

Discipleship Groups — Level 7

WEEK 1

Life Check: Identity

Study Questions

1. Think back to your childhood or younger years. What are some specific "labels" or words spoken over you by others that have shaped how you see yourself today? Are those words true when compared to God's Word?
2. Proverbs 23:7 suggests that the way we think within ourselves defines who we are. Is there one specific "lie" you currently believe about your value or appearance? What scripture from this lesson can you use to "renew your mind" and replace that lie?
3. The text mentions that people often look for identity in success, appearance, or relationships. Are you tempted to find your worth in any of these external areas? How does the truth that your value is a "gift" rather than something "earned" change your perspective?
4. Only God has the authority to define you because He is the One who created you. When you look in the mirror, do you see an "admirable creation" and a "masterpiece"? If not, what is preventing you from accepting God's perspective of your design?
5. The enemy (the "thief") seeks to steal, kill, and destroy your sense of self to keep you from your purpose. Can you identify a recent situation where you felt confused or insecure? Was that an attack on your identity to keep you from walking in God's design?
6. Being "in Christ" means you already have God's love, peace, and acceptance. How would your daily emotions change if you stopped living *from* a place of rejection and started living *from* a place of total acceptance?
7. Every woman is designed to be unique. In what ways does comparing yourself to others—whether in the world or even within the Church—distort your understanding of your own "admirable" design? How can you practice "receiving" your identity rather than trying to "build" it?