

Heart Tugs

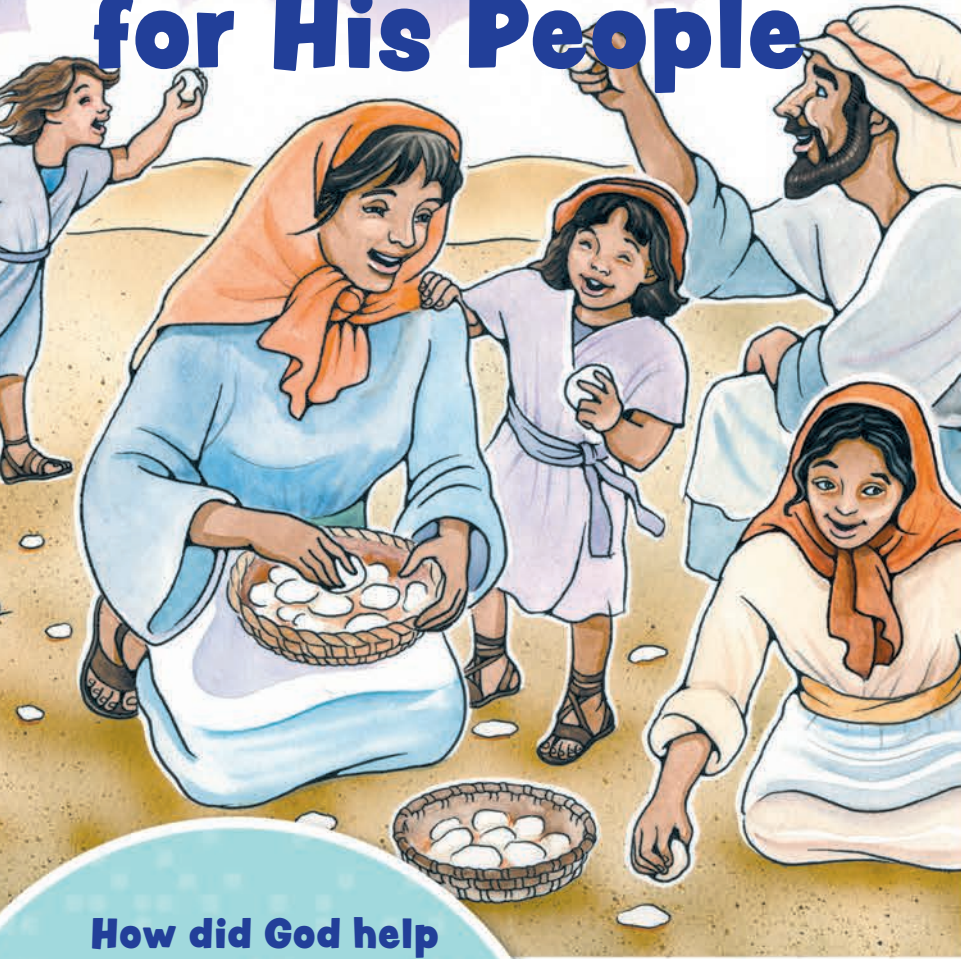
Shaping Hearts with God's Word



A Preschool and Pre-K & K Family Resource

Issue 8

God Provides for His People



How did God help the people when they were hungry?

How did God help the people when they were thirsty?

A Read-to-Me Bible Story

from Exodus 16, 17

God's people, the Israelites, were hungry. What did God do? He helped the people! In the evening, God sent birds that the people could use as meat. In the morning, the people saw food on the ground. It tasted like crackers made with honey.

Later, the people were thirsty. What did God do? He helped the people! God told Moses that He would provide water from a rock. When Moses hit the rock with his staff, a stream of water came from the rock. Now the people had something to drink.

God gave the people what they needed. God gives us what we need too.



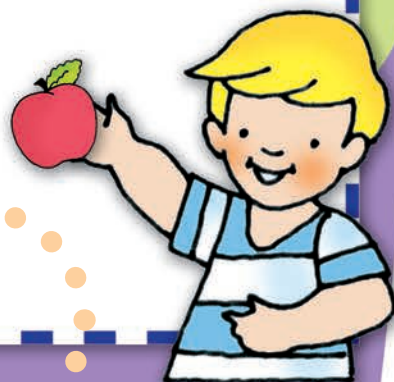


Good for You

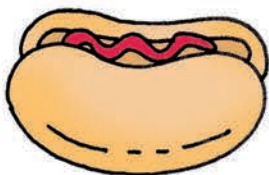
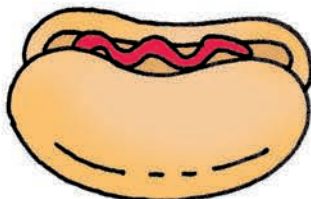
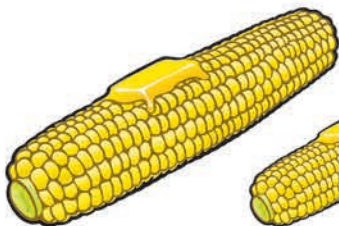
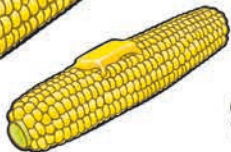
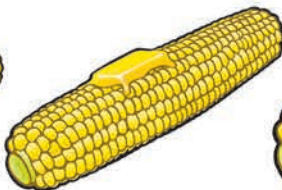
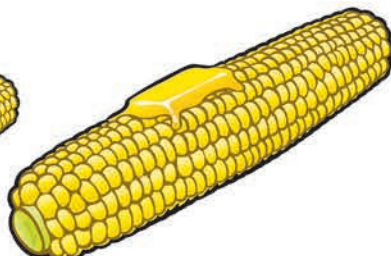
Say the rhyme below. Replace the word *apples* with the name of your favorite food. Repeat the rhyme, naming as many foods as you can think of.

I like apples. You do too.

You like food that's good for you!



Circle the biggest food item in each row.



A Prayer of Thanksgiving

A prayer song by Angela Smith

Sing this prayer song to the tune "Twinkle, Twinkle Little Star."



Thank You, thank You, God above.
I will praise You for Your love.
You give me the things I need—
water, food, and family.
Thank You, thank You, God above.
I will praise You for Your love.

Complete the dot-to-dot activities to find two things you can be thankful for.



Family Talk

Every child needs a place to feel safe and secure—

both physically and emotionally. Children must have their daily physical needs met—food, shelter, clothing. They need to feel safe physically from ghosts, darkness, and kidnapping. Children also need to feel safe emotionally from the rejection or belittling of others.

God recognized these same needs in the Israelites when He provided for their daily needs—meat and bread from the sky, water from a rock, and so forth. As you provide for your child's needs, rest assured that God will provide for your needs. Teach your child that she can trust you because you trust God.

Bible Memory FUN

Psalm 105:1

Find this verse in a family Bible. Pick a street or road that is commonly used during the week and name it "Bible Verse Lane." Every time you and your

child travel down that street, say the Bible verse together.

This week, help your child remember:

God gives us what we need.



Family Fun...

Blessings Collage. Have each family member find and cut out pictures from magazines that represent items we need and that God provides for the family. Glue the pictures onto a poster board. Display the family masterpiece and thank God for all the ways He blesses your family.

Daily Talks with God

Use these thoughts at mealtimes, bedtimes, or other times when you pray with your child this week.

Thank You, God, for food to eat.

God, thank You for giving us _____
(list needed items).

God provides for me!

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