Micro-Group Quick Reference Guide

Simple, Leaderless, and Repeatable Discipleship Triads (Discover • Nurture • Act)

Core Vision & Purpose

A **DNA Group** is a micro-community of **2–3 men or 2–3 women** who meet regularly to **Discover** biblical truth, **Nurture** heart repentance and faith, and **Act** in missional obedience. They require no official leader, no purchased curriculum, and minimal prep—just open hearts and a shared desire to follow Jesus together.

1. How to Form a DNA Group

- **Group Size: Strictly 2–3 people** of the same gender (men with men, women with women). When a 4th person joins, meet for 2–3 weeks to establish relationships, then divide into two groups of 2.
- **Structure: Peer-Led & Organic.** There is no designated expert, teacher, or official leader. Everyone participates equally as brothers or sisters in Christ.
- **Curriculum: None required!** Your primary text is the Bible (or the weekly sermon/passage your church family is walking through).
- **Time & Space: 60–90 minutes weekly or bi-weekly** in neutral, easy-access spaces (coffee shops, homes, work breakrooms, or parks).

The Repeatable Meeting Agenda / Script

Phase	**Focus & Questions to Ask**
1. DISCOVER Word & Truth	Read a short Scripture passage together. Ask the **4 Core Questions**: 1. **Who is God?** (*His character, attributes, and nature*) 2. **What has He done?** (*His redemptive work in Christ*) 3. **Who are we?** (*Our gospel identity in light of His work*) 4. **What do we do?** *(How we live out our identity in faith)*
2. NURTURE Heart & Confession	Transition from fruit (behavior) to root (unbelief) through honest confession: "Where have you struggled with sin, anxiety, or temptation this week?" "What lie about God are you believing in that struggle?" **Remind each other of the Gospel:** Speak targeted truth to replace unbelief with faith in Christ.
3. ACT Mission & Obedience	**Translate faith into outward, everyday missional steps:** - *How is God calling you to obey His Word this week? - Who are the non-believing friends/neighbors you are blessing & praying for?* - **Pray & Plan:** Pray specifically by name for the lost and set tangible outreach goals.

How a DNA Group Functions Missionally

A DNA group is not an inward holy huddle; it is a launchpad for everyday mission. Here is how 2–3 people easily function missionally together:

- **Shared Prayer List:** Each member names 2–3 unchurched friends, neighbors, or coworkers. Every meeting ends with explicit prayer for these specific individuals by name.
- **Joint B.L.E.S.S. Initiatives:** The group plans simple joint activities to bless non-believers together—such as co-hosting a backyard BBQ, grabbing coffee with a mutual coworker, or serving a neighbor in need.
- **Outreach Accountability:** Members hold one another accountable to their "ACT" commitments each week (*"Did you get a chance to invite your neighbor to coffee like you planned last week?"*).
- **Life-on-Life Integration:** Inviting unchurched friends directly into ordinary daily rhythms where group members are already hanging out together (sports, meals, recreation).

Quick Answers to Common Questions

Q: Do we need an experienced leader or teacher in our group?
A: No. DNA groups are peer-led and self-facilitating. The 3-part meeting agenda (Discover, Nurture, Act) acts as your script.

Q: What if we don't know the answer to a tough theological question?
A: That is completely okay! You don't need an expert present. Simply write the question down, commit to studying or asking an elder/pastor during the week, and bring your findings back next time.

Q: Why are groups limited to 2–3 people of the same gender?
A: Intimacy and accountability. Groups larger than 3 make deep heart confession difficult and allow passive members to hide. Same-gender triads remove gender-related barriers and distractions and foster total vulnerability.

Q: What happens when a 4th person wants to join?
A: Celebrate and Multiply! Welcome them warmly for 2–3 weeks so everyone gets comfortable with the DNA format, then split into two distinct triads of 2 people. This ensures continuous growth and keeps the group outward-focused.

Q: How do we prevent the group from becoming inward-focused?
A: Never skip the 'ACT' section! Always spend the final 20 minutes focusing on unchurched friends, praying for gospel opportunities, and setting tangible outward steps for the coming week.