

DIVE DEEP JULY 2024

July 28

I am Broken- God Cares When I Hurt Kindergarten - 5th grade

Leader Notes

Bible Passage: PreK- God Healed Naaman - 2 Kings 5:11-12 -- Elem -The Lord is My Defender- Psalm 4

Bottom Line: God Cares When I Feel Angry

Leader Context: As we wrap up Dive Deep, we get to teach kids that God cares when we feel angry. In Psalm 4, David shared some real feelings of anger during suffering and hard times. But he also wrote a reminder that we shouldn't let anger control us or cause us to sin. Let's help kids see that, when we feel angry, we can let go of our anger by trusting God is in control. He can take care of whatever is happening, and He takes care of us!

THE WIN FOR SUNDAY GROUPS: Give kids a first look at The Bible, Jesus, and our need for a Savior by embracing their physical needs or engaging their interests. Use The Code when necessary to help redirect kids and build relationships.

Social

Games and Music (10 minutes)

What You Need: Instruction Page, Game Sets, Roku Game Instruction Page, butcher paper sheet (1 per group per service), crayons, markers

What You Do:

- Play worship songs and other songs available on Roku during the Social Game or while kids are playing.
- Using the supplies and game instruction page, choose one game to play with the kids today.
- As you are playing, use this as a time to call each kid by name and learn their names well.

Say: That was a fun game to get us ready to watch our Bible video. Let's sit and listen to our story today."

Videos

Bible Story Video (10 minutes)

Bible Story Recap- Say This

David may have been a king, but he was still a regular person just like us. He still made mistakes and got angry, just like we do. Our Bible story reminds us that God is worthy of praise, no matter our situations. I'll give you a situation and ask, "What can you do?" You reply with, "I can trust in God." Ready? When things don't go your way, what can you do? (*I can trust in God.*) When your favorite toy breaks, what can you do? (*I can trust in God.*) When someone isn't kind to you, what can you do? (*I can trust in God.*)

God will always be there for us. In times of anger, we can look to Him, take a deep breath, and focus on who He is. David remembered God's faithfulness—that God was trustworthy, loyal, and dependable. He remembered all the ways God helped him in the past. David remembered that God cared when he felt angry, and that helped David praise God.

Gospel Connection:

(Circle two) There are a lot of things and people in our world that can make us angry. Our world is broken because of sin. *Sin* is doing what we think is best instead of following what God says is best. It isn't just our world that's broken—we are also broken because of sin. Everyone, say, "I am broken." (*I am broken.*) We all sin. We sometimes get angry and sin. We sometimes sin and make others angry. But God is faithful not to leave things like that! No matter how broken we may be, no matter how we have messed up, God still loves us.

(Circle three) God sent His Son, Jesus, as a rescuer and healer. Jesus is the only person who has never sinned! Jesus was sent to die on the cross for our sins. He died to fix our brokenness and make us new. But the story doesn't end there. Because Jesus lived a sinless life, when He died to take the punishment for our sins, He didn't stay dead! He came back to life three days later. Jesus made a way for us to be healed and rescued.

(Circle one) When we love and follow Jesus, He helps us live the way God created us to live. God's design is for us to love Him and love others.

(Circle Four) He makes us new and helps us follow Him. And even though our world is still broken, we can know that He will come again and make *all* things new!

If you want to learn more about following Jesus, talk to us or a parent. When people and situations in our lives make us angry, sometimes our anger boils over and causes us to sin. But the Bible tells us to be angry and not to sin. We can do that by loving others, just like God loves us. God sees us when we get angry, He cares that we feel upset, *and* He still loves us in every situation.

When you love and trust Jesus, you can allow God to help you down like He helped David. You can remember that God is in control and live with a heart filled with peace rather than anger.

Let's pray together. Remember prayer is listening and talking to God.

God, thank You for helping us control our anger. Thank You for Your love and forgiveness.

Thank You for caring about our feelings. Help us trust in You and follow You. Help us be kind and calm even when we feel like we are about to explode. Let us focus on You and be able to tell everyone we meet about how amazing You are. In Jesus' name we pray, amen.

Other Handed Throws (20 minutes)

What You Need: blank paper (1 per kid), pencils, masking tape or painter's tape

What You Do:

Set out the supplies. Tape a throwing line on one side of the room.

We're going to play a game called, "Other-Handed Throws. We're going to take turns seeing who can throw wads of paper the farthest with your "other" hand, meaning your non-dominate hand, which is the hand you don't write with. To start, take a piece of paper and write your name on it. Then, think of something that makes you angry. If you're willing to share, you can tell us what makes you angry, but you don't have to. Once you think about what makes you angry, wad up your piece of paper, stand on the throwing line, and throw the paper with your "other" hand. Once everyone has a turn, we will see who threw the farthest. We will play three rounds! Ready?

Keep It Going: *Make angry noises when throwing the paper wads and see if they go further.*

Leader Tip: Be open and honest about things that make you angry in an age-appropriate way. Seeing you talk and participate encourages the kids to do the same.

Say: How many of you can think of more than one thing that makes you angry? We all get angry at times. Psalm 4:4 tells us to be angry but not to sin. In our game today, we thought of things that make us angry. But by using our “other” hand, we couldn’t give the anger very much power. We can do the same thing in our daily lives. When we feel angry, we can focus on God. We can remember that He’s more powerful than our anger and emotions. We can know God cares when we feel angry and remember that He cares for us.

Discussion Questions:

- What are different situations that make kids your age feel angry? *(Allow kids to answer. Share your own answers about when you were their age.)*
- What are things people say and do that let you know they’re angry? *(Allow kids to answer and share your own answer.)*
- Have you ever been told to “cool it”? Usually, that phrase is used when someone is telling us we need to calm down and take a step away from our anger. An ice pack can remind us that God cares when we feel angry and that He can help us cool off. Do you have any tips or tricks you would like to share about how you cool off when you get angry? *(Allow kids to answer and share your own answer.)*
- The Bible tells us that God cares when we feel angry. Let’s open our Bibles to
- Psalm 4:3-4 and read about it together. *(Invite kids to open up their Bibles. Read the passage aloud or invite a kid who volunteers to read the passage aloud. Be sure to have Bibles available for kids who need one. Help kids find the passage so everyone can follow along together.)* What do you think this passage is teaching us? *(Allow kids to answer and share your own answer.)*
- This Bible passage tells us to be angry but not to sin. This can be a pretty big challenge. Usually when we get angry, we want to say something or do something we shouldn’t. But that’s not what God wants from us. Psalm 4:4 tells us that when we get angry, we don’t have to let that anger control us. What do you think we should do instead? *(Allow kids time to respond.)* When we focus on God and what He has done for us, it can help us cool some of those angry feelings.
- We get angry because we are broken, and we live in a broken world. But no matter how angry we get, God is there for us, and He cares for us. He loved us so much that He sent His Son, Jesus, to die and take the punishment for our sins. Jesus rose to life three days later, making a way for us to be with Him forever. When we follow Jesus, we can trust that God is leading us in a good way. He is loving and in control. This helps us let go of our anger and trust Him. Do you have any questions about putting your faith in Jesus? Or do you have anything you want to share about God helping us when we feel angry? *(Allow kids time to respond.)*
- When we get angry, we don’t have to let anger control us. Based on what we’ve learned today, what can we do when we get mad? *(Answers may include turn to God, pray and ask God to help us, don’t let the anger cause us to sin, remember who God is and how much He loves us, trust that God is in control, and so forth.)*

Today we learned that God cares when we are angry. No matter how angry we feel, God still cares for us, loves us, and helps us not to sin. God sent Jesus so we can be close to Him and turn to Him, no matter how we feel.

Going Home

Pass out the coloring pages for kids to take home. Greet families as they arrive and tell them something about their child you saw today. Say goodbye and call everyone by name.