

# Sunday Sermon Questions • 3/15/2026

## *Lent: I Am The Bread of Life*

### **Motives for Seeking Jesus**

The crowd followed Jesus after the miracle, but Jesus said they were seeking Him for the wrong reasons. What are some ways people today might seek Jesus mainly for what He can give them rather than for who He is? How can we examine our own motives for following Him?

### **Temporary Needs vs. Eternal Needs**

Jesus challenged the crowd not to work for food that spoils but for food that endures to eternal life. What are some “temporary things” we often chase in life? How can we intentionally prioritize spiritual nourishment over temporary satisfaction?

### **Faith Over Works**

When the crowd asked what they must do to earn eternal life, Jesus responded that the work of God is to believe in the one He has sent. Why do people often feel like they must earn their way to God? What does it practically look like to live by faith and grace instead of trying to prove ourselves through works?

### **Jesus as the Bread of Life**

Jesus declared, “I am the Bread of Life. Whoever comes to me will never go hungry.” What does it mean to “feed on” Jesus spiritually in everyday life? What habits or practices help keep your soul spiritually nourished?

### **Responding to Jesus’ Identity**

Despite witnessing miracles and hearing Jesus’ teaching, many people in the crowd still doubted Him. Why do you think people sometimes resist believing in Jesus even when they see evidence of His work? What helps move someone from skepticism to faith?

### **Prayer Prompt**

Lord Jesus, thank You for being the Bread of Life who truly satisfies our souls. Help us not to chase the temporary things of this world, but to seek You with sincere hearts and trust fully in Your grace. Draw us closer to You and teach us to find our life, hope, and fulfillment in Your presence. Amen.