

EVERYDAY DISCIPLE

Impact Kids Fall 2026 Older IK Leader Guide

next steps
IN DISCIPLESHIP

October 14, 2026- Disciples can't hide real faith.

Bible-Galatians 5: 13-26- Fruit of the Spirit

Disciples build relationships that point each other to Jesus.

Leader QR Codes-



ASK Leader



Leader Devos



Like It Counts

Group Schedule

Leaders Arrive: 6:00 PM (Prayer)

Family Dinner: 6:30 PM – 7:00 PM

K-3rd Outside Play: 6:50 PM- 7:20 PM

4th & 5th Small Group: 6:50 PM- 7:30 PM

K-3rd Small Group: 7:25 PM- 8:00 PM

4th & 5th Outside Play: 7:30 PM- 8:00 PM

Dismiss: 8:00 PM- 8:05 PM

** PL and LT groups will follow 4th & 5th schedule

*** PreK groups outside play is decided at campus

Family Table

What to Do:

As you gather everyone to eat, discuss these questions together. If one question takes the whole time, that is great. Your group has a great dynamic and feels comfortable talking to you and the group. Serve pizza, put names on water bottles, collect trash and clean up/wipe down tables and wash hands.

TALK ABOUT IT:

- Introduce yourself and welcome kids by name.
- Ask kids to share what happened during their day at school, home, etc.
- Ask kids to share new things or old things they are learning.
- Ask kids to share how they have seen God working this week.
- **For fun:** If you were a piece of fruit, what would you be? Why?
- **This week:** Have you ever seen someone's actions make you want to know more about Jesus? Tell us about this.



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Social Game

HOW TO OPEN A BANANA

Supplies: A plastic knife, a pencil, a pair of tweezers, Bananas

How to Play:

Choose three players for this game. Give each player a banana. Have each player reach into a box and pull out one of the three tools. On your mark, the three players will race to see who can peel their banana using the tool they choose. First one to peel their banana, without destroying it, wins.

Optional:

Instead of tools, have the kids try to peel a banana with their feet.

The Fruit of the Spirit have more uses than bananas and can help us in any situation.

Summarize:

Open a Bible, and say: Today we'll learn about the Fruit of the Spirit. The Fruit of the Spirit have more uses than bananas and can help us in any situation.

Video & Bible

Say: When I think of fruit, it makes me so hungry. I know God didn't mean for that to be only response to learning about fruit. Let's watch this together and see what other things we can learn.

Watch "Fruit of the Spirit"

Say: Have you ever seen a fruit tree or a garden plant grow fruit? When a healthy plant grows, it usually has lots of fruit—not just one piece!

When we trust and follow Jesus, it's like staying connected to a healthy vine. The Holy Spirit helps grow good things in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. As these grow in us, they help us be better friends, treat others well, and show people what Jesus is like.

What to Do: Pass out Activity Pages and Bibles to each kid with a pencil.

SAY:

- Today we're reading from Galatians 5:16 and 22-26. (Pg 1295) Let's find it together in our Bibles.
- Galatians is in the New Testament, the part of the Bible that tells about Jesus and life after His resurrection. Galatians is one of Paul's letters. Circle New Testament on your worksheet.
- To find it, start at the middle of your Bible and flip past Corinthians. Look for Galatians, then find the big number 5 (chapter 5).
- Next, find the small numbers 16 and 22-26. If you find it first, help someone nearby. Separate each of these and ask different kids to read each one.
- Once everyone is there, take turns reading the verses aloud together and listen for what God teaches us about fruit.



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Discussion

Let's spend a few minutes processing what we have learned from the Bible today.

- Which Fruit of the Spirit do you most appreciate in a friend? Why?
- How does it feel when a friend shows kindness, patience, or self-control toward you?
- What happens to a friendship when people act in ways that are opposite of the Fruit of the Spirit, such as being unkind, impatient, or selfish?
- Can you think of a time when someone's love, gentleness, or faithfulness helped you through a difficult situation?
- Which Fruit of the Spirit do you think makes the biggest difference in a friendship? Why?
- How can showing the Fruit of the Spirit help point your friends to Jesus?
- Which fruit is easiest for you to show to others? Which one is hardest?

Practice

Fruit I Spy

Supplies: Fruit I Spy Printable (1 per kid) crayons/markers

Can you find all the fruits hidden in the picture? As you find each fruit, color it and match it with a Fruit of the Spirit:

🍓 Strawberry - Love 🍒 Cherry - Joy 🍇 Plum - Peace 🍊 Orange - Patience
🍋 Lemon - Kindness 🍏 Green Apple - Goodness 🍌 Banana - Faithfulness
🍇 Blueberries - Gentleness 🍉 Watermelon - Self-Control

When you find a fruit, say its Fruit of the Spirit out loud and color it!

Think About It

- Which Fruit of the Spirit is easiest for you to remember?
- Which one would you like God to help grow in you?

Challenge: See if you can remember all nine Fruits of the Spirit without looking at the list!

Family Discipleship

What to Do: Your handout today is designed to help you remember what we learned. Take it home and share it with a family member, then ask them to go through it with you. We also want to hear how the other challenges are going. What are you learning? How is God helping you grow? Be ready to share your experiences with the group!

Leader Tip: Encourage families to look at the kid's work as they show up to pick up their kids.