

## **Agreement Form**

\_\_\_\_\_, referred to as “client,” and \_\_\_\_\_, referred to as “coach,” agree to \_\_\_\_\_ sessions at a rate of \$50 per session, conducted through (in person, phone, group, zoom). Sessions will occur \_\_\_\_\_ (weekly, biweekly, monthly) and will last 45 minutes. Sessions will be scheduled through the church web page by clicking on ‘contact Jeanne’ and connecting to my email address. Payments will be made prior to the session through Venmo, in cash or by check. Coaching packages are available.

### **Scope of Coaching**

Both parties acknowledge that a coach does not have responsibility or control over the client outcomes. Coaching is:

- A partnership centered around the exchange of ideas, encouragement, and accountability
- A way to make progress toward the client’s greater fulfillment in life by both identifying and strategizing the attainment of goals
- Focused on goals identified by the client, not the coach

Christian Coaching is:

- A coaching relationship in which a client’s faith is included in the coaching sessions
- An opportunity to explore goals and goal attainment within the context of the client’s Christian belief system
- A holistic approach in which a client’s faith is included and utilized in their plans

Coaching is not:

- Treatment for any mental health, substance abuse, or psychological disorder

- A substitution for legal or medical advice
- A relationship in which the coach tells the client what to do or “fixes” the client’s problems
- A guarantee of desired outcomes within the client’s life

## **Confidentiality**

A key component of successful coaching is coach-client trust. The content of a coaching session is confidential and will not be shared by the coach with outside parties except for instances of imminent danger. Strictly held confidence is the standard for shared information.

## Coach Training and Professional Development

When your coach engages in professional development, is mentored by another coach, conducts training, or seeks counsel, they may share examples or ask questions about your sessions. Your coach will share no identifying information, and your coach will only engage in professional opportunities where confidentiality of cases shared in training sessions is the standard.

## Limits to Confidentiality

If withholding the information shared in a coaching session violated the law, the coach will share the information with appropriate authorities to protect the client and others. Examples of such information include, but may not be limited to, abuse of an elder or minor, a client’s intention to hurt someone else, and a client’s intention to hurt themselves.

## Release of Information

Clients must request a release form if they want their coach to share information from their coaching sessions with an outside party.

## **Cancellations and Late Payments**

### Late Payments

Payments later than two business days behind schedule will result in pausing coaching sessions until paid plus a \$25 fee. Bounced checks will result in a fee of the current banking overdraft fees.

### Rescheduling

Sessions may be rescheduled with 24-hour notice by contacting [jeanneandorr@gmail.com](mailto:jeanneandorr@gmail.com).

No-shows are counted as sessions within the coaching package and are not reimbursed, with rare exceptions for documented emergencies.

### Pausing Coaching for Psychological Services

A need for psychological services may be uncovered during the coaching relationship (either within or outside of coaching sessions). If it is determined by the client or the coach that it is in the client's best interest to pause coaching until other psychological needs are met, the client may put coaching on hold for this purpose. An individual can be in a coaching relationship and receive mental health services such as therapy. If you have questions, you can discuss individual situations with your coach. Being open with your coach about how you feel during and about your coaching sessions is essential.

Client \_\_\_\_\_ Date: \_\_\_\_\_

Coach \_\_\_\_\_ Date: \_\_\_\_\_

