

Discipleship Groups — Level 7
WEEK 4
Life Check: My Spirituality
Study Questions

1. Do you identify more with Mary or Martha at this stage of your life?

2. If Martha, what triggers a Martha-reaction in you?

3. What drains your battery the most? What do you tend to think about mostly?

4. What things are you allowing to distract you from your relationship with God?
What is priority in your mind and in your life?

5. Have you ever tried to live your life without charging your spiritual battery? How did that go?

6. To what source do you find you are connecting your heart to?

7. What practical changes can you make to prioritize your time with Jesus daily?

Practice Prayer

"Lord, recharge my spirit. I reconnect my life to your presence. Give me strength, focus and direction."

Weekly application: 10 minutes daily of prayer + reading + silence.

Memory Verse: James 4:8 (NLT): *"Draw Near to God, and God Will Draw Near to You."*