



LOW-ENERGY GAME

God Knows Every Hair

[10 min]

Supplies

- 6-inch lengths of yarn (1 per child)
- scissors
- painter's tape
- poster board (1 for every 5 kids)
- marker
- upbeat music (optional)
- music player (optional)

Easy Prep

- Draw a simple circle with a smiley face on each poster board, and tape the poster boards on a wall in the room spaced a few feet apart and at a level where preschoolers can easily reach the tops of the smiley-face heads.
- Create a tape loop for each piece of yarn for attaching the yarn to the poster board.

Pin the Hair on the Head

Say: **We found out from our Bible story today that God cares about all of us so much that he even knows how many hairs are on our heads. I don't even know how many I have on my own head! Let's play a fun game where we'll try to put pieces of hair on a smiley face's head.**

- Form teams of five or fewer, and give each child a piece of yarn.
- Have each team line up single file about 3 feet away from one of the poster boards.
- You and your adult or teen helpers can help each child place a tape loop on one end of his or her piece of yarn.
- Then each team member will take a turn closing his or her eyes while the helper gently spins the child around two or three times.
- Next, the helper will position the child facing the poster board and allow him or her to move toward the board with eyes still closed tightly to try to pin the yarn on the head of the smiley face. No peeking!
- After everyone in a team has had a turn, kids can see how close they all got to placing the hairs in the right place and giggle at the ones that ended up in funny places.
- Then helpers can pull the pieces of yarn from the poster board or wall, give them back to the team members, and play again.
- If you'd like, play upbeat music while kids play as many rounds as time allows.

Talk About It

Say: **What a fun game about hairs! Let's see if we can count the hairs on a smiley face's head.** Lead everyone in counting out loud the pieces of yarn on one of the smiley face's heads. **These smiley faces don't have much hair, so it was easy to count. Our heads have too many for us to count but not too many for God. God cares about the details, like how many hairs are on our heads, because God knows us and loves us. God cares about the details, and we can, too, when we care for others and learn about what makes them special.**



TALK-ABOUT VIDEO What's the Zoom?

[10 min]

Supplies

- “What’s the Zoom?” teaching video

Discuss and Watch “What’s the Zoom?”

Say: **Today we’re learning that God cares about our details. Let’s see how well *you* can pay attention to details! In this video, you’ll see pictures of the details of everyday items. If you think you know what the item is, call out the answer!**

Watch “What’s the Zoom?”

Ask: • **Which details were you the most confident about? Why?**

- **Which details were the hardest for you? Why?**

Say: **We had a hard time knowing what all these details were, but God knew! God cares about our details. He knows everything about creation, including us!**

Ask: • **Tell a partner one detail about yourself that you don’t think he or she knows.**

- **What’s a new detail you learned about your partner?**

Say: **God cares about our details, so we care about others!**



DEEPER BIBLE Details in a Day

[15 min]

Supplies

- Bible

God Cares That We're Healthy and Have Food

Say: **God cares about all the details** of our lives. God even knows how many hairs are on our heads.

Read Matthew 10:30.

Say: **Because we're important to God, everything about us and what we do each day is important to God, too! Let's think about all the ways God cares about the details of our day.**

When we wake up in the morning, we have to brush our teeth. Lead kids in pretending to brush their teeth.

Say: **God cares about the details, and he cares that our teeth and bodies are healthy.**

After we brush our teeth, it's time for breakfast. Mmm...I'm going to pour myself a bowl of cereal. Lead kids in pretending to prepare and eat their favorite breakfast.

Say: **God cares that we have good food to eat to help our bodies have energy to play and learn.**

God Cares About Clothes and Safety

Say: **Now it's time to get dressed for the day! God cares about the details, and he cares that we have clothes to wear.**

Lead kids in standing up and pretending to pick out an outfit and put it on.

Say: **Now we have to hop in the car to do errands with our parents.** Lead kids in standing in a line and pretending to put on seatbelts. Say: **God cares that we're safe all the time.**

Lead kids in pretending to drive around the room.

God Cares About Friends and Family

Say: **We're home from our errands, and now we can play with our friends! God cares that we have friends who are kind to us and that we're good friends to others, too.**

Lead kids in playing a few rounds of a simple game, such as Duck, Duck, Goose.

Say: **Dinnertime! Let's help make dinner for our families.**

Lead kids in brainstorming what they want to eat and then pretending to cook together. Pretend to set the table and then eat dinner.

Say: **God cares about the details, and he put us in our families for a reason. God cares that we spend time with our families.**

God Cares About Cleanliness and Rest

Say: **The day's almost over, but before we go to bed, we have to take a bath. God cares that we keep our bodies clean so we won't get sick.**

Lead kids in pretending to wash their hair.

Say: **And now it's time for bed! God cares that we get good rest every day.**

Lead kids in pretending to put on their pajamas and then lying down and pretending to sleep.

Say: **God cares about every part of our day because God cares about the details. God cares that our bodies are healthy and strong, that we have food to eat and clothes to wear, and that we have people in our lives who love us so much...and that we love others! God cares about the details.**

If you have extra time, let kids come up with other parts of their day that you didn't talk about. Validate how God cares about that part of a kid's day. For example, if a kid mentions coloring, talk about how God is creative and he cares that we use our creativity, too.



LIFE APPLICATION WRAP-UP

Head, Shoulders, Knees, Toes

[5 min]

Sing a Song

Say: **Today we learned that God cares about our details. We learned that God cares about every part of us! He cares about the things and people we love, and he cares about our feelings. He even cares about our piggy toes! Let's sing a song to remind us that God cares about all the details that make us.**

Lead kids in singing "Head, Shoulders, Knees, and Toes" and touching each part as they sing it.

God cares for your...

Head, shoulders, knees, and toes.

Head, shoulders, knees, and toes.

Eyes and ears and mouth and nose.

Head, shoulders, knees, and toes.

Head, shoulders, knees, and toes, knees and toes.

Head, shoulders, knees, and toes, knees and toes.

And eyes and ears and mouth and nose.

Head, shoulders, knees, and toes, knees and toes.

Repeat several times.

Pray

Say: **Let's thank God for how well he cares for every detail of our lives—and ask him to help us care for others, too!** Lead kids in a brief prayer.

Say: **Thanks for coming today. Remember this week that God cares for you, [name of one child].** Repeat "God cares for you, [name of child]," until you've said that to each child. If you have a large group, have small-group leaders say it to their groups of kids. **God cares about every detail of your life! I hope you'll come back next week and share how God cared for the details of your week!**



ACTIVITY PAGES WITH A POINT

It's All in the Details

[10 min]

Supplies

- “God Cares for Birds” Coloring Page (1 per non-reader)
- pencils
- crayons
- fake feathers (optional)
- glue sticks (optional)

Younger Kids: Color a Coloring Page

Distribute the coloring pages and crayons. Say: God cares about our details. If he cares about the little birds, he cares about us so much more! Let's care about this bird by adding some color!

Allow time for kids to color. If you have feathers and glue, let kids each glue two or three feathers onto the bird.