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 **Matthew 26:36-46**

**Combo**

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### Teachers Dig In

#### Dig In to the Bible

- Read: Matthew 26:36-46
- In This Passage: Jesus knows he's about to be arrested and killed. He goes to a garden to pray. He asks that God would take this cup of suffering away from him but prays, "I want your will to be done, not mine." Jesus is willing to do hard things to help promote God's plan.
- Bible Point: Jesus does hard things...
- Application: ...so we're willing do hard things.
- Summary Verse: "Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing" (John 15:5).

#### Dig Deeper

- You'll Be Teaching: *Jesus does hard things.* Nobody *wants* to do hard things, and that includes kids! Hard things for kids could be as small as eating their broccoli or cleaning the bathroom, or they could be more significant trials in life. Use this lesson to help kids know that Jesus can sympathize with not wanting to do the hard things, but he also showed how to willingly obey even when we don't want to.
- Think About: What's something you've been putting off because you don't want to do it? Talk to God about that.

#### Dig In to Prayer

- Pray that kids will develop spiritual grit by doing hard things and embracing hard times.

#### Quick Tip

- If you're interested in learning more about this topic for yourself, check out *Spiritual Grit* by Rick Lawrence. You'll learn how the hard things we go through develop stamina and endurance that we need!