

# Priest Lake Community Baptist Church

## Young Adult Teaching Plan

*John 19 Expository Bible Study*  
*Fruitfulness Through the Cross*  
*2026 Theme: Fruitfulness*

### Main Objective

Help young adults understand how to remain spiritually fruitful while navigating pressure, identity, relationships, purpose, culture, disappointment, and calling.

### Primary Scripture

John 19:1-30 (KJV)

### Key Theme

Jesus remained faithful under pressure, rejection, suffering, and public scrutiny. Young adults are called to remain faithful to Christ while navigating real-world pressures and decisions.

### 50-Minute Teaching Flow

- Welcome & Prayer – 5 min
- Scripture Reading & Context – 8 min
- Teaching Movement 1 – 10 min
- Teaching Movement 2 – 10 min
- Discussion & Real-Life Application – 10 min
- Closing Challenge & Prayer – 7 min

### Teaching Movement 1 — Pressure, Identity & Compromise

Pilate compromised truth under pressure while Jesus remained secure in His identity and assignment. Young adults face pressure from relationships, careers, social media, culture, politics, and peer expectations.

### Teacher Insight

Many young adults struggle with identity, purpose, comparison, anxiety, instability, and fear of missing out. John 19 teaches that fruitfulness requires remaining grounded in Christ even when culture pressures compromise.

### Fruitfulness Principle

Fruitful young adults do not allow culture, pressure, or emotional instability to move them away from obedience.

## Real-Life Application

- Dating and relationship pressure
- Career and financial uncertainty
- Social media comparison
- Fear of failure
- Pressure to compromise convictions
- Mental and emotional exhaustion

## Teaching Movement 2 — Carry the Assignment & Finish Faithfully

Jesus carried the cross and completed His assignment. Young adults must learn endurance, consistency, discipline, and long-term faithfulness.

## Teacher Emphasis

Many young adults start emotionally but struggle with consistency. Fruitfulness is not hype. Fruitfulness is obedience over time.

## Key Teaching Line

The cross looked like defeat, but Heaven saw harvest.

## Discussion Questions

1. What pressures affect young adults most today?
2. Why is compromise so tempting during transitional seasons?
3. What areas challenge your consistency with God?
4. What assignment has God given you that requires endurance?
5. How can spiritual community help young adults grow?

## PLC Discipleship Pathway Connection

Young adults should be challenged to move from simply attending church to becoming contributors and connectors who disciple others.

## Small Group Activity

Break into groups of 3–4 and discuss one area where you need greater spiritual consistency. Pray for one another and identify one practical next step for growth.

## Teacher Notes

Keep the class conversational, practical, and authentic. Young adults respond strongly to honesty, real-life application, and relational connection. Avoid sounding overly institutional or disconnected from modern pressures.

## Closing Challenge

Fruitfulness is not avoiding pressure. Fruitfulness is remaining faithful through pressure. Jesus finished the assignment, and God is calling this generation to finish faithfully too.

## **Closing Prayer**

Pray for spiritual clarity, consistency, healing, identity in Christ, endurance, healthy relationships, and Kingdom purpose.