

Life Group Lesson Outline

Follow Me week 3

Date of sermon given: March 15, 2026

Icebreaker (10-15 minutes)

Purpose: Encourage fellowship and set a comfortable tone.

Example Questions:

- What is your high and low for the week?
 - What are some things that gave you joy this week?
 - What are some things that gave you sadness this week?
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Lesson / Discussion (30-40 minutes)

Opening Scripture Reading: Luke 9:18-27

Theme = Jesus is a living, ascended Lord who calls us to a total, urgent, affectionate, and costly discipleship—not a surface faith but one that reshapes our whole life. Because we are not enough on our own, the gospel offers peace: Jesus has given himself fully so we can follow him, be freed from needy attachments, and receive the life we cannot earn.

Question 1 = In what areas of your life are you tempted to live a “double life” (showing faith outwardly but not following Jesus inwardly)? What practical step could help you move from performance to genuine discipleship?

Question 2 = How does the picture of Jesus as “urgent” and moving forward (no pauses) affect the way you make decisions about priorities, time, and commitments?

Question 3 = What would it look like for Jesus to be your deepest affection—how would relationships, work, or self-care change if he were truly your “favorite”?

Question 4 = Jesus calls disciples to a costly way of life. When have you experienced the tension between self-preservation and sacrificial following, and how did the gospel bring peace or transformation in that situation?

Reflection / Prayer = Take some time to pray for each other and our church.

Prayer Requests (10-30 minutes)

- Invite group members to share prayer needs. It would be good for the Leader to start this sharing time.
 - Close with prayer, praying for each request. (if they are comfortable, rotate who prays for the group)
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- **Leader Notes** [Space for personal notes or reflections]

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