

Growing in Christ

@ THE PARK



WINTER CATALOG

2026





Growing in Christ @ The Park

Catalog of offerings to help you grow in your relationship with Christ

All offerings will be held as indicated except on holidays.



BIBLE STUDIES

Corporate Bible Study (Virtual)

Description: In a world full of deception, confusion, and half-truths, God calls us to choose **LIFE**. Join us as we take the **Choosing Life Series to Wednesday nights** with an intensive Bible study designed to expose the lies of the enemy and reinforce the truth of God's word. We will explore the key truths from each sermon by engaging directly with Scripture, revisiting impactful moments from the message while learning how to practically choose Life over Lies.

Schedule: Wednesdays at 7:00 p.m. on all The Park Church digital media platforms.

Host: Corporate Bible Study; open to all. For more information, contact Min. Taura Sullivan at tsullivan@upbc.org.

Weekly Noonday Bible Study (Hybrid)

Description: Grow in your relationship with Christ through deeper study into the Word of God during our weekly noonday Bible study. This Bible study will be held on Zoom and in person at The Park Church: 6029 Beatties Ford Road, Charlotte, NC 28216.

Schedule: Wednesdays from 12:00 - 1:00 p.m.

Host: PaceSetter Ministry; open to all. For more information, contact Rev. Taswell Henderson at thenderson@upbc.org.

Weekly Noonday Bible Study (Conference Call)

Schedule: Held on Wednesdays from 11:30 a.m. - 12:30 p.m.

Conference line: 205-825-9601. No participant code needed.

Host: For more information, contact Shirley Johnson-Brown at sljohn1213@gmail.com.

Midweek Bible Study - Married Couples in Christ (Virtual)

Description: The Married Couples Ministry will be hosting a midweek Bible study. The Married Couples Ministry is also hosting a Sunday School option for this study (see page 4).

Schedule: Thursdays at 12:00 p.m.

Host: Married Couples Ministry. For more information and virtual access, please contact Dr. Major McGuire at mmcguire@upbc.org.



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BIBLE STUDIES

Daughters of Divine Destiny Bible Study (Women's Bible Study)

Description: Join us as we study the Bible together, seeking spiritual growth, biblical understanding, and practical application. Topics and studies may vary throughout the year, but each session is designed to help women grow in their understanding of God's Word and encourage one another in faith and everyday life.

Schedule: Mondays at 6:30 - 8:30 p.m.

Host: Women's Ministry. Contact Min. Tamala Bullard tamalabullard@icloud.com for more information.

Men's Bible Study - The Man the Moment Demands

Description: In a world where misinformation distorts the essence of manhood and societal expectations push men into emotional incarceration, author Jason Wilson, offers a pathway to freedom that empowers you to become the right man in every moment by embodying the 10 biblical characteristics of the comprehensive man.

Schedule: Third Monday of each month. January - September.

Host: For more information, contact Rev. Taswell Henderson at [thenderson@upbc.org](mailto:t Henderson@upbc.org).

The Well Bible Study (Young Adults - Ages 18-39)

Description: Join *The Well*, The Park Church Young Adults (PCYA) monthly Bible study, where you can grow in faith and community no matter your level of biblical understanding. Whether you're new to the Bible or have studied it for years, you'll find a welcoming space to explore Scripture, ask questions, and engage in meaningful conversations that connect God's Word to everyday life.

Host: For more information, contact Kevin Wilson at KWilsonjr@upbc.org.

Scripture: Unscripted (For Teens)

Description: "Scripture: Unscripted" is a study for teens who wish to dive deeper in The Word and nurture their spiritual development. This study is our way of giving our teens permission to struggle openly and honestly with their beliefs, but truly learn who we follow, why we follow Him, and why it is relevant to their life. This study will be supported by curriculum from Reframe Youth!

Schedule: January 21 - June 10. Held every 1st and 3rd Wednesday of each month at 7 p.m.

Host: For For more information contact Colin Cunningham at cacunningham3@gmail.com and Stephanie Cassell at scassell@upbc.org.



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SUNDAY SCHOOL

General Sunday School (Hybrid)

Description: The Park Church will be offering general Sunday School using the resource *UMI - Precepts for Living*. This invaluable study guide is for all who desire to further their knowledge, understanding, and application of biblical truths. Each easy-to-use weekly lesson explores the life-changing power of God's Word and takes a creative approach to teaching and applying those truths today.

A Offering: Sundays at 8:00 a.m. Please contact Joseph Campbell at jdcamp224@gmail.com for Zoom login information.

B Offering: Sundays at 8:30 a.m. in person at The Park Church (6029 Beatties Ford Road) **AND** conference call at 605-472-5695; Access code: 749779#. For more information please contact Brother Mike Lilly at melilly@bellsouth.net.

Married Couples in Christ - Marriage Mindset

Description: Does what you EXPERIENCE in marriage correlate with what you THINK about marriage? Does what you THINK about marriage, hinder or help what you DESIRE of marriage? Marriage & Mindsets completes the arch from how our mindsets are developed, identified, and healed in this 6 part series:

1. What Shapes Our Mindset
2. Single Mindset
3. Victim Mindset
4. Fighter Mindset
5. Critical & Selfish Mindsets
6. We, Not Me

The study can be accessed through RightNow Media [.https://app.rightnowmedia.org/en/content/details/725692#description](https://app.rightnowmedia.org/en/content/details/725692#description)

Schedule: January 4 from 8:30 - 9:30 a.m. at The Park Church (6029 Beatties Ford Road) in room 204. A virtual option is available.

Host: Please contact Brady Williams at writebrady@yahoo.com for more details and login information.



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SUNDAY SCHOOL

Lord Teach Me to Study the Bible in 28 Days (Sunday School Class - Precept Study)

Description: Do you desire to grow in your knowledge of studying the Word? If so, join us for four weeks as we dive into this classic precept study. This book teaches readers how to study Scripture and specifically mark the text to unlock its meaning.

In just 28 days participants learn how to:

- Study the Bible book-by-book and understand what they are reading
- Recognize key words and concepts in the Bible
- Discover the main point of any passage of Scripture
- Discern God's purpose and apply life-changing truths to everyday life

Schedule: Beginning in February. Held on Sundays from 8:30 - 9:30 a.m.

Host: For more information please contact Destiny Leonard dmercedes0623@yahoo.com and Min. Taura Sullivan at tsullivan@upbc.org.

Experiencing God (Hybrid)

Description: If you are a new member, a long-standing member or anyone who just needs a refresher, we will host an Experiencing God Sunday school class. This is a powerful, transformative opportunity. You will come to know God intimately, recognize His voice, and understand His will for your life!

Schedule: Beginning January 11. We will meet at The Park Church (6029 Beatties Ford Road) at 8:30 a.m. each Sunday. If you are not local to us or are a virtual member, you can join us via Zoom. You can obtain the Zoom information and full details by emailing christianmaturity@upbc.org. God is at work around you! Will you join him?



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SUNDAY SCHOOL

Singles of The Park - Single Today (Hybrid)

Description: Join us for this Sunday school series that will empower singles to let go of the shame of the past and understand the gift of singleness. Based on Ryan Wekenman's book, *Single Today*, participants will see that "with a little faith and work, you can thrive while being single today."

Schedule: Beginning January 18. Every 3rd Sunday from 8:30-9:30 a.m.

Host: For Zoom information, contact Deaconess Kimberly Alexander at alexander3g@yahoo.com or Min. Tracey Hinton at traceyhinton23@gmail.com.

Sunday Youth Experience

Description: Youth will explore their personal relationships with God, prayer, studying the Bible and so much more.

Schedule: Every 1st, 3rd and 5th Sunday at 9:30 a.m. at The Park Church (6029 Beatties Ford Road).

Host: Youth Ministry. Open to youth grades K-12. For more information, contact Stephanie Cassell at scassell@upbc.org.



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NEW: FORMATION PATHWAY AT THE PARK

Awaken! (Prayer Pathway)

Description: This pathway is designed to be a progressive journey to deepen believers' prayer lives.

Classes on the path include (but not limited to):

- **Prayer 101** lays the foundation by exploring the biblical meaning, purpose, and posture of prayer.
- **Prayer Practices** introduce practical and diverse ways of praying that strengthen daily intimacy with God.
- **When God Says No!** helps believers discern God's sovereignty and grow in trust when prayers are answered differently than expected.
- **Too Busy NOT to Pray** challenges participants to integrate prayer into the rhythm of a full life, emphasizing that a vibrant prayer life is essential—not optional.
- **Purpose Driven Prayer** equips believers to pray with clarity, intention, and alignment with God's will, empowering them to intercede effectively and live out their God-given calling individually and corporately.

Schedule: Begins Sunday, January 11 from 8:30 - 9:30 a.m. at The Park Church (6029 Beatties Ford Road), Room 206.

Host: For more information, please email christianmaturity@upbc.org.

PRAYER

The Pour (Young Adult Prayer Experience)

Description: The Pour is a powerful young adult prayer experience built for genuine encounter. It blends worship, prayer, and authentic community in a space where young adults can seek God freely, pour out their hearts, and be refreshed by His presence.

Schedule: Every 1st Tuesday from 6:30 - 8 p.m.

Host: For more information, please contact Kevin Wilson Jr. at youngadults@upbc.org.





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PRAYER

Men's Ministry Prayer Call

Schedule: Fridays at 7:00 a.m.

Conference Line: 267-807-9601 PIN: 333-455-024#

For Zoom information, contact Rev. Taswell Henderson at thenderson@upbc.org.

Women's Ministry Prayer Call

Schedule: Second Saturday of each month; 8:00 a.m.

Conference Line: 202-926-1102 Passcode: 333879#

Intercessory Prayer Call (Monday)

Schedule: Held on Mondays at 12:30 p.m. (Note: If church offices are closed on a Monday, this prayer call will not be held.)

Conference line: 605-472-5696 Access Code: 749779#

For more information, please contact Dr. Rahama Harewood at rlharewood@gmail.com

Intercessory Prayer Call (Tuesday)

Schedule: Held on Tuesdays at 7:00 a.m.

Conference line: 267-807-9601 Access Code: 333455024#

For more information, please contact Deaconess Tracey Strong t7strong@yahoo.com.

Wednesday Fasting Jumpstart Prayer Call

Wednesdays will be our day of fasting and we will host a quick jumpstart prayer call at 6:30 a.m.

Conference line: 605-313-5941; Access code: 2794030#



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LIFE & FAITH

PCYA Connect Group

Description: Join PCYA (ages 18-39), in a welcoming space to grow in faith, build authentic community, and explore God's Word through meaningful conversations and real-life application. Whether you're new to church or looking for deeper connection, you're invited to belong, grow, and be empowered.

Schedule: Held from 6:30 - 8:30 p.m.

Host: For more information, contact Kevin Wilson at KWilsonjr@upbc.org.

Experiencing God - New Member Life Group

Description: Experiencing God is a foundational study for The Park Church. Life groups help us create an environment of community that allows every member to feel welcomed, accepted, held accountable, encouraged to become involved in ministry, and to live in Christian fellowship. The Experiencing God Life Group provides a place for Christian maturity through learning, application, connection and evangelism. It also provides an opportunity for members to collectively respond to congregational care concerns.

Schedule: Thursday evenings.

Host: For more information, contact Min. Patricia Proby at mayhe4everbless@gmail.com.

Walking for Spiritual Formation Group

Description: Did you know that walking offers spiritual, physical, relational, mental, and emotional benefits? In Scripture, our Christian journey is often described as a walk of faith—a steady, intentional movement that reflects our deepening relationship with God. In this group, you'll be encouraged to walk 20 minutes or more each day—at any time, in any place that works best for you. Whether you're walking through a neighborhood, in nature, or around your home, it's about setting aside time to connect with God and others while caring for your whole self. Build community through our private Facebook Group by sharing what God is revealing to you during your walks. You'll be encouraged by this group of more than 300 participants walking for spiritual formation!

Schedule: Daily, 20 minutes or more.

Host: For more information, contact Min. Taura Sullivan at tsullivan@upbc.org and/or join the Private Facebook Group: *Walk 31 - Walking for Spiritual Formation*.



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LIFE & FAITH

The DEN - Virtual Village Community

Description: Join us in The Park Church's Digital Engagement Network (DEN), where our Virtual Village gathers for small groups, candid conversations, prayer, and authentic community.

Starting in 2026, we'll study spiritual warfare through a 10-lesson course exploring the enemy's tactics, God's armor, and victorious living through Christ. Life is a battleground—it's time to engage as the mighty warrior God created you to be!

Experience conversations that spark joy, discussions that challenge your faith, and genuine relationships that make church feel like home, even when miles apart. Don't miss what God is doing in our virtual space!

Schedule: Beginning January 6 and held every Tuesday from 6:30 - 8:00 p.m.

Host: For more information, contact Min. Tonia Gathers at virtualministry@upbc.org. Participants must send email and connect to the distribution list for login information.

PEARLS Mentoring Program

Description: The Preparing and Edifying Adolescents for Righteous Living and Service (PEARLS) ministry is designed for young ladies ages 11–18. PEARLS seeks to provide mentorship, guidance, encouragement, and love in a Christ-centered environment.

Schedule: Meetings will be held every third Saturday from 11:00 a.m. - 1:00 p.m. at The Park Church (6029 Beatties Ford Road).

Host: For more information, contact Jakiyah Abram at Jakiyahabram14@icloud.com.

EMBLEM

Description: EMBLEM is a ministry within The Park Church that seeks to serve women through a mentorship curriculum via a shared love for Christ, discipleship, and grace. We are a community of women who intentionally engage with life together, while encouraging each other using God's Word, and community for a grace filled life.

Host: For more information contact Meleakia Spearing at dr.acrite@gmail.com.



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SUPPORT GROUPS

GriefShare Recovery Support Group (Virtual)

Description: You don't have to go through the grieving process alone. *GriefShare* is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. We are one of the thousands of *GriefShare* support groups that meet around the world. At The Park Church, we offer the *GriefShare* support group twice a year. You can join the group during one of those times and attend as many meetings as you like.

Schedule: Tuesdays at 6:30 - 8:00 p.m. Dates: 2/2/26 - 4/28/26 and 8/4/26-10/27/26 (13 weeks long and participants can join at any time).

Host: This group is hosted by our counseling ministry for those who have suffered loss and would like support. To register, visit griefshare.org, select "Find a Group" and look for The Park Church. Once registered, you will receive a follow up from a ministry leader. The only cost is the workbook for first-time participants.

Divorce Care (Virtual)

Description: Divorce Care is a 13-week biblical based support group for people who are separated or divorced. Topics covered include loss, depression, finances, children, anger, forgiveness, etc. To register, you can go to divorcecare.org.

Schedule: Mondays at 6:00 p.m. Sessions begin on February 16.

Host: For more information, contact Deaconess Tondra McLaurin at tmclaurin@upbc.org.



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WORKSHOPS & TRAINING

So You Think You're in Love - Annual Dating Workshop

Description: Seminar for dating and engaged couples to provide tools to assist with evaluating and growing their relationships to ensure success.

Schedule: Held on 2/12, 2/26, 3/12, 3/26 from 6:00 - 7:30 p.m.

Host: If you are a dating or engaged couple and are interested in attending, please contact Dr. Tondra McLaurin at tmclaurin@upbc.org.

Mental Health First Aid Training

Description: Interactive training sessions to equip participants to respond to non-emergency mental health crises.

Schedule: Held on 1/22 and 1/29 from 5:30 - 8:30 p.m.

Host: If you are interested in this training please contact Dr. Tondra McLaurin at tmclaurin@upbc.org.



DIGITAL RESOURCES

Living Faith Library Courses Available

Do you desire to grow deeper in your relationship with Christ? Explore a list of topical Bible study and informational e-courses that invite us to live out our faith in practical ways and to mature in Christ. Enroll in one of our Living Faith Library e-courses today!

To get started, visit: theparkministries.org, click "Media" from the navigation drop-down menu and look for Living Faith Library.

RightNow Media

Description: RightNow Media is the world's largest streaming library of biblical resources. Ministries use this resources to dive deeper in study and small group interactions.

Members of The Park Church have been gifted with a **free subscription** to this resource. For information on how to redeem your subscription, contact Min. Tonia Gathers at virtualministry@upbc.org.

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THEPARKMINISTRIES.ORG