



ST. HELENA'S

CHURCH AT FRIPP ISLAND

Raising up Servant Leaders and Gospel Communities in Beaufort and Beyond



SUNDAY 9AM

August 2, 2026

Welcome and Call to Worship

Celebrant: Blessed be God: the Father, the Son, and the Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Bless the Lord (Psalm 103)

My God is slow to anger when I go astray

Bless the Lord O my soul

For all of my betrayals He will not repay bless the Lord O my soul

Through mercy and compassion His great love is proved

He covers my transgressions like the snow

As far as east from west are all my sins removed

Bless the Lord O my soul

He saved me from the pit when I had lost all hope

Bless the Lord O my soul

From endless springs of kindness all His blessings flow

Bless the Lord O my soul

Our days will fade like flowers and are quickly spent

And like the wind our years will come and go

Everlasting favor is His covenant bless the Lord O my soul

Merciful and gracious is my God to me bless the Lord O my soul

And I will tell His goodness through eternity

Bless the Lord O my soul

Bless the Lord you angels all you heav'nly hosts

And every living creature here below

Praise the Father praise the Son and Holy Ghost

Bless the Lord O my soul

Bless the Lord you angels all you heav'nly hosts
And every living creature here below
Praise the Father praise the Son and Holy Ghost
Bless the Lord O my soul bless the Lord O my soul

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Come Thou Fount

Come thou Fount of every blessing,
Tune my heart to sing Thy grace.
Streams of mercy never ceasing, call for songs of loudest praise.
Teach me some melodious sonnet,
Sung by flaming tongues above
Praise the mount oh fix me on it.
Mount of God's unchanging love

Here I find my greatest treasure, hither by Thy help I've come.
And I hope by Thy good pleasure, safely to arrive at home.
Jesus sought me when a stranger
Wandering from the fold of God.
He to rescue me from danger, interposed His precious blood

Oh to grace how great a debtor, daily I'm constrained to be.
Let Thy goodness like a fetter, bind my wandering heart to Thee.
Prone to wander Lord I feel it, prone to leave the God I love.
Here's my heart Lord take and seal it, seal it for Thy courts above

Oh that day when freed from sinning, I shall see Thy lovely face.
Clothed then in the blood washed linen,
How I'll sing Thy wondrous grace.
Come my Lord, no longer tarry, take my ransomed soul away.
Send Thine angels now to carry, me to realms of endless day.

Prayers of the People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Prayer of Confession (saying together)

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Peace

Officiant: The peace of the Lord be always with you.

People: And with your spirit.

Announcements

Scripture Reading: Palm 34:1-8

¹I will bless the LORD at all times; his praise shall continually be in my mouth. ²My soul makes its boast in the LORD; let the humble hear and be glad. ³Oh, magnify the LORD with me, and let us exalt his name together! ⁴I sought the LORD, and he answered me and delivered me from all my fears. ⁵Those who look to him are radiant, and their faces shall never be ashamed. ⁶This poor man cried, and the LORD heard him and saved him out of all his troubles. ⁷The angel of the Lord encamps around those who fear him, and delivers them. ⁸Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him!

Reader: The Word of the Lord.

People: Thanks be to God.

Gospel Reading: Luke 24:36-49

³⁶ As they were talking about these things, Jesus himself stood among them, and said to them, “Peace to you!” ³⁷ But they were startled and frightened and thought they saw a spirit. ³⁸ And he said to them, “Why are you troubled, and why do doubts arise in your hearts?” ³⁹ See my hands and my feet, that it is I myself. Touch me, and see. For a spirit does not have flesh and bones as you see that I have.” ⁴⁰ And when he had said this, he showed them his hands and his feet. ⁴¹ And while they still disbelieved for joy and were marveling, he said to them, “Have you anything here to eat?” ⁴² They gave him a piece of broiled fish, ⁴³ and he took it and ate before them. ⁴⁴ Then he said to them, “These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.” ⁴⁵ Then he opened their minds to understand the Scriptures, ⁴⁶ and said to them, “Thus it is written, that the Christ should suffer and on the third day rise from the dead, ⁴⁷ and that repentance for the forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸ You are witnesses of these things. ⁴⁹ And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high.”

Reader: The Word of the Lord.

People: Thanks be to God.

The Sermon: “Resurrection Hunger”

The Rev. Todd Simonis

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,
the communion of saints,

the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Holy Communion

Officiant: The Lord be with you.

People: And with your spirit.

Officiant: Lift up your hearts.

People: We lift them up to the Lord.

Officiant: Let us give thanks to the Lord our God.

People: It is right to give him thanks and praise.

Words at the Table

Officiant: Therefore we proclaim the mystery of faith:

People: **Christ has died.**

Christ is risen.

Christ will come again.

The Lord's Prayer (saying together)

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Good God

Be still my soul be still my soul be still and know my God is here
Be still my soul be still my soul be still and know my God is here

Chorus

All that I need to know is this you are a good God
The Maker of Heaven calls me His you are a good God
And Your heart beats in my chest you are a good God
All that I have to do is rest you are a good God

I won't be afraid I won't be afraid I won't be afraid my God is here
He will make a way He will make a way
He will make a way my God is here

You gave me Your eyes You gave me Your heart
Your Spirit flows through my veins

(continued on next page)

Oh You gave me Your eyes You gave me Your heart
You had a plan right from the start
I know who I am 'cause I know who You are
You are a good God

Tag

You are a good God You are a good God
You are a good God

Jessica Ray Langdon, Leslie Jordan, Natalie Taylor Leonhardt
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O Come to the Altar

Are you hurting and broken within
Overwhelmed by the weight of your sin
Jesus is calling
Have you come to the end of yourself
Do you thirst for a drink from the well
Jesus is calling

Chorus

O come to, the altar the Father's arms are open wide
Forgiveness, was bought with
The precious blood of Jesus Christ

Leave behind your regrets and mistakes
Come today there's no reason to wait
Jesus is calling
Bring your sorrows and trade them for joy
From the ashes a new life is born
Jesus is calling

Oh what a Savior isn't he wonderful
Sing alleluia Christ is risen
Bow down before him, for he is Lord of all
Sing alleluia Christ is risen

Bear your cross as you wait for the crown
Tell the world of the treasure you've found

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He Is

If you're troubled, heavy hearted
Come to Jesus and find your peace
If you're run down, empty handed
Come to Jesus and find your strength

Chorus

(He is) Hope for the hopeless
Rest for the weary
Help for the hurting He is He is
Mending the broken
Bearing the burdens
All that you're needing He is

If you're wandering, in the darkness
Come to Jesus and find your way
If you want freedom, need forgiveness
Just come to Jesus and find His grace

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Post-Communion Prayer (saying together)

Heavenly Father, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these Holy mysteries that we are living members of the body of your Son, and heirs of your eternal Kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

10,000 Reasons

Bless the Lord O my soul, O my soul

Worship His holy name

Sing like never before, O my soul

I'll worship Your holy name

The sun comes up it's a new day dawning

It's time to sing Your song again

Whatever may pass and whatever lies before me

Let me be singing when the evening comes

You're rich in love and You're slow to anger

Your name is great and Your heart is kind

For all Your goodness I will keep on singing

Ten thousand reasons for my heart to find

And on that day when my strength is failing

The end draws near and my time has come

Still my soul will sing Your praise unending

Ten thousand years and then forevermore

The Dismissal

Officiant: Go in peace to love and serve the Lord.

People: Thanks be to God. Alleluia, alleluia, alleluia.

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