



ST. HELENA'S
CHURCH AT FRIPP ISLAND

Raising up Servant Leaders and Gospel Communities in Beaufort and Beyond



SUNDAY 9AM

March 22, 2026

Welcome and Call to Worship

Officiant: Bless the Lord who forgives all our sins.

People: His mercy endures for ever.

Bless the Lord O My Soul (Psalm 103)

My God is slow to anger when I go astray

Bless the Lord O my soul

For all of my betrayals He will not repay

Bless the Lord O my soul

Through mercy and compassion His great love is proved

He covers my transgressions like the snow

As far as east from west are all my sins removed

Bless the Lord O my soul

He saved me from the pit when I had lost all hope

Bless the Lord O my soul

From endless springs of kindness all His blessings flow

Bless the Lord O my soul

Our days will fade like flowers and are quickly spent

And like the wind our years will come and go

Everlasting favor is His covenant

Bless the Lord O my soul

Merciful and gracious is my God to me
Bless the Lord O my soul
And I will tell His goodness through eternity
Bless the Lord O my soul
Bless the Lord you angels all you heav'nly hosts
And every living creature here below
Praise the Father praise the Son and Holy Ghost
Bless the Lord O my soul

Bless the Lord you angels all you heav'nly hosts
And every living creature here below
Praise the Father praise the Son and Holy Ghost
Bless the Lord O my soul bless the Lord O my soul

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Goodness of God

I love You Lord oh Your mercy never fails me
All my days I've been held in Your hands
From the moment that I wake up until I lay my head
I will sing of the goodness of God

Chorus

All my life You have been faithful
All my life You have been so so good
With every breath that I am able
I will sing of the goodness of God

I love Your voice you have led me through the fire
In darkest night you are close like no other
I've known You as a father I've known You as a friend
I have lived in the goodness of God

Your goodness is running after it's running after me
Your goodness is running after it's running after me
With my life laid down I'm surrendered now
I give You everything
Your goodness is running after it's running after me

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Prayers of the People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Prayer of Confession (saying together)

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Comfortable Words

Hear the Word of God to all who truly turn to him.

“Come to me, all who labor and are heavy laden, and I will give you rest.” -Matthew 11:28

The Peace

Officiant: The peace of the Lord be always with you.

People: And with your spirit.

Announcements

Scripture Reading: Romans 12:3-13

³ For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. ⁴ For as in one body we have many members and the members do not all have the same function, ⁵ so we, though many, are one body in Christ, and individually members one of another. ⁶ Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; ⁷ if service, in our serving; the one who teaches, in his teaching; ⁸ the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness. ⁹ Let love be genuine. Abhor what is evil; hold fast to what is good. ¹⁰ Love one another with brotherly affection. Outdo one another in showing honor. ¹¹ Do not be slothful in zeal, be fervent in spirit, serve the Lord. ¹² Rejoice in hope, be patient in tribulation, be constant in prayer. ¹³ Contribute to the needs of the saints and seek to show hospitality.

Reader: The Word of the Lord.

People: Thanks be to God.

Gospel Reading: Matthew 20:20-28

²⁰ Then the mother of the sons of Zebedee came up to him with her sons, and kneeling before him she asked him for something. ²¹ And he said to her, "What do you want?" She said to him, "Say that these two sons of mine are to sit, one at your right hand and one at your left, in your kingdom." ²² Jesus answered, "You do not know what you are asking. Are you able to drink the cup that I am to drink?" They said to him, "We are able." ²³ He said to them, "You will drink my cup, but to sit at my right hand and at my left is not mine to grant, but it is for those for whom it has been prepared by my Father." ²⁴ And when the ten heard it, they were indignant at the two brothers. ²⁵ But Jesus called them to him and said, "You know that the rulers of the Gentiles lord it over them, and their great ones exercise authority over them. ²⁶ It shall not be so among you. But whoever would be great among you must be your servant, ²⁷ and whoever would be first among you must be your slave, ²⁸ even as the Son of Man came not to be served but to serve, and to give his life as a ransom for many."

Reader: The Word of the Lord.

People: Thanks be to God.

The Sermon: What Do You Want?

The Rev. Shay Gaillard

The Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

**On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Holy Communion

Officiant: The Lord be with you.

People: **And with your spirit.**

Officiant: Lift up your hearts.

People: **We lift them up to the Lord.**

Officiant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

Words at the Table

Officiant: Therefore we proclaim the mystery of faith:

People: **Christ has died.**

Christ is risen.

Christ will come again.

The Lord's Prayer (saying together)

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

How Deep the Father's Love for Us

How deep the Father's love for us
How vast beyond all measure
That He should give His only Son
To make a wretch His treasure
How great the pain of searing loss
The Father turns His face away
As wounds which mar the Chosen One
Bring many sons to glory

Behold the man upon a cross
My sin upon His shoulders
Ashamed I hear my mocking voice
Call out among the scoffers
It was my sin that held Him there
Until it was accomplished
His dying breath has brought me life
I know that it is finished

I will not boast in anything
No gifts no power no wisdom
But I will boast in Jesus Christ
His death and resurrection
Why should I gain from His reward
I cannot give an answer
But this I know with all my heart
His wounds have paid my ransom

My King Forever

You gave Your life for mine
Nailed to the cross You crucified
All my sin and shame
It was washed by Your mercy

You are the treasure I find
My reason for living
So let my life become an offering
To the One who is worthy

Chorus

All praise to the Lord most high
All praise to the One who saved my life
All praise to Jesus Christ
High King of heaven my King forever

You stormed the gates of my heart
The veil in between was torn apart
Now You hold the keys to the grave
'Cause You bring things to life
You roll stones away

Bridge

I lift my hands up lay my whole life down
My whole life down before You
I lift my hands up lay my whole life down
My whole life now is for You

Jesus Paid it All

I hear the Savior say Thy strength indeed is small
Child of weakness watch and pray
Find in Me thine all in all

Chorus

Jesus paid it all all to Him I owe
Sin had left a crimson stain
He washed it white as snow

Lord now indeed I find Thy power and Thine alone
Can change the leper's spots
And melt the heart of stone

For nothing good have I where-by Thy grace to claim
I'll wash my garments white
In the blood of Calv'ry's Lamb

And when before the throne I stand in Him complete
Jesus died my soul to save
My lips shall still repeat

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Post-Communion Prayer (saying together)

Heavenly Father, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the body of your Son, and heirs of your eternal Kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

His Mercy is More

What love could remember no wrongs we have done
Omniscient all knowing He counts not their sum
Thrown into a sea without bottom or shore
Our sins they are many His mercy is more

Chorus

Praise the Lord His mercy is more
Stronger than darkness new every morn
Our sins they are many His mercy is more

What patience would wait as we constantly roam
What Father so tender is calling us home
He welcomes the weakest the vilest the poor
Our sins they are many His mercy is more.

What riches of kindness He lavished on us
His blood was the payment His life was the cost
We stood 'neath a debt we could never afford
Our sins they are many His mercy is more.

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The Dismissal

Officiant: Let us go forth in the Name of Christ.

People: **Thanks be to God.**

Our flowers today are given by Steve and Susan Price with thanks to God for the birth of their grandson, Wyatt Price.

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