

EVERYDAY DISCIPLE

Impact Kids Fall 2026 Younger IK Leader Guide

next steps
IN DISCIPLESHIP

October 14, 2026- Disciples can't hide real faith.

Bible-Galatians 5: 13-26- Fruit of the Spirit

Disciples build relationships that point each other to Jesus.

Leader QR Codes-



ASK Leader



Leader Devos



Like It Counts

Group Schedule

Leaders Arrive: 6:00 PM (Prayer)

Family Dinner: 6:30 PM – 7:00 PM

K-3rd Outside Play: 6:50 PM- 7:20 PM

4th & 5th Small Group: 6:50 PM- 7:30 PM

K-3rd Small Group: 7:25 PM- 8:00 PM

4th & 5th Outside Play: 7:30 PM- 8:00 PM

Dismiss: 8:00 PM- 8:05 PM

** PL and LT groups will follow 4th & 5th schedule

*** PreK groups outside play is decided at campus

Family Table

What to Do:

As you gather everyone to eat, discuss these questions together. If one question takes the whole time, that is great. Your group has a great dynamic and feels comfortable talking to you and the group. Serve pizza, put names on water bottles, collect trash and clean up/wipe down tables and wash hands.

TALK ABOUT IT:

- Introduce yourself and welcome kids by name.
- Ask kids to share what happened during their day at school, home, etc.
- Ask kids to share new things or old things they are learning.
- Ask kids to share how they have seen God working this week.
- **For fun:** If you were a piece of fruit, what would you be? Why?
- **This week:** Have you ever seen someone's actions make you want to know more about Jesus? Tell us about this.

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Social Game

Hold up a paper heart.

Say to the kids, "Do you know what shape this is? It's a heart. Hearts make us think of love. The Bible says that we are supposed to love people. When God sent us Jesus, He came to show us how to love people. Love is the first fruit of the Spirit. These fruits aren't ones that we eat. They are like food for our hearts that help us love like Jesus. Can you put your hand on your heart?"

Model for kids by placing your hand on your heart. "God can help us love Him and love our friends." I can love others because God loves me.

Now have one kid hide the heart in your group space. Ask kids to cover their eyes. Then send 2 volunteers to find the heart. Ask the kids- "When the heart was hidden, did we lose the love that this heart represents?" "NO!, we didn't. Sometimes things are hidden from us like the qualities we will learn about today. But we know that when Jesus gives us these things, they are never gone forever.

MAKE IT REAL: Say, "I can love others." Then point to each child and say, "(Child's name) can love others."

Video & Pray

Say: When I think of fruit, it makes me so hungry. I know God didn't mean for that to be only response to learning about fruit. Let's watch this together and see what other things we can learn.

Watch "Fruit of the Spirit"

Say: Have you ever seen a fruit tree or a garden plant grow fruit? When a healthy plant grows, it usually has lots of fruit—not just one piece!

When we trust and follow Jesus, it's like staying connected to a healthy vine. The Holy Spirit helps grow good things in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. As these grow in us, they help us be better friends, treat others well, and show people what Jesus is like.

Pray: Father God, thank You for fruit. Fruit is sweet and helps remind us of the gifts you give us when we believe in Jesus. Help us know how to love others well, treat them well and show them what Jesus is like. We love You and want to learn more about You. In Jesus' name, Amen!

Say: Alright, it is time for one of my favorite games. Bingo! Are your ready?

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Activity

Fruit Bingo Game

How to Play:

1. Give each child a Bingo card and Bingo chips.
2. As each fruit is called, kids find the matching fruit on their card.
3. Before placing their chip, everyone does the action that goes with that fruit.
4. The first child to get a row, column, or diagonal shouts "Fruit Bingo!"

Fruit Actions



Strawberry – Love

Give yourself a big hug, then point to a friend.



Cherry – Joy

Jump up and down 3 times with a big smile.



Orange – Patience

Stand still like a statue and count slowly to 5.



Lemon – Kindness

Turn to a friend and say something kind: "You are a good friend!"



Green Apple – Goodness

Give a thumbs up and say, "I can do what's right!"



Plum – Peace

Take a deep breath in and slowly breathe out.



Blueberries – Gentleness

Pretend to hold a tiny baby bird very carefully.



Banana – Faithfulness

Place your hand over your heart and say, "I can follow Jesus!"



Watermelon – Self-Control

Freeze your whole body until the leader says, "Go!"

Wrap-Up

Say: "When we follow Jesus, the Holy Spirit helps these good things grow in us, just like fruit grows on a healthy tree!"

Color Page

What to Do: Distribute the coloring pages and crayons. **Say:** Disciples can't hide real faith.

Allow time for kids to color.

Leader Tip: Encourage families to look at the kid's work as they show up to pick up their kids.