

Sermon Title: The Lord's Supper 11.1.2026

Themes: Baptism and the Lord's Supper. Live-streaming and sermon notes are at trinitycg.org.

Focus Question: How do *you* get ready to honor Christ?

Sermon Points:

1. Baptism. Christians are called to proclaim Christ's name through our attitude and actions. To do that, Jesus gave us two ordinances. One ordinance is baptism, which we see in the Great Commission. **Matthew 28:18–20.**

2. The Lord's Supper. The Lord's Supper, also known as Communion, is the other ordinance given to us by Jesus. Communion remembers Christ's death and proclaims His atoning work. The Lord's Supper is a picture of our union with Him by His grace through His sacrificial love. Like baptism, the Lord's Supper is only possible because of the finished work of Jesus Christ on the cross. Jesus shared the Passover meal with His disciples. Taking the bread, He gave thanks, broke it, and gave it to them. He then took the cup, gave thanks, and offered it to them. **Matthew 26:26–28.** Jesus never asked His disciples to commemorate His birth (though we rightfully celebrate Christmas), but He did instruct us to remember His sacrificial death. Jesus died *for* your sins so you don't have to, but you are called to die *to* your sins. The Lord's Supper is an object lesson that represents a great spiritual truth for believers. **1 Corinthians 11:23–29.**

1. What is the Lord's Supper?
 - a. A simple act. "For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread..." v. 23
 - b. A reminder. "...and when he had given thanks, he broke it, and said, 'This is my body, which is for you. Do this in remembrance of me.'" v. 24
 - c. A symbol. "In the same way also he took the cup, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.'" v. 25
 - d. A statement of faith. Our faith in Jesus nourishes us for our spiritual journey until we breathe our last breath or He returns as the Conquering King. "For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes." v. 26
2. Who should partake of the Lord's Supper?
 - a. Baptized disciples of Christ. **1 Corinthians 11:29.** We need to do a "heart check" before communion. Is your heart in the right spot? Are you remembering Christ's bodily sacrifice in a united body of believers (a local church)? **Colossians 1:18a.** Don't trample the *body* (fellow believers) while worshipping the *Head* (Jesus). We discern the body with a repentant heart, remembering Christ's bodily death and honoring the people for whom Christ died. If not, it's just division dressed up as worship.
 - b. At Trinity we observe an open table. *Any* baptized believer in Jesus Christ, even those who are not members of Trinity, may join us in observing the Lord's Supper.
3. How do I prepare myself for the Lord's Supper?
 - a. We prepare ourselves when we:
 - i. Examine our heart. **1 Corinthians 11:27-28.**
 - ii. Confess our sin. **1 John 1:9.**
 - iii. Exalt our Savior. **Romans 12:1-2.**
 - iv. Embrace His grace. **Ephesians 2:8–9.**
 - v. Restore broken or strained relationships. **Matthew 5:23-24.**
4. When and how often should we observe the Lord's Supper? What are we doing with the opportunities the Lord gives us to honor Him and to share His faithful love with others?
 - a. Jesus never said when or how often believers should observe the Lord's Supper.
 - b. We typically observe the Lord's Supper quarterly during our Sunday morning worship services so that as many of us as possible may partake of this ordinance together.

Reflection: Lord, thank You for saving me. Give me the wisdom to honor you.