

HABITS

Small disciplines that can
make big changes in your life

PART 4 — DECIDING WHEN I WANT TO CHANGE

EPHESIANS 5:15-17

PASTOR RICK WULF

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MESSAGE NOTES

BIG IDEA FOR THE WEEK: THE LONGER WE _____ TO LIVE GOD'S LIFE FOR US,
THE EASIER IT IS TO _____ GOD'S LIFE FOR US

1. WE MUST PAY ATTENTION TO THE _____ WE'RE WALKING

2. WE MUST PAY ATTENTION TO THE _____ WE'RE LIVING

SMALL GROUP AND DISCUSSION QUESTIONS

1. PAUL SAYS TO "MAKE THE MOST OF EVERY OPPORTUNITY." WHAT ARE SOME OPPORTUNITIES WE TEND TO PUT OFF BECAUSE WE ASSUME THERE WILL ALWAYS BE MORE TIME?

WE SAID, "IF WE DON'T PAY ATTENTION TO OUR HABITS, OUR HABITS WILL DETERMINE OUR DIRECTION." CAN YOU THINK OF A HABIT THAT STARTED AS A SMALL OR SEEMINGLY INSIGNIFICANT CHOICE BUT EVENTUALLY BEGAN SHAPING YOU IN A BIGGER WAY?

3. WE SAID, "THE BEST TIME TO BECOME WHO WE WANT TO BE IS BEFORE WE BECOME WHO WE DON'T WANT TO BE." WHAT DO YOU THINK THIS MEANS SPIRITUALLY?

4. WHAT "AUTOMATIC" IN YOUR LIFE DO YOU NEED TO MAKE INTENTIONAL? WHAT IS ONE SMALL CHANGE YOU COULD MAKE THIS WEEK THAT WOULD MOVE YOU IN A BETTER DIRECTION? WHY NOT START NOW?

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Redeeming
Time



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