this guide in two settings each week:

- 1) During the sermon — capture the main idea, key points, and what God is saying to you.
- 2) In your small group — work through the discussion, application, and prayer sections.

### Participant Information

Name

Small Group / Leader

### How to Use This Guide

- Bring this guide to Sunday worship and to your weekly small group.
- Write what you hear in the sermon, then return to those notes in group discussion.
- Be honest in the reflection sections. Growth happens when we move from listening to living.
- Use the prayer section each week so your group can care for one another specifically.

### Series Schedule

Week 1 • April 12 • He Is Risen...Now What?

Week 2 • April 19 • Hope for the Broken: New Life in Christ

Week 3 • April 26 • Living in the Light of the Resurrection

Week 4 • May 3 • The Promise of the Holy Spirit

Week 5 • May 10 • The Birth of the Church: Community in Christ

Week 6 • May 17 • Empowered for Service: Your Spiritual Gifts

Week 7 • May 24 • Filled to Overflow: Living a Spirit-Empowered Life

# Week 1 • He Is Risen...Now What?

April 12 • John 20:1–18 (KJV)

## Big Idea

*The resurrection is not just an event to celebrate—it is power to experience.*

## Sunday Sermon Notes

Main idea / key point

Key points from the sermon

Scriptures, phrases, or truths that stood out

What is God saying to me through this message?

# Week 1 • Small Group Page

He Is Risen...Now What? • John 20:1–18 (KJV)

## Before Group

What stayed with me after Sunday?

## Group Discussion Notes

1. What stood out to you most from the sermon and the Scripture reading?

2. Why do you think Mary did not recognize Jesus at first?

3. Where in your life do you need to see resurrection hope?

## Live It Out

Identify one area where you need to start living like you are truly alive in Christ.

## Prayer Requests

## My Next Step This Week

# Week 2 • Hope for the Broken: New Life in Christ

April 19 • 1 Corinthians 15:20–22 (KJV)

## Big Idea

*Resurrection meets broken places and gives a new beginning in Christ.*

## Sunday Sermon Notes

Main idea / key point

Key points from the sermon

Scriptures, phrases, or truths that stood out

What is God saying to me through this message?

# Week 2 • Small Group Page

Hope for the Broken: New Life in Christ • 1 Corinthians 15:20–22 (KJV)

## Before Group

What stayed with me after Sunday?

## Group Discussion Notes

1. What does it mean to be made alive in Christ?

2. What part of your life still feels broken or unfinished?

3. How does the resurrection change the way you view your past?

## Live It Out

Take one clear step toward healing, surrender, or deeper connection this week.

## Prayer Requests

## My Next Step This Week

# Week 3 • Living in the Light of the Resurrection

April 26 • Romans 6:4 (KJV)

## Big Idea

*Resurrection is not a moment—it is a new way of life.*

## Sunday Sermon Notes

Main idea / key point

Key points from the sermon

Scriptures, phrases, or truths that stood out

What is God saying to me through this message?

# Week 3 • Small Group Page

Living in the Light of the Resurrection • Romans 6:4 (KJV)

## Before Group

What stayed with me after Sunday?

## Group Discussion Notes

1. What does newness of life look like in everyday practice?

2. What old pattern or habit needs to be left behind?

3. What would it look like to walk differently this week?

## Live It Out

Replace one old habit with one spiritual discipline this week.

## Prayer Requests

## My Next Step This Week

# Week 4 • The Promise of the Holy Spirit

May 3 • Acts 1:4–8 (KJV)

## Big Idea

*You cannot live the resurrected life in your own strength.*

## Sunday Sermon Notes

Main idea / key point

Key points from the sermon

Scriptures, phrases, or truths that stood out

What is God saying to me through this message?

# Week 4 • Small Group Page

The Promise of the Holy Spirit • Acts 1:4–8 (KJV)

## Before Group

What stayed with me after Sunday?

## Group Discussion Notes

1. Why did Jesus tell the disciples to wait?

2. What does the Spirit's power mean in real life?

3. Where are you relying on yourself instead of the Holy Spirit?

## Live It Out

Begin each day this week by asking the Holy Spirit to lead you.

## Prayer Requests

## My Next Step This Week

# Week 5 • The Birth of the Church: Community in Christ

May 10 • Acts 2:1–4, 42–47 (KJV)

## Big Idea

*The Holy Spirit forms a people, not just empowered individuals.*

## Sunday Sermon Notes

Main idea / key point

Key points from the sermon

Scriptures, phrases, or truths that stood out

What is God saying to me through this message?

# Week 5 • Small Group Page

The Birth of the Church: Community in Christ • Acts 2:1–4, 42–47 (KJV)

## Before Group

What stayed with me after Sunday?

## Group Discussion Notes

1. What stands out about the life of the early church?

2. Why is community essential for spiritual growth?

3. Do you feel connected, or mostly just present?

## Live It Out

Reach out to one person from your group outside the meeting this week.

## Prayer Requests

## My Next Step This Week

# Week 6 • Empowered for Service: Your Spiritual Gifts

May 17 • Ephesians 4:11–16 (KJV)

## Big Idea

*Every believer has a role in building up the body of Christ.*

## Sunday Sermon Notes

Main idea / key point

Key points from the sermon

Scriptures, phrases, or truths that stood out

What is God saying to me through this message?

# Week 6 • Small Group Page

Empowered for Service: Your Spiritual Gifts • Ephesians 4:11–16 (KJV)

## Before Group

What stayed with me after Sunday?

## Group Discussion Notes

1. Why does every believer have a role to play?

2. What strengths, gifts, or passions do you see in your life?

3. What has kept you from serving more fully?

## Live It Out

Take one step to serve in church, in your group, or in the community.

## Prayer Requests

## My Next Step This Week

# Week 7 • Filled to Overflow: Living a Spirit-Empowered Life

May 24 • Acts 2:38 (KJV)

## Big Idea

*A Spirit-filled life is ongoing and overflows into others.*

## Sunday Sermon Notes

Main idea / key point

Key points from the sermon

Scriptures, phrases, or truths that stood out

What is God saying to me through this message?

# Week 7 • Small Group Page

Filled to Overflow: Living a Spirit-Empowered Life • Acts 2:38 (KJV)

## Before Group

What stayed with me after Sunday?

## Group Discussion Notes

1. What does being filled with the Spirit look like day to day?

2. Who is impacted by your spiritual life right now?

3. Who is one person you can pray for and reach this week?

## Live It Out

Pray for one person and intentionally reach out to them this week.

## Prayer Requests

## My Next Step This Week

# Final Reflection

Looking back across the full series

**What has God done in me during this series?**

**What is my next step in discipleship, service, or community?**

**Who am I praying for and trying to reach?**

**Prayer**