

WHAT IS A SACRAMENT?

A **sacrament** is a **holy ordinance (observance)** appointed by **Christ**, by which **by visible signs**, **Christ**, and **the benefits of the new covenant** are represented, sealed and applied to believers

WHAT IS THE LORD'S SUPPER?

The **Lord's Supper** is a **sacrament** in which, by **giving and receiving bread and wine** according to Christ's appointment, **his death is proclaimed**, and **those who receive rightly** are **by faith** (and not by the mouth in a physical manner) **made partakers of his body and blood**, with **all his benefits**, to their **spiritual nourishment** and **growth in grace**.

FHOR?

Faith - I come to the table in faith, believing Christ's promises for me.

Humility - I don't have it all figured out, but I know Christ loves me.

Obedience - My faith leads me to obedience in and to Christ.

Repentance - I'm sorry for my sins and ask God for forgiveness.

NEXT STEPS: THE PROCESS

- 1). Talk and pray with your child through this information. They do not need to memorize it, but they should know the bold points.
- 2). If you believe they are ready, reach out to Chris to chat.

