

## **Saturday Morning — Can I Really Trust the Bible?**

Psalm 119:105

Have you ever trusted directions from someone and still gotten lost?

Life can feel confusing. God never intended us to walk through it blindly.

Psalm 119 says:

“Your word is a lamp to my feet and a light to my path.”

Interesting Thought - God usually gives enough light for the next step — not the entire future.

Most teenagers face constant confusion:

- Who am I?
- What matters most?
- What should I believe?
- What kind of person should I become?

Culture changes constantly. God’s truth does not. Feelings can change daily. Friends can fail. Trends disappear. But God’s Word remains steady.

Trusting the Bible does not mean we understand everything immediately. It means we trust the God who gave it.

The more we read Scripture, the more we recognize:

- God’s wisdom
- God’s faithfulness
- God’s character

What are some things that people your age put trust in besides God?

Why is it hard sometimes to trust God before we see the outcome?

### **A Challenge for you -**

When stress or anxiety hits today, pause and pray before reacting.

Read: Psalm 23 or Matthew 6:25–34

Ask God for wisdom instead of immediately panicking.

### **Pray that God will help you:**

- Trust Him in uncertainty
- Depend on Scripture daily
- Follow His direction with faith