

Ephesians 6:10-18

Combo

Teachers Dig In

Dig In to the Bible

- Read: Ephesians 6:10-18
- In This Passage: In a letter to Christians who live in Ephesus, Paul instructs them on how to be strong. He tells them to put on God's armor, which includes a helmet of salvation, body armor of righteousness, a shield of faith, and a sword of the Spirit, which is the Word of God. God gives us everything we need to stand strong!
- Bible Point: God is strong...
- Application: ...and we're strong in him.
- Summary Verse: "A final word: Be strong in the Lord and in his mighty power" (Ephesians 6:10).

Dig Deeper

- You'll Be Teaching: *God is strong*. Kids love to demonstrate their physical strength. Whether it's a preteen boy jumping to hit a door frame or a preschooler carrying a heavy bag, kids value strength. Help them see that it's important to be strong spiritually, too. In fact, standing strong in faith is *more* important than having big muscles.
- Think About: Think of a time you felt like God gave you strength. What happened?

Dig In to Prayer

- Ask God to help your kids put on their armor every day so they can stand strong in their faith.

Quick Tip

- This lesson is a great chance to teach kids the *why* behind Scripture memory. It's not about earning candy or other prizes; it's about being ready for battle! If we know God's Word, we can quote Scripture when lies and temptations threaten us. When it's about candy and prizes, kids often commit verses to their short-term memory, forgetting them once their reward is in hand. Help them store Scripture in their hearts so they can stand strong.