

## ABOUT THIS SERIES



If your faith were a muscle, how flexible would it be? Could it stretch to your knees? Your shins? Your toes? Or are you not sure you even have any faith to stretch in the first place? Just like your body, if you want a faith that is strong, growing, and capable of carrying you through difficult challenges, you're going to need to stretch it. It might be fun. It might be challenging. But it will definitely be worthwhile. In this series, we'll discover four ways we can stretch our faith from Paul, the author of the book of Romans and a man whose life was completely transformed by Jesus. Thanks to Paul's words, we know we can stretch our faith by making a commitment, by starting something new, and by letting something go. We can even stretch our faith when we feel like we've failed.

### WEEK 1

This week, we'll introduce Paul & his letter to the church in Rome to see what it means to commit to Christ.

- **BIG IDEA:** Stretch your faith by committing to live it out.
- **BIBLE:** Romans 5:1-8; Colossians 2:6-7

### WEEK 2

This week, we'll challenge students to create habits that help their faith grow to love God & others more.

- **BIG IDEA:** You can stretch your faith by starting something new.
- **BIBLE:** Romans 12:1-2, 9-18; II Peter 1:5-8; I Thessalonians 3:12-13

### WEEK 3

This week, we'll challenge students to break let go of something that's holding them back from growing in their faith.

- **BIG IDEA:** You can stretch your faith by letting something go.
- **BIBLE:** Romans 12:1-2, 16-21; Romans 8:13-14

### WEEK 4

This week, we'll remind students that even when they feel like they've failed, their weakness is a chance to grow.

- **BIG IDEA:** You can stretch your faith even when you fail.
- **BIBLE:** Romans 7:18-25; II Corinthians 12:7-10; John 21:15-19