

PERSONAL PRAYER RESOURCES

Ferris Wheels & Merry-Go-Rounds

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and minds in Christ Jesus. - Philippians 4:6,7

Casting down imaginations & every lofty thing that exalts itself against the knowledge of God, we bring all thoughts captive to the obedience of Christ. - 2 Corinthians 10:5

To apply to your thought life, shift from Merry-go-round to Ferry Wheel Thinking:

Stop allowing thoughts to go around in circles inside your brain like a merry-go-round.

- Instead, picture yourself on a platform halfway up the side of a Ferris wheel that is running vertically downward before you.
- Place your thoughts into the cars that are moving down & away from you. As you do this, you apply Step 1 in an act of faith & adoration.
- While the thought is at the bottom of the Ferris wheel, you apply Step 2 as an acknowledgement of God's greatness to handle the thought & whatever need it represents.
- As your thought begins to rise on the far side of the Ferris wheel, you apply Step 3 by picturing the thought going into the presence of Jesus Christ and God our Father.
- As thoughts come back to you, resist downloading them back on the merry-go-round. Keep them on the Ferris Wheel & look for God's answer & will to whatever the idea is.
- Don't quit praying until you have His peace and answer to your prayer.

The secret is to G.A.B. with God about every thought that runs through your mind.

Step 1: God, You are **Greater** than Everything! - Psalm 145:3 & 16

Step 2: God, You are **Able** to intervene in Anything! - Ephesians 3:20, 21

Step 3: God, You know **Best** and I want Your will to be done! - Luke 22:42

View troublesome thoughts as dark clouds that block the Sun:

- You know the Sun is still there & greater than the clouds
- As such, the Son of God is always there & greater than all else

Cast every thought down before His majesty & bring it in submission to His wisdom, sovereignty & will to be done! Be obedient to His Word & promptings of the Holy Spirit.

Practice this for a week & see what difference it makes in your thought life & experience of God's peace & answers to your prayer.

Remember, Jesus taught, "We ought to pray always and not faint." - Luke 18:1



Promise Prayer Cards

RELEASE OF BITTERNESS

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

Ephesians 4:31-32 (NASB)



Dear God my Father,

I am grateful that Jesus took all that is wrong upon Himself so that it can be removed from me. I confess that I have been hurt by others and experienced pain. I want to be free from the anger and bitterness that it has caused. I release everything before You and ask that You remove it from me and place it on the cross of your Son, Jesus Christ.

May the blood of Jesus cleanse me from all sin. Please give me your forgiveness for others that I don't have in myself. Free me in your love that I may do your will. In Jesus' name, Amen!

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COMFORT

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. For just as the sufferings of Christ flow over into our lives, so also through Christ our comfort overflows.

2 Corinthians 1:3-5



I praise You dear God my Father that You are the source of all comfort. Please comfort me at this time of sadness and sorrow in my life. Help me to sense your presence and care for me from your Word and from your Spirit. Help me receive the comfort You bring to me through others and may I also be a source of your comfort to those in need of it.

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FORGIVENESS

*The LORD is good and ready to forgive. He
abounds in love to all who call upon him!*

Psalm 86:5

*If we confess our sins, He is faithful and
righteous to forgive us our sins and cleanse us
from all unrighteousness.*

1 John 1:9



*Dear God my Father,
I am so grateful that you are a loving and forgiving God.
I confess that I have disobeyed You and want to be
forgiven and cleansed of my sin. I believe Jesus Christ
died on the cross to take my place and remove my sin
from me. Please free me from my guilt and allow me to
experience Your love, joy and peace in the power of the
Holy Spirit and in Jesus' holy name, Amen.*

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GOD'S HELP

*God is our refuge and strength
A very present help in trouble.
Therefore, we shall not fear.*

Be still and know that I am God.

Psalm 46:1-10



*Dear God, Our Father,
Please help me to sense Your
Presence and know that You are a
Refuge for me. Please strengthen
Me and help me at this difficult
Time. Help me to trust you and
Experience your peace and love.*

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GOD'S LOVE

*I have loved you with an everlasting love; therefore I
drawn you with loving-kindness.*

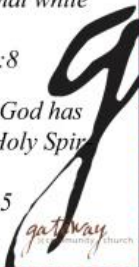
Jeremiah 31:3

*God demonstrates His own love toward us, in that while
we were still sinners, Christ died for us.*

Romans 5:8

*Hope does not disappoint, because the love of God has
been poured out within our hearts through the Holy Spirit
who was given to us.*

Romans 5:5



*Dear God,
Help me to believe and accept the eternal love You have
for me. Thank You for demonstrating Your love in the
death of Jesus on the cross. Please help me understand
and appreciate the gift of salvation You have given me in
Christ. Help me experience Your love, poured out in my
heart by the Holy Spirit. Fill me to overflowing, so I will
share Your love and hope with others. In the Name of
Jesus Christ I pray! Amen.*

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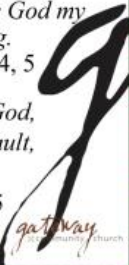
GUIDANCE

I will instruct you and teach you in the way which you should go; I will counsel you with My eye upon you.
Psalm 32:8

Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long.
Psalm 25:4, 5

If any of you lacks wisdom, you should ask God, who give generously to all without finding fault, and it will be given to you.

James 1:5



*Dear God my Father,
I am so grateful that You desire to reveal Yourself to me and Your plans for my life. I pray for the Holy Spirit to enlighten my mind and fill my heart so I understand Your Word and have the power to obey it. I pray for wisdom to make good decisions and take actions that are pleasing to You. I pray for a clear sense of direction so I will experience Your blessing and bring Your blessings to others. In the Name of Jesus Christ I pray. Amen!*

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HEALING

Praise the LORD, O my soul, and forget not all his benefits Who forgives all your sins and heals all your diseases, Who redeems your life from the pit.

Psalm 103:2-4

Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.

Hebrews 4:16



*Dear God my Father,
You know my need for healing. I pray for the faith to believe your promise and ability to heal me. I come before You confidently in the Name of Jesus Christ your precious Son who died and rose again for me. I ask for your mercy and your grace. I pray that You will heal me according to your will. In Jesus' Name I pray, Amen.*

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HOPE

Now may the God of hope fill you with all joy and peace in believing, so that you will abound in hope by the power of the Holy Spirit.

Romans 15:13



*Dear God my Father,
Your Word promises that You have good for me in the future. Help me experience your joy in my heart and peace in my mind as I trust your promises. May my hope in You be empowered by the Holy Spirit so that it abounds in me and blesses others.*

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PEACE

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:6-7



Dear God my Father,

I cast my worry and anxieties upon You. You know my needs and why I am anxious. You know how badly I need your peace and I ask you to give it to me. Please let me experience the supernatural serenity found in Jesus Christ. May the Holy Spirit guide me in your ways that I continue to experience the peace of Jesus in my life. Amen.

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PROVISION

You open your hand and satisfy the desire of every living thing.

Psalms 145:16

God will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.

Philippians 4:19



Dear God,

You are so great and wonderful! It is easy for You to meet my needs and even more. Please open your compassionate hand to me. Through Jesus Christ your Son, I am trusting You as My Heavenly Father to care for me as your child. Please meet my needs in such a way that the only explanation will be that You have done it and I will praise your Name!

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