

PRAYER & *ACTION* GOALS

AUGUST 2026 - JULY 2027

Our Year of Renewal



Peninsula Community Chapel

Our Year of Renewal

God loves to renew his people. Throughout Scripture, we see him restoring weary hearts, reviving drifting believers, refreshing discouraged saints, and awakening entire communities to renewed love for him. Because of this, we have chosen to make this "Our Year of Renewal."

The need for renewal is clear. We all have times when we've needed it. Perhaps you have occasionally felt like you lost your sense of purpose or vision. Maybe you have experienced periods when you lacked enthusiasm or joy. Maybe you have experienced times of spiritual apathy or neglect. These experiences remind us of our ongoing need for spiritual renewal. This is a need that Scripture addresses repeatedly.

Throughout Scripture, it is God who renews his people. In the Old Testament, King David prayed, "Create in me a clean heart, O God, and **renew** a right spirit within me" (Psalm 51:10). In the New Testament, the Apostle Paul reminds us that believers are "being **renewed** day by day" (2 Corinthians 4:16). This means that renewal is not a one-time event but an ongoing work of God in the lives of his people.

God's concern is not only for the renewal of individual believers but also for the renewal of his people as a community. Psalm 85:6 says, "Will you not revive us again, that your people may rejoice in you?" 2 Kings 22-23 recounts how God's people rediscovered his law and experienced a period of national repentance, reform, and covenant renewal. Just as individual believers need renewal, so do entire church communities.

To help us pursue this renewal together, we have identified several church-wide goals for the year ahead. If you would like to renew your walk with God, to revive your soul, to reinvigorate your role in Jesus' mission, to restore your heart for others, and to reproduce and revitalize churches, then these goals are for you!

We hope you will pursue these goals along with us. Below each goal are several suggestions for how it can be pursued. Please also feel free to make these goals your own by pursuing them in other creative ways as the Lord leads you.

We are excited to see how God will renew us and others as we seek him together!

Trusting in Him,

A handwritten signature in black ink, appearing to read "Garrett Spitz". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Garrett Spitz
Lead Pastor



WORD »

Renew my walk with God in a challenging world and my role in being part of God's renewal by reading and applying Judges and 2 Timothy.

I will pursue this goal by doing one or more of the following:

- » Listen to and apply sermons on Judges and/or 2 Timothy.
- » Read and study Judges and/or 2 Timothy with others at a Home Group, Bible study, or other setting.
- » Watch the Bible Project video summaries of Judges and 2 Timothy and discuss them with others.
- » Memorize/meditate on verses from Judges and 2 Timothy during the season of Lent.

Do not be conformed to this world, but be transformed by the renewal of your mind...

ROMANS 12:2a¹

All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.

2 TIMOTHY 3:16-17



¹ All Scripture references in this document are from the English Standard Version.



WORSHIP »

Revive my soul by replacing disembodied experiences² with embodied spiritual activities.³

I will pursue this goal by doing one or more of the following:

- » Intentionally participate in a PCC Day of Prayer & Fasting or fast and pray for something else that is on my heart.
- » Go for prayer walks on my own or with others.
- » Invite others to a meal where we put phones away, enjoy good food, and share things that we are thankful for.
- » Use different physical postures in my prayer life like kneeling, standing, hands raised, hands open, hands folded, head bowed, or head raised.
- » Incorporate prayer into different daily activities and times of the day like when I wake up, when I eat, and when I go to bed.
- » Practice Sabbath rest by ceasing from work one day a week and devoting that time to refreshing and worshipful rest instead.
- » Embrace a daily practice of “Bible before phone” by reading and meditating on Scripture before I look at news, social media, or games.
- » Practice a “digital Sabbath” by setting aside a day once a week or month without digital devices.
- » Read *How Your iPhone Is Changing You* or *The Tech-Wise Family* and discuss it with others.
- » Make my exercise a more worshipful experience by incorporating prayer, Christian music, and/or Scripture into my routine.

*Oh come, let us
worship and bow
down; let us kneel
before the Lord,
our Maker!*

PSALM 95:6

*I appeal to you
therefore, brothers,
by the mercies of
God, to present your
bodies as a living
sacrifice, holy and
acceptable to God,
which is your
spiritual worship.*

ROMANS 12:1

² These would include using technology to disengage from the world by scrolling mindlessly, playing games, listening to endless podcasts, or binging television.

³ Christian spiritual disciplines that have a physical component to them.

EQUIP »

Reinvigorate my role in Jesus' mission to make disciples by taking new steps to establish or strengthen spiritually intentional friendships.

I will pursue this goal by doing one or more of the following:

- » Begin meeting with someone (a mentor, mentee, or peer) regularly for one-on-one accountability, prayer, and mutual encouragement. Use the *Questions for Life*⁴ to help guide initial conversations.
- » Learn and put into practice principles for discipleship from Glenn Parkinson's book *Peter's Principles: Learning to Follow Jesus*.
- » Attend a workshop or discipleship class focused on discipling relationships.
- » Increasingly view my parenting (if applicable) as discipleship by participating in a discipleship class or seminar about parenting.

You then, my child, be strengthened by the grace that is in Christ Jesus, and what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also.

2 TIMOTHY 2:1-2

Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ.

COLOSSIANS 1:28



⁴ *Questions for Life* are available in the back of this brochure and on the PCC website.

ENGAGE: Local »

Restore my heart for others by opening my eyes to the spiritual and physical needs of those around me and taking steps to help in Jesus' name.

I will pursue this goal by doing one or more of the following:

- » Identify one specific unbeliever in my sphere of influence and commit to pray for them, connect with them, and invite them to know Jesus.
- » Pray in the morning for God to help me see the needs of others throughout the day in my home, neighborhood, school, or place of work, and then take steps to help with those needs.
- » Ask people around me how I can pray for them. Be faithful in prayer, and then follow up with them later.
- » Pray for and partner with a local ministry that is meeting needs in our community like Care Net Peninsula, Peninsula Rescue Mission, THRIVE Peninsula, Serve the City Peninsula, Newsome Bailey Project, Lackey Clinic, or Friends of Refugees.
- » Attend a workshop or discipleship class focused on loving our neighbors.
- » Learn about PCC's Mercy Ministry and volunteer to help serve someone else in need.

...let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.

MATTHEW 5:16b

Let each of you look not only to his own interests, but also to the interests of others.

PHILIPPIANS 2:4



ENGAGE: Global »

Reproduce and revitalize churches in some of the world's hardest places by taking a new step of engagement in PCC Global Ministry.

I will pursue this goal by doing one or more of the following:

- » Help plant a church among the Aweer of coastal Kenya by participating in the Fall Global Ministry Conference and taking a next step afterwards.
- » Support Pastor Emeritus Tom Kenney and his wife Mabel in revitalizing an international church in Central Asia while he serves as their interim pastor from January-June in 2027.
- » Pray for and support PCC youth going to Kenya to help our sister church host their own version of SportsWorld.⁵
- » Discover my unique role in God's global mission by participating in the Perspectives⁶ course.
- » Support others in discovering their role in God's global mission by supporting the Perspectives course. (You can support the course by promoting it to others, praying for someone taking it, hosting an instructor, volunteering to help, or providing free childcare to parents of young children so they can attend.)

But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.

ACTS 1:8

So the church throughout all Judea and Galilee and Samaria had peace and was being built up. And walking in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied.

ACTS 9:31

«—————»
⁵ SportsWorld is a sports camp that we offer every summer for children in 1st through 5th grade where they have fun and learn about Jesus.

⁶ *Perspectives on the World Christian Movement* is a dynamic 15-week course rooted in Scripture that helps believers to discover their unique role in God's global mission.

QUESTIONS FOR LIFE

Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom.

COLOSSIANS 3:16

Speaking the truth in love, we are to grow up in every way into him who is the head, into Christ.

EPHESIANS 4:15

According to the Bible, Spirit-filled believers have much wisdom to offer one another when it comes to godly living in an ungodly world. Yet, the reality is that we don't always take advantage of the hard-won wisdom of our brothers and sisters in Christ. Part of the reason is that we just don't know where to begin.

This is where we hope the "Questions for Life" listed below can come in. These questions are meant to serve as an on-ramp into intentional spiritual friendships with other believers.

YOUR ASSIGNMENT

So, here's your assignment:

- **Consider** a fellow believer at PCC whose life and godliness you respect. Can't think of one? Ask a pastor for a recommendation.
- **Invite** them out for a coffee or meal.
- **Bring** these *Questions for Life* to them and share about them with each other. You don't have to get through them all! Skip the ones that do not apply.
- **Grow** in wisdom and grace.
- **Rinse** and repeat.



THE QUESTIONS

1. How did you come to faith in Jesus?
2. What is one trial in your life that the Lord has used to sanctify you?
3. How do you go about your prayer life?
4. What does it look like to walk by the Spirit and not by the flesh in your life?
5. How do you go about reading/studying Scripture?
6. What are some of your best/most fruitful evening/bedtime routines?
7. What are some of your best/most fruitful morning routines?
8. In what areas of the Christian life do you still hope to grow?
9. How do you cultivate friendships with other men/women?
10. How do you think biblically about/practice financial giving to the church? How do you think generally about stewarding finances in a biblically faithful way?
11. What advice do you have about walking in singleness?
12. What advice do you have for dating well -- looking towards engagement/marriage?



QUESTIONS FOR LIFE

13. What guidance do you have for life after a divorce?
14. What guidance do you have for living as a widow or widower?
15. How do you fight the temptation to sin? How about sexual sin in particular?
16. How do you wisely engage with cultural/political/worldly information outlets without being consumed by them? (news, podcasts, books, etc.).
17. What are some things you do to make the church a priority?
18. As a husband/father, what are some things you do to try and lead your family well?
19. As a wife/mother, what are some ways you try to use your gifts to bring life/blessing to your household?
20. What are some things you do to serve your spouse well?
21. What mistakes have you made in life? What mistakes have you made recently? What have you learned from them?
22. How do you seek to glorify God in your daily work?
23. What are some of your biggest hopes and prayers for the future?



Why Have Goals?

I press on toward the goal for the prize of the upward call of God in Christ Jesus.

PHILIPPIANS 3:14

In his letter to the Philippians, the Apostle Paul declares that even he hasn't "arrived" yet and still has room to grow. He invites us to adopt the same mentality. This spiritual "pressing on" is what our yearly Prayer & Action Goals are all about. Our church elders have identified several goals for us to pursue as a church this year. Some of these goals will excite you while others may make you say, "Ehh..." And that's kind of the point!

Your walk with God is a community project. Because of that, some of our goals will relate to things that you are already passionate about. Others will stretch you to take action and pray for an area or topic that you might not have that much interest in at first. That's the beauty of growing as a community. When we grow together, we help one another to address blind spots and areas that we could use shoring up in. None of us has "arrived" yet, and we all have areas in which we need to grow. By growing together as a church family, we help to ensure that our growth is biblically balanced and nourished by other people's perspectives and experiences.

If we only pursue goals that we are already excited about, our spiritual growth will be stunted as we simply reinforce our own interests and passions. But when we grow together, we stretch ourselves to explore new areas and press on to know the gospel's influence in every corner of our lives.

So join us this year in using these goals to guide your prayers and actions. Look for ways to incorporate these goals into your own personal study, your discipling relationships with each other, or in family devotions. We are excited to see how God will use them to help us grow together!





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Making Disciples Who Know His Joy and Change His World