

Sermon Title: Psalms: From the Heart, Part XXXIV 11.15.2026

Themes: Worshipping God and giving Him all the glory. Live-streaming and sermon notes are at trinitycg.org.

Focus Question: Do you have peace?

Introduction: Psalm 29 is soothing for storm-tossed souls. It contains a description of a mighty thunderstorm that, once experienced in real life, is not soon forgotten. It is a great metaphor for the storms of life. “Lord” is used 18 times in just 11 verses, showing us that God rules the storms of this world and the souls of mankind. There are times when the mountains and cedars we placed our faith in are skipped and shattered before our very eyes, and one flash of lightning brings us to our knees in desperation. If we look upon ourselves and our situation from Heaven’s perspective, we will not despair but have peace that surpasses all understanding.

Sermon Points:

1. Give God the glory He alone deserves. Psalm 29:1–2. What you worship affects your soul’s inner peace. Worship begins when we stop making God a supporting character in our lives and recognize Him as the central focus of all glory, honor, and praise. Every talent, opportunity, ability, and blessing ultimately traces back to the Giver. We may faithfully play our part, but God deserves the ultimate glory. Before asking God to bless what you are doing, ask whether what you are doing brings glory to Him. The purpose of your gifts is not to make your name great, but to make God's name known.

2. God’s voice has power over every force of nature. Psalm 29:3–9. The voice that thunders over the waters, shatters cedars, and shakes the wilderness reminds us that no earthly power can rival the authority of God. A storm has a way of reminding us that we are not nearly as powerful as we sometimes imagine. David uses that kind of imagery in Psalm 29 to direct our attention beyond the storm to the God who reigns over it. When circumstances are overwhelming, resist the temptation to assume that God has lost control. Bring your fears to Him, open His Word, and obey what He has already revealed. The God whose voice commands creation is not intimidated by the circumstances intimidating you. God's power does not mean He will always remove the storm immediately. Sometimes He demonstrates His power by sustaining His people through it.

3. God remains sovereign when life feels chaotic. Psalm 29:10-11. These two verses are addressed to mankind. The storms of life may shake everything around us, but they can’t shake the throne on which God sits. When the world appears unstable, God's authority is not diminished. Do not confuse uncertainty about the future with uncertainty about God's character. You may not be in control, but you can trust the God who is. God's ultimate gift is not merely deliverance from life's storms, but the strength to endure them and the peace to trust Him through them. God does not promise His people a life without adversity. He promises strength for His people and peace as evidence of His promises. Sometimes He changes our circumstances. Sometimes He strengthens us in the middle of them. The Christian's peace is not the absence of trouble but confidence in God’s faithfulness. When you feel depleted, stop treating strength as something you must manufacture. Pray, depend on God's promises, seek the support of fellow believers, and take the next faithful step. You do not have to solve every problem today to trust God tomorrow. God's peace does not always calm the storm around you, but it will calm the storm within you. Psalm 29 begins in Heaven with a call to give God glory and ends on earth with a promise of strength and peace. It’s a picture of the Christian life: 1. We give God the glory He deserves. 2. We recognize the power of His voice. 3. We trust the sovereignty of His throne. 4. We receive the strength and peace of His presence. Before focusing on the size of the storm, remember the greatness of God. The One who reigns forever is the One who promises to strengthen His people today. You can’t control the storm, but you can control your reaction to it because you can trust the Lord who reigns over it. David doesn’t end with thunder. He ends with peace. The final word for God's people is not chaos, but God’s blessing.

Final Question: Got peace?

Reflection: Lord, grant me the peace that surpasses all understanding.