



LOW-ENERGY GAME

Pack a Pack

[10 min]

Supplies

- backpacks or other bags, such as reusable grocery bags (1 for every 5 kids)
- blankets, pillows, stuffed animals, and other soothing items (1 for every 5 kids)
- toys (1 for every 5 kids)
- books (1 for every 5 kids)
- puzzles or similar activities (1 for every 5 kids)
- snack-size bags of pretzels or something similar (1 for every 5 kids)
- small bottles of water (1 for every 5 kids)
- upbeat music (optional)
- music player (optional)

Easy Prep

- Place the bags spaced a few feet apart on the floor along a wall.
- Spread the other items out in the center of the room.

Pack a Care Pack

Say: **In today's Bible story, Jesus served his friends by washing their feet. He did something very nice for them because Jesus is servant-hearted. Let's play a game where we'll serve a friend, too!**

- Form groups of about five, and place an adult or teen helper in each group, if possible.
- Have each group take a bag and then sit about 5 feet away from the pile of supplies in the center of the room.
- Say: **We're going to pack care bags for friends who are going on a long trip in the car. In your group, think about things you'd like to have with you to make a long car ride comfy and fun. Then you'll look around the room for things like that to pack in the bag.**
- Kids will take turns within their groups retrieving items to put in their groups' bags.
- Have the helper in each group choose new kids to get an item each time the group comes up with an idea of what to pack.
- Kids can choose from the pile in the center of the room and from any other items in the room.
- If you'd like, play upbeat music while groups pack the bags.

Talk About It

Ask: • **Tell about the things your group put in your care bag and why you chose them.** Allow some time for each group to share a few of the things they packed and why.

Say: **You really thought about how to help a friend have a great trip in the car! Showing care like that shows a servant heart.**

Share a few examples of what *you* like about serving others, such as knowing you're doing something that will make another person smile or feel better and help someone know he or she is loved.

Ask: • **What do you like about serving others?** Kids might share that they like making friends happy or seeing that they can help a parent have a better day.

Say: **Jesus is servant-hearted, and as we serve other people in our lives, our hearts become more and more like his. It's good to have a heart like Jesus'!**



TALK-ABOUT VIDEO Faith's Story

[10 min]

Supplies

- "Faith's Story" teaching video

Discuss and Watch "Faith's Story"

Say: Today we're learning that Jesus is servant-hearted, so we serve others.

Ask: • Tell about a time you did a service project or worked with a group of people to serve someone. Share your own story first.

Say: **Wow! We have a lot of servant hearts in here. Let's hear Faith's story about serving.**

Watch "Faith's Story!"

Ask: • **What's something Faith said that surprised you or made you think differently about serving?**

• **Faith shared what *she* liked about serving. What do you like about serving?**

Say: **Faith said that Jesus' example is a calling to us to rise to the occasion and help people who need it. Jesus is servant-hearted, so we serve others. It's Jesus' way! When we serve others, we reflect Jesus' heart.**

 **DEEPER BIBLE**
Foot Paintings

[15 min]

Supplies

- Bible
- bulletin board paper
- washable paint
- wet wipes
- tarp
- extra shorts for girls (optional)

Easy Prep

- Hang bulletin board paper along the bottom of a wall, and line the floor in front of it with a tarp.
- If you have girls who normally wear dresses to church, you may choose to bring some extra pairs of shorts for these girls to wear when they paint on the wall with their feet.

Talk About It

Say: **In our Bible story today, we heard how Jesus is servant-hearted. Jesus washed his friends' dirty feet. It must've felt nice to them to get their feet all cleaned up. What Jesus did was very servant-hearted.**

Share about a nice way someone has served *you*.

Ask: • **What's a nice way someone has served *you*?**

Say: **We can serve in lots of ways—it doesn't have to be just by cleaning people's feet.**

Paint With Their Feet

Say: **Let's remember some ways we can serve—and then paint them on the wall using our feet!**

Lead kids to lie on their backs and try to paint pictures with their feet using the washable paint. (Adult and teen helpers can add paint to the bottoms of kids' feet based on the colors kids request.) Allow plenty of time, and encourage them to paint as much as time allows.

Clean Our Feet

Say: **You all painted some interesting pictures with your feet! And now your feet are all dirty! Let's clean up those feet!** Have adult and teen helpers help kids work in pairs to clean one another's feet using the wet wipes. Adult and teen helpers will help kids fully clean each other's feet. Have kids practice serving by putting any paint supplies away as well.

Ask: • **What was it like to practice serving by cleaning someone else's feet?**

• **What was it like to practice serving by cleaning up?**

Say: **Sometimes serving can be fun. Sometimes it can be stinky. Sometimes we can learn something new as we serve. But no matter what, serving is always a good thing, and Jesus loves it when we serve others. That's because Jesus is servant-hearted!**



LIFE APPLICATION WRAP-UP

Heart-Filled Service

[5 min]

Supplies

- large paper heart
- sticky notes
- crayons

Easy Prep

- Hang the paper heart on the wall where kids can reach it.

Plan and Draw

Say: **Today we found out that Jesus is servant-hearted. Jesus loves to help others and do things for them. Helping others fills up his heart, and when we serve others like Jesus does, it fills up our hearts, too.**

Share one simple way *you* can plan to serve someone this week. You might plan to open the door for someone whose arms are full or do a family member's chore.

Ask: • **What's one way *you* can serve someone this week?** Kids might plan to help a sibling clean up toys, or they might help their families dry the dishes after dinner.

After kids share their plans, have them each draw on a sticky note a picture of doing that service.

Pray

Say: **Jesus loves it when we serve others because Jesus is servant-hearted. Let's ask him to help us serve others this week.** Have kids hold their pictures as you pray for Jesus to help each of the kids with serving others.

Say: **Serving fills up Jesus' heart. Let's fill up this heart with all our plans to serve. Serving helps fill up *our* hearts, too.** Have kids place their sticky notes on the large paper heart on the wall, and then point out how kids filled up the heart with their plans for serving others this week.



ACTIVITY PAGES WITH A POINT

Dirty Feet

[10 min]

Supplies

- “Jesus Washes the Disciples' Feet” Coloring Page (1 per non-reader)
- pencils
- crayons

Younger Kids: Color a Coloring Page

Distribute the coloring pages and crayons. Say: **Jesus is servant-hearted. He did the job a servant would do when he washed his friends' feet!**

Allow time for kids to color.