

Table Talk

"Something's Cooking"

Champion Church · Small Group Discussion Guide

THIS WEEK'S THEME

God is in the kitchen — and the meal isn't ready yet. The aroma is already filling the house. You know something good is coming. The question is: can you trust the Chef enough to wait without grabbing at the pots? This Table Talk is an invitation to explore what it looks like to trust God's timing — not just in theory, but in the ordinary, sometimes frustrating moments of everyday life.

Point 1: *God Is Already Working*

He's been slow-cooking this longer than you realized. Even when you can't see it, the preparation is already happening.

SCRIPTURE

Isaiah 64:4 (NLT)

"For since the world began, no ear has heard and no eye has seen a God like you, who works for those who wait for him!"

Ecclesiastes 3:11 (NIV)

"He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end."

Psalms 57:2 (ESV)

"I cry out to God Most High, to God who fulfills his purpose for me."

Discussion: *Think about a time when you later realized God had been working in the background of a situation — setting things up before you even knew you needed them. What clues did you miss in the moment? What did that teach you about trusting what you can't see?*

P E R S O N A L R E F L E C T I O N

Where do I currently need to trust that God is working, even though I can't see it yet?

Point 2: Peace Instead of Control

Lifting the lid repeatedly lets the heat escape and slows everything down. Peace is not the absence of uncertainty — it's the presence of trust.

S C R I P T U R E

Philippians 4:6–7 (NIV)

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Isaiah 26:3 (ESV)

"You keep him in perfect peace whose mind is stayed on you, because he trusts in you."

Proverbs 19:21 (NLT)

"You can make many plans, but the Lord's purpose will prevail."

Discussion: *Where in your life right now are you most tempted to take control — to 'crank up the heat' instead of trusting God's timeline? What does trading anxiety for peace actually look like in that specific situation?*

PERSONAL REFLECTION

What is one area where I need to release control and choose peace this week?

Point 3: *Anticipate with Joy*

Set the table before the food arrives. Joyful anticipation is itself an act of faith — you prepare for what you believe is coming.

SCRIPTURE

Romans 8:25 (ESV)

"But if we hope for what we do not see, we wait for it with patience."

Habakkuk 2:3 (NIV)

"For the revelation awaits an appointed time; it speaks of the end and will not prove false. Though it linger, wait for it; it will certainly come and will not delay."

Psalms 27:13–14 (NLT)

"Yet I am confident I will see the Lord's goodness while I am here in the land of the living. Wait patiently for the Lord. Be brave and courageous. Yes, wait patiently for the Lord."

Discussion: *What does it look like to 'set the table' while you're still waiting? What is one practical thing you can do this week to position yourself for what you believe God is preparing — even before it arrives?*

PERSONAL REFLECTION

What is one specific step of faith I can take this week that demonstrates I trust God's timing?

M Y O N E T A K E A W A Y T H I S W E E K

One word that describes how I want to live while I wait:

One thing I'm going to do differently this week:

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