



Sept 15, 2024

I Am Know

Leader Weekly Devotion

Bible Passage: Mary and Martha- Luke 10:38-42

Bottom Line: God knows my real feelings.

Leader Context: In Matthew 10:38-42, we read a story of two sisters, Mary and Martha. Jesus and His followers, the disciples, went to visit the two sisters. Martha was distracted with her preparations and frustrated that Mary was sitting at the feet of Jesus. Jesus showed that He knew what both sisters were really feeling, and He knew what they both really needed. When kids think, No one understands what I'm really feeling, we get to teach them that God always knows what they're feeling. More than that, He knows exactly what they need.

THE WIN FOR SUNDAY GROUPS: Give kids a first look at The Bible, Jesus, and our need for a Savior by embracing their physical needs or engaging their interests. Use The Code when necessary to help redirect kids and build relationships.

Read- Luke 10:38-42

Highlight: Luke 10:41-42

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Reflect- What feelings can you let go of and trade for what Jesus offers?

- Anger for peace.
- Worry for security.
- Unrest for comfort.

Pray: God you know my feelings- the good the not-so-good. Help me remember that You always know what I'm feeling. Help me to know that You know and offer me everything I need.

Prepare: What feelings can distract you from drawing close to God? What true things do you know about God that can help with those feelings?

Here are some great resources to help you grow as a leader.

[Blog](#)

[Leader Training Video](#)

What were you like as a kid? How did you express your emotions? Do you remember being mad, sad, or worried? Our kids' emotions seem big and fill their mind and heart. We get to help them know they are seen, loved and known by God and us. This video will help you find ways to help kids process their emotions and know that God knows how they are feeling too.

Leader Notes

Study

Leader Tips