

Sunday Sermon Questions • 6/7/2026

The Lies We Believe – Week 8: God will never give me more than I can handle.

When Life Feels Too Heavy

Paul openly admitted that he faced pressures “far beyond [his] ability to endure” (2 Corinthians 1:8). Have you experienced a season where you felt completely overwhelmed, and what did it teach you about depending on God? And Have you ever told someone or had someone tell you “God will never give you more than they can handle”? What could be a more biblical way to encourage someone who is struggling rather than use that phrase?

Trusting God Over Circumstances

The sermon highlighted how Paul allowed God to define his circumstances instead of allowing his circumstances to define God. What is the difference between those two perspectives? How can we practically choose faith when our situation seems impossible?

Living with Eternity in Mind

Paul’s declaration, “For to me, to live is Christ and to die is gain,” reveals an eternal perspective. What temporary concerns or distractions tend to consume your attention? How might viewing life through the lens of eternity change the way you approach those challenges?

Strength in Weakness

God told Paul, “My grace is sufficient for you, for my power is made perfect in weakness.” Why is it often difficult to admit our weaknesses? Share an example of how God has worked through a weakness, limitation, or hardship in your life.

The Impact of Your Obedience

Paul understood that his obedience and perseverance benefited others and strengthened their faith. Who has encouraged your faith through their obedience to God? How might your faithfulness in a current challenge positively influence someone else this week?

Prayer Prompt

Father, thank You that when life feels too heavy, we do not have to carry the burden alone. Help us to stop relying on our own strength and trust in Your power, grace, and presence to sustain us through every challenge. Teach us to encourage one another with Your truth and to find our hope in You when circumstances feel overwhelming. Amen.