

Kingdom Quest: Living the Greatest Adventure

DAY 1: REVIEW

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2: FORGIVEN PEOPLE FORGIVE

Read Ephesians 4:32 NlrV

The Bible tells us to forgive others just as God forgave us. That's a big deal. God doesn't forgive us halfway. He forgives us completely. When we remember how much God has forgiven us, it helps us forgive others. We may not feel like forgiving. We may still feel hurt. But forgiveness is a choice to trust God with what happened. God's kingdom looks different from the world. Instead of holding grudges, we show mercy.

Interactive:

Write one reason God has forgiven you:

Now write one person you need to forgive:

DAY 3: LET IT GO

Read Colossians 3:13 NlrV

Sometimes we want to hold onto anger. It feels powerful. But holding onto anger can actually trap us. Forgiveness doesn't mean what someone did was okay. It means you're choosing not to carry the anger anymore. You are letting God handle justice. When you forgive, you aren't just helping the other person. You are freeing your own heart.

Interactive:

Write one step you can take toward forgiveness this week:

At-Home Activity: Talk with someone at home about a time they forgave someone. What helped them do it?

DAY 4: GOD REMOVES OUR DEBT

Read Psalm 103:12 NlrV

The Bible says God removes our sins as far as the east is from the west. That means He doesn't bring them up again. He doesn't keep a scorecard. When we forgive, we reflect what God has already done for us. Forgiveness grows peace in our hearts. And peace is part of God's kingdom. Forgiveness isn't always easy. But with the Holy Spirit's help, you can choose it.

Finish this sentence: When I forgive, I am choosing to

Prayer: “God, thank You for forgiving me completely. Help me forgive others the way You forgive me. Grow Your peace in my heart and use my life to grow Your kingdom. In Jesus’ name. Amen.”

DAY 5: FORGIVENESS SETS YOU FREE

John 8:36 NlrV

Jesus says that when He sets you free, you are truly free. Forgiveness is one of the ways we step into that freedom. When we hold onto hurt, anger, or bitterness, it can weigh us down. It can affect how we think, how we feel, and how we treat others. But when we choose to forgive, we are letting go of that weight. Forgiveness doesn't always happen all at once. Sometimes it's a process. You may have to choose it more than once. And that's okay. Each time you choose forgiveness, you are choosing freedom. You are trusting God to carry what you no longer need to hold. God doesn't want you stuck in pain. He wants your heart to be free.

What is something you are ready to let go of today?

Prayer: “God, thank You for forgiving me completely. Help me forgive others the way You forgive me. Grow Your peace in my heart and use my life to grow Your kingdom. In Jesus’ name, Amen.”

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

What and who do you need to forgive?

[illegible]