

**Discipleship Groups — Level 6**  
**WEEK 6**

**Heart Check: IS CHRIST LIVING IN YOU?**

Hello everyone! We are now in the sixth week of Level 6 of the discipleship classes. During the previous lessons, we have worked on the idea of examining and testing our faith, character, habits and decisions, words, and relationships. From this evaluation done over these five weeks, we have obtained results that tell us whether Christ truly lives in us or not.

The evaluation should indicate whether Christ is the center of my life and whether I am living according to this great truth.

This examination is like the medical checkup that you and I schedule to know how our health is. When we have this medical checkup, we do it preventively to determine what we should correct, what we should stop doing, and what we should be careful about. Similarly, the spiritual examination is preventive. When we evaluate our faith, God, through the Holy Spirit, indicates which areas of our lives we should adjust, heal, or strengthen. Just like when your doctor tells you, "Stop drinking coffee," "Don't drink any more Coca-Cola," "Avoid eating junk food," etc.

In this test of faith, many things will be revealed, and the Holy Spirit will indicate the actions to take. Once these things are revealed, it's the moment when you and I must practice obedience.

The idea is to pass, to demonstrate that we have a healthy faith, and that Christ lives in each of us.

When Christ lives in a person, visible evidence is produced.

**If Christ lives in us, then there must be three pieces of evidence:**

- 1. Conviction**  
This conviction confronts us with sin and guides us to the truth. This conviction allows us to recognize and confess our sins for true repentance.
- 2. Fruit**  
If Christ lives in us, fruit is produced. Fruit that becomes visible through our faith, our character, our habits and decisions, our words, and our relationships.
- 3. Transformation**  
When Christ lives in us, a genuine transformation also occurs, where our way of thinking, speaking, and living changes.

Today's lesson is aimed at answering this question: **Does Christ really live in me?**

This is the most important and honest question a believer can ask themselves. It's not about whether I attend church, whether I know verses, or whether I use Christian language. It's about something much deeper.

The apostle Paul challenges us to examine our faith with sincerity. The intention of asking us this question is not to create condemnation or make us feel bad. The intention is to encourage us to live a life that reflects Christ.

Christ doesn't just want to dwell in me; He wants to manifest Himself through me.

*Galatians 2:20 (NLT)* tells us: "My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me."

Here are several things to highlight:

**1. When Christ lives in me... He directs my life.**

By accepting Christ as our Savior, we surrender our lives to Him and make Him the Lord of our lives. From that moment on, my life begins to align with His will. **Christ will direct my life.**

**"My old self has been crucified with Christ."**

Galatians 2:20 teaches us that our ego no longer rules. Our life, governed by self, sin, and self-sufficiency, has lost its authority. My ego has lost the right to rule; it no longer has control; it no longer decides the course of my life. **Christ lives in me.**

**2. When Christ lives in me... I am a new creation.**

Now Christ governs our lives from within. He directs my decisions. He transforms my relationships; He molds my character; and He transforms my desires.

We must understand that although the old self was crucified, the flesh tries to take control. That is why the Bible recommends obeying God and submitting our thoughts to Christ.

The apostle Paul writes in *2 Corinthians 13:5 (NLT)*:

*"Examine yourselves to see if your faith is genuine. Test yourselves. Surely you know that Jesus Christ is among you; if not, you have failed the test of genuine faith."*

The truth is none of us likes to fail an exam. The goal is to pass and celebrate that good result. May you and I be able to say, "I passed the test of faith!"

Paul writes the following to Timothy in his second letter: *2 Timothy chapter 2:15 (NLT)*

*“Work hard so you can present yourself to God and receive his approval. Be a good worker, one who does not need to be ashamed and who correctly explains the word of truth.”*

Another version says: “Do your best to present yourself approved to God.”

This verse is a direct exhortation to the personal examination that each of us should do daily. The apostle Paul tells Timothy to do his best. In other words, do your part and practice this self-examination as part of your spiritual disciplines. The idea is to be approved, to demonstrate that we have a healthy faith, and that Christ lives in each of us.

### **Something very important:**

#### **The examination of faith brings freedom.**

The apostle Paul tells Timothy in 2 Timothy 2:15 (NLT), *“Do your best to be a worker who does not need to be ashamed....”*

When Christ lives in me, freedom is not an emotion; it is an expression of who I am in Christ.

I am free!

I am free because I no longer live defending an image.

I am free because I no longer live justifying my actions.

The Bible says that where Christ is, there is freedom. This is a great declaration:

**I AM FREE!**

Christ lives in me, and I don't need to hide anything. Hiding is a sign of a double life, and what is hidden produces slavery.

The Apostle Paul says it masterfully: *“We are open letters”*—letters known and read by everyone around us. My identity is no longer in my past; it is in Christ.

### **Now I am who Christ says I am, a new creation.**

1. This week we will practice what we have learned.  
Ask yourself:  
What visible evidence is there in my life?  
Conviction, fruits, transformation?
2. Questions for reflection:
  - How do you know that Christ lives in you?
  - What areas of your life have you not yet surrendered to Christ?
  - What areas of your life does Christ direct?
  - In the self-evaluation you have done, do you feel approved or disapproved?

3. Verse to memorize: *Galatians 2:20 (NLT)* "My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me."

With this, we conclude our sixth week of discipleship.

We hope that everything we have taught will be of great benefit and blessing to your life.  
See you in the next level!

Blessings