



LOW-ENERGY GAME

Fill 'Em Up!

[10 min]

Supplies

- underinflated balloons (2-3 per child)
- oversized adult T-shirts (1 for every adult or teen helper)
- large box or laundry basket

Easy Prep

- Put balloons in a box or laundry basket.

Tip

- To avoid choking hazards, be sure to pick up pieces of any broken balloons promptly.

Race to Fill T-Shirts With Balloons

Put on an oversized T-shirt. Say: **When we value people, we tell them they're special and important. We might even tell them how much we love them. When we say kind things that make others feel special and important, we fill up their hearts with love. If you tell me I'm a good teacher, that makes me feel special.** Place a balloon inside your oversized T-shirt. **If you tell me you're my friend, that makes me feel important.** Place another balloon inside your oversized T-shirt. **If you thank me for holding the door open for you, that makes me feel valuable and important.** Place another balloon inside your oversized T-shirt. **Every** (add a balloon) **single** (add a balloon) **kind thing** (add a balloon) **you say** (add a balloon) **helps me know I'm special and important to you. Look—I'm all filled up with love because of all the kind things you could say to me. Let's play a game to let our leaders know we think they're valuable and important.**

- Form groups of five, and assign an adult or teen leader to each group.
- Have adult or teen leaders each put on an oversized T-shirt and then kneel on the floor so their group members can reach them easily.
- Distribute balloons on the floor around each group. Make sure each group has access to 10-15 balloons.
- On "go," kids will each grab a balloon and put it inside their leader's oversized T-shirt. Encourage older kids to share something special about their leader for each balloon they add. Tell kids to see how fast they can "fill up" their leaders.
- As kids add balloons, encourage leaders to respond with thankfulness or delight. For example, they could say, "Oh, thank you!" or "You fill me up with God's love. Thanks!"
- Once all the balloons have been used, have adult and teen leaders stand and parade around the room to show they're filled up with love. Encourage kids to wave and cheer for them.
- If time allows, remove the balloons from the T-shirts and play again.

Talk About It

Say: **When we tell others we think they're special or important, we fill them up with love. Just like the leaders thanked you in our game, people feel thankful when we show them how special they are to us. God loves it when we show other people they're special and important because God values everyone.**

Tell about someone in *your* life who you can make feel special this week.

Ask: • **How can you show someone they're special to *you* this week?**

Say: **God values people. And he invites us to fill up our parents, teachers, and friends with God's amazing love!**



TALK-ABOUT VIDEO The Chance for Revenge

[10 min]

Supplies

- “The Chance for Revenge” teaching video

Discuss and Watch “The Chance for Revenge”

Say: In today’s Bible story, David had the chance to get back at Saul. Saul was chasing David and trying to kill him—and a lot of people who were in David’s shoes would’ve wanted revenge.

Ask: • Tell about a time you wanted a chance to take revenge on someone.

Share your own story first, demonstrating how to avoid mentioning any names.

Say: Let’s watch some pets and see what happened when they faced a situation similar to the one David and Saul were in.

Watch “The Chance for Revenge”

Ask: • What do you think about the way Lexy treated Spike?

- What do you think of Marty the fish’s advice to Spike?
- What can you learn from the way Spike—and David—treated their enemies?
- How is this story like David and Saul’s?

Say: Marty suggested that Spike could hurt Lexy with his quills. That’s kind of like David’s army suggesting David kill Saul. But instead, Spike found a way to make peace by showing Lexy he *wouldn’t* hurt her, even if he could. Spike showed that he valued a friendship with Lexy more than revenge, and David showed that he valued Saul’s life more than he wanted revenge. God values people, so we value people...even if we have a chance for revenge.



DEEPER BIBLE "God Loves You" Cards

[15 min]

Supplies

- "God Loves You Card" handout (2 per child)
- crayons or markers
- stickers

Easy Prep

- Decorate a sample card to show kids.

Talk About Greeting Cards

Say: **God values people, so we value people, too. One way we show people they're special and valuable to us is by giving cards. We give people cards during happy times, like on their birthdays and at Christmas. And we can give people cards when they're sad or not feeling well so they know we're thinking about them and praying for them.**

Share about a time *you* got a special card from someone. Maybe you had surgery and someone sent you a card, or maybe you really appreciated a card someone sent you "just because."

Ask: • **When was a time you got a special card from someone?** Kids might share about cards they received on their birthdays or on Valentine's Day, or they might share about pictures someone made them.

Say: **It feels so good when someone gives us a card. It makes us feel special and valued. Let's help other people know they're special and valued by making cards to give away.**

Hold up your decorated card, and read both the phrase on the front and the verse on the inside.

Say: **You can decorate one card to give to someone in your family. And then you can decorate a second card to give away to somebody you don't know. You can give your card to someone on the playground, someone at the grocery store, or someone you see while you're in the car who is holding up a sign asking for help. We'll be helping people know that God values people, and we value them, too.**

Decorate Cards

- Give each child two "God Loves You" handouts.
- Show kids how to fold each handout in half so that "God loves you" becomes the front of each card.
- Let kids color the front of the cards and then draw a picture and add stickers on the inside of the cards.
- Have each child write his or her name on the line provided inside each card.

Say: **God values people, so we value people. We show that we value people when we show kindness and love to one another—like surprising people with these special cards we made!**



LIFE APPLICATION WRAP-UP

Value Prayers

[5 min]

Share and Pray

- Have kids form groups of four.
- In their groups, have kids tell about a way someone has shown they value them.
- Next, have kids show value for each other by praying for one another. Each child in a group will get a turn to be the “Pray-ee.” The other three kids (the “Pray-ers”) will pray for the Pray-ee, thanking God for how he created that person.
- Kids can also pray a blessing over the Pray-ee. For example, kids could pray, “May God show you his love this week,” or “May God give you peace this week.”
- Make an announcement periodically to switch Pray-ees so that each child gets a turn.

Wrap Up

Pray: **God, thank you for valuing every person in this room. Thank you that you value people. Help us value people the way you do. In Jesus’ name, amen.**

Thank kids for coming, and encourage them to come back next week.



ACTIVITY PAGES WITH A POINT

Capture the Cup

[10 min]

Supplies

- “David Values Saul’s Life” Coloring Page
- pompoms (16 per child, in 2 different colors)
- disposable cups (2 per child)
- crayons
- tissue paper
- glue sticks

Older Kids: Do an Activity Page

Say: **God values people**, so David valued Saul’s life. He didn’t hurt Saul, but he took some of his things to show he *could* have hurt him and chose to be kind instead.

One of the things David took was Saul’s cup. Let’s see if you can capture the cup in this game.

Distribute the activity pages, cups, and pompoms. Kids will form pairs and play a simplified version of Checkers using the directions on the handout.

Ask: • **How would you say you treated your partner in this game? Explain your answer.**

- **What can you learn about how to value people from David?**

Say: **We played a friendly game where we tried to take each other’s cups. But in the Bible, Saul wasn’t being friendly at all. He was trying to kill David! David chose kindness instead. Even when other people are mean, God values people. So we can value them, too.**

Younger Kids: Color a Coloring Page

Distribute the coloring pages and crayons. Say: **God values people. That’s why David valued Saul! Let’s color David taking just a tiny piece of Saul’s robe.**

Allow time for kids to color the picture. Then kids can glue a small piece of tissue paper to the fabric David is holding.