



ST. HELENA'S
CHURCH AT FRIPP ISLAND

Raising up Servant Leaders and Gospel Communities in Beaufort and Beyond



SUNDAY 9AM

May 3, 2026

Welcome and Call to Worship

Celebrant: Blessed be God: the Father, the Son, and the Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Our God

Water You turned into wine
Opened the eyes of the blind
There's no one like You, none like You

Into the darkness You shine
Out of the ashes we rise
There's no one like You, none like You

Chorus
Our God is greater, our God is stronger
God You are higher than any other
Our God is healer, awesome in power
Our God our God

Bridge
And if our God is for us then who could ever stop us
And if our God is with us then what could stand against
And if our God is for us then who could ever stop us
And if our God is with us then what could stand against
(Then) what could stand against

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Raise a Hallelujah

I raise a hallelujah, in the presence of my enemies
I raise a hallelujah, louder than the unbelief
I raise a hallelujah, my weapon is a melody
I raise a hallelujah, Heaven comes to fight for me

Chorus

I'm gonna sing, in the middle of the storm
Louder and louder, you're gonna hear my praises roar
Up from the ashes, hope will arise
Death is defeated, the King is alive

I raise a hallelujah, with everything inside of me
I raise a hallelujah, I will watch the darkness flee
I raise a hallelujah, in the middle of the mystery
I raise a hallelujah, fear you lost your hold on me

I raise a hallelujah

Prayers of the People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Prayer of Confession (saying together)

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Comfortable Words

Hear the Word of God to all who truly turn to him.

“But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only but also for the sins of the whole world.”

-1 John 2:1-2

The Peace

Officiant: The peace of the Lord be always with you.

People: **And with your spirit.**

Announcements

Scripture Reading: Isaiah 25:6-9

⁶On this mountain the LORD of hosts will make for all peoples
a feast of rich food, a feast of well-aged wine,
of rich food full of marrow, of aged wine well refined.

⁷And he will swallow up on this mountain
the covering that is cast over all peoples,
the veil that is spread over all nations.

⁸He will swallow up death forever;
and the Lord GOD will wipe away tears from all faces, and the
reproach of his people he will take away from all the earth,
for the LORD has spoken.

⁹It will be said on that day,
“Behold, this is our God; we have waited for him,
that he might save us.
This is the LORD; we have waited for him;
let us be glad and rejoice in his salvation.”

Reader: The Word of the Lord.

People: Thanks be to God.

Gospel Reading: Matthew 26:26-35

²⁶Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, “Take, eat; this is my body.” ²⁷And he took a cup, and when he had given thanks he gave it to them, saying, “Drink of it, all of you, ²⁸for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. ²⁹I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father’s kingdom.” ³⁰And when they had sung a hymn, they went out to the Mount of Olives. ³¹Then Jesus said to them, “You will all fall away because of me this night. For it is written, ‘I will strike the shepherd, and the sheep of the flock will be scattered.’ ³²But after I am raised up, I will go before you to Galilee.” ³³Peter answered him, “Though they all fall away because of you, I will never fall away.” ³⁴Jesus said to him, “Truly, I tell you, this very night, before the rooster crows, you will deny me three times.” ³⁵Peter said to him, “Even if I must die with you, I will not deny you!” And all the disciples said the same.

Reader: The Word of the Lord.

People: Thanks be to God.

The Sermon: “More Than a Meal”

The Rev. Todd Simonis

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen.

Holy Communion

Officiant: The Lord be with you.

People: **And with your spirit.**

Officiant: Lift up your hearts.

People: **We lift them up to the Lord.**

Officiant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

Words at the Table

Officiant: Therefore we proclaim the mystery of faith:
People: **Christ has died.
Christ is risen.
Christ will come again.**

The Lord's Prayer (saying together)

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in
heaven. Give us this day our daily bread. And forgive us
our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.**

All Sufficient Merit

All sufficient merit shining like the sun
A fortune I inherit by no work I have done
My righteousness I forfeit at my Savior's cross
Where all sufficient merit did what I could not

In love He condescended eternal now in time
A life without a blemish the Maker made to die
The law could never save us our lawlessness had won
Until the pure and spotless Lamb had finally come

Chorus

It is done it is finished
No more debt I owe
Paid in full all sufficient
Merit now my own

I lay down my garments any empty boast
Good works now all corrupted by the sinful host
I'm dressed in my Lord Jesus a crimson robe made white
No more fear of judgment His righteousness is mine

All sufficient merit firm in life and death
The joy of my salvation shall be my final breath
When I stand accepted before the throne of God
I'll gaze upon my Jesus and thank Him for the cross
Yes I'll thank Him for the cross

Oh Your merit now my own
Oh Your merit now my own

Bethany Barnard, Bryan Fowler, Shane Barnard
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How Deep the Father's Love for Us

How deep the Father's love for us how vast beyond all measure
That He should give His only Son to make a wretch His treasure
How great the pain of searing loss the Father turns His face away
As wounds which mar the Chosen One bring many sons to glory

Behold the man upon a cross my sin upon His shoulders
Ashamed I hear my mocking voice call out among the scoffers
It was my sin that held Him there until it was accomplished
His dying breath has brought me life I know that it is finished

I will not boast in anything no gifts no power no wisdom
But I will boast in Jesus Christ His death and resurrection
Why should I gain from His reward I cannot give an answer
But this I know with all my heart His wounds have paid my ransom

Come as You Are

Come out of sadness from wherever you've been
Come broken-hearted let rescue begin
Come find your mercy O sinner come kneel
Earth has no sorrow that Heaven can't heal
Earth has no sorrow that Heaven can't heal

Chorus

Lay down your burdens, lay down your shame
All who are broken, lift up your face
O wanderer come home, you're not too far
So lay down your hurt lay down your heart
Come as you are

There's hope for the hopeless
And all those who've strayed
Come sit at the table come taste the grace
There's rest for the weary
Rest that endures
Earth has no sorrow that Heaven can't cure

Come as you are
Fall in His arms
Come as you are

There's joy for the morning O sinner be still
Earth has no sorrow that Heaven can't heal
Earth has no sorrow that Heaven can't heal

Post-Communion Prayer (saying together)

Heavenly Father, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the body of your Son, and heirs of your eternal Kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

His Mercy is More

What love could remember no wrongs we have done
Omniscient all knowing He counts not their sum
Thrown into a sea without bottom or shore
Our sins they are many His mercy is more

Chorus

Praise the Lord His mercy is more
Stronger than darkness new every morn
Our sins they are many His mercy is more

What patience would wait as we constantly roam
What Father so tender is calling us home
He welcomes the weakest the vilest the poor
Our sins they are many His mercy is more.

What riches of kindness He lavished on us
His blood was the payment His life was the cost
We stood 'neath a debt we could never afford
Our sins they are many His mercy is more. *(continued on back page)*

The Dismissal

Officiant: Go in peace to love and serve the Lord.

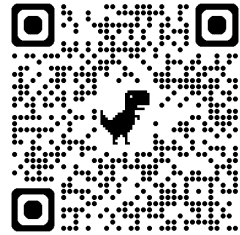
People: Thanks be to God. Alleluia, alleluia, alleluia.

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