

God Provides for His People

Exodus 16:1-8, 13-17, 31, 35; 17:1-6

Bible Memory Verse: "Give thanks to the Lord and pray to Him."

Psalms 105:1

Supplies needed for this lesson:

Crayons, scissors, glue stick, small paper bag

Moses and God's people arrived safely on the other side of the Red Sea. What an amazing gift! They immediately gathered together and thanked God for helping them. But what should they do next? There was desert as far as they could see. This week we'll learn about how God helped His people by giving them what they needed as He led them through the desert.

Two of the most important things God's people needed were food and water. What foods do you like to eat? What foods do you not like to eat? Print out the worksheet at the end of this lesson named FOOD and color in the pictures of the foods you like and don't like. Then we'll find out what kind of food and drink God gave to His people as they travelled through the desert.

Our Bible story for this week comes from the Old Testament (that's the part of the Bible that happened before Jesus was born) in the book called Exodus. At the LCKids web page, click the video link for this week's video from Miss Sue and Woolly. You can also click the link called *Bible Story* and read the story with your family.

God helped His people by giving them what they needed in the desert when they were hungry and thirsty. **God gives us what we need**, too. Let's think of some of the wonderful things He gives us. You will find this week's Make-N-Share activity at the end of this lesson plan. Print out the page (print both sides on a single piece of paper if you can, or just print the first page) and the "stickers". Cut out the "stickers". (you can ask a grown up for help if you need it) Follow the instruction to complete the activity, using a glue stick to add the "stickers". If you don't have a paper bag you can use a zip lock bag or just turn the cards upside down on a table. (If you don't use a bag, you don't need to print the "stickers") Tell a grown up, brother or sister or even a

pet about the food on each card and say a thank you prayer to God for each item.

We talked a lot about food today! (I hope we didn't make you too hungry 😊) How great is it that **God gives us what we need**, whether it's food or love or a family or whatever? God loves us so much that He provides whatever we need. Let's end our lesson today with a prayer of thanks to God for giving us what we need.

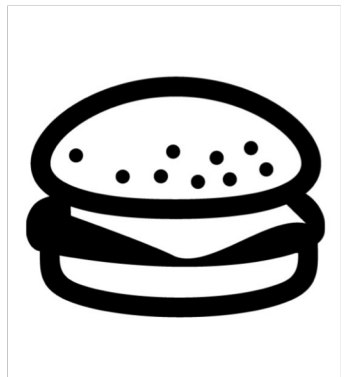
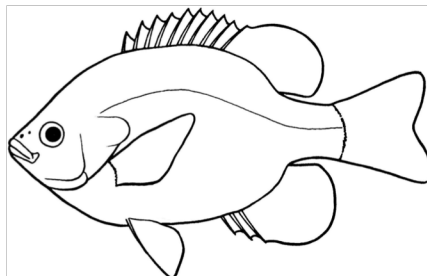
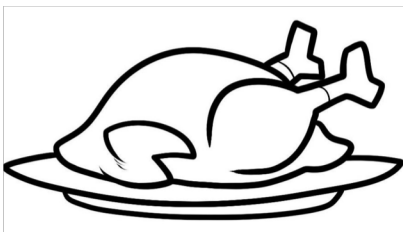
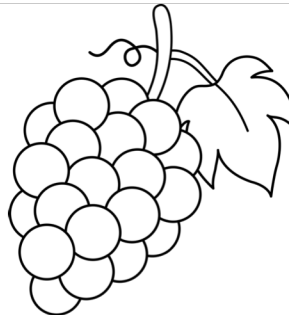
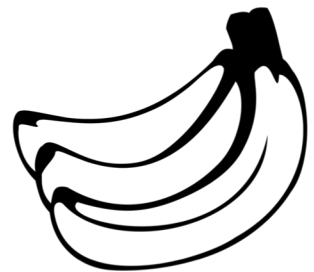
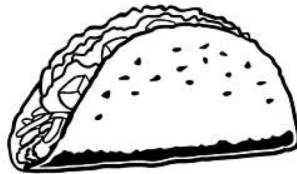
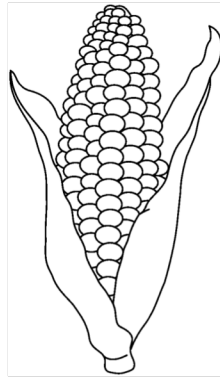
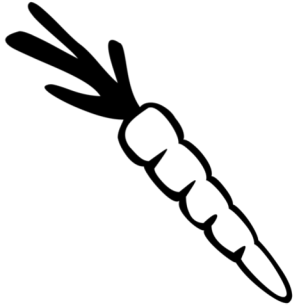
Prayer:

Dear God, thank You for giving us everything we need. We are glad that You love us so much. Please help us remember that You are always with us and You always know what we need. We love You, Jesus! Amen.

This week's Family page, Heart Tugs, can be found at the LCKids web page. I hope you'll come back next week, when we will learn about something miraculous that happened to some big rocks!

FOOD

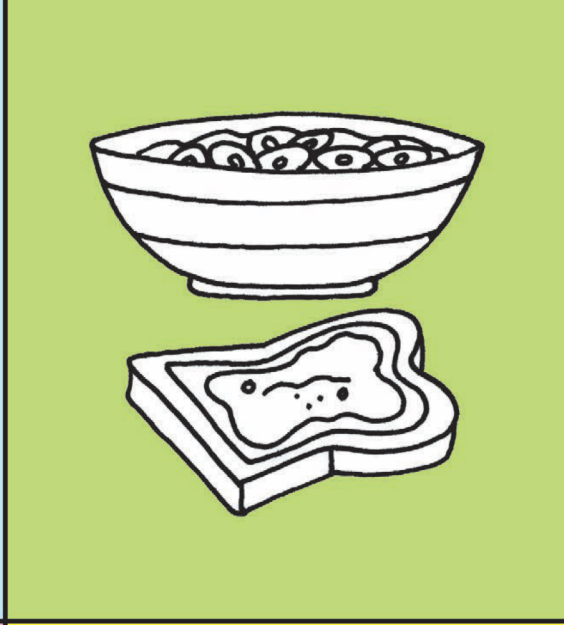
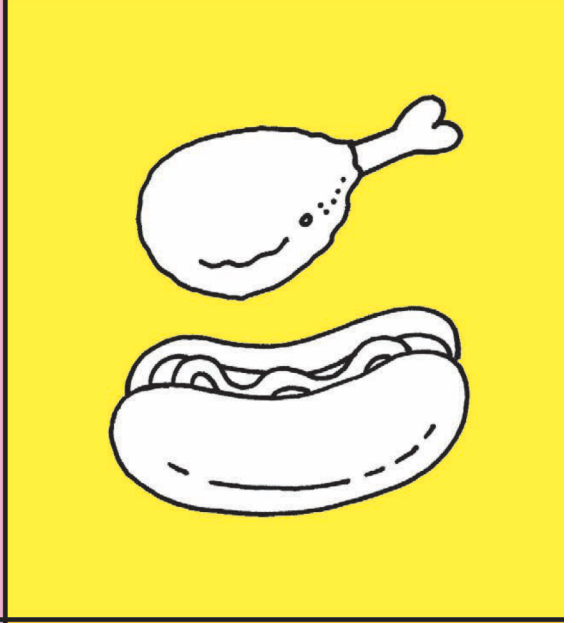
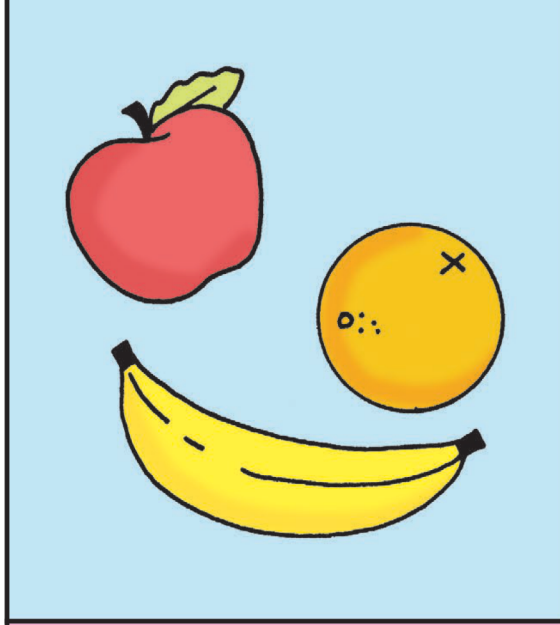
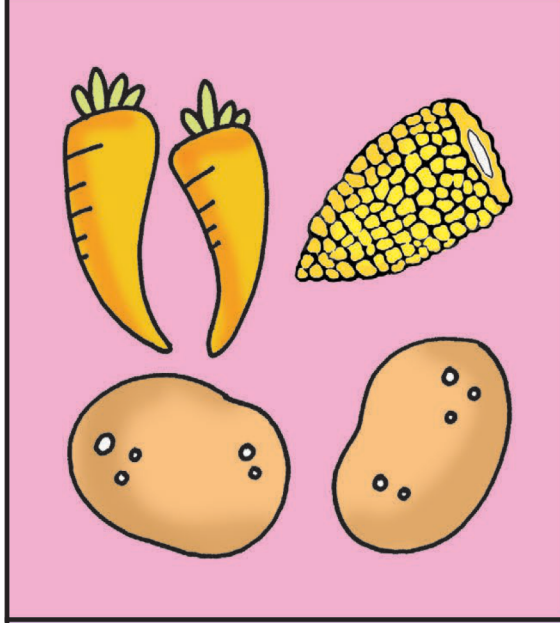
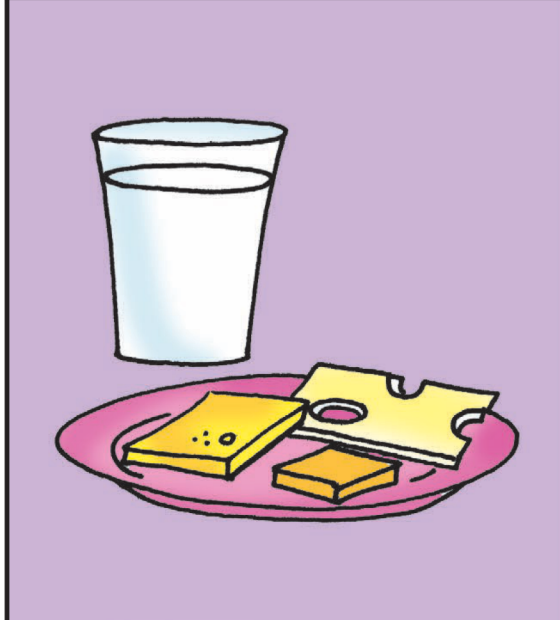
Color the foods you like to eat **orange**. Color the food you don't like to eat **blue**





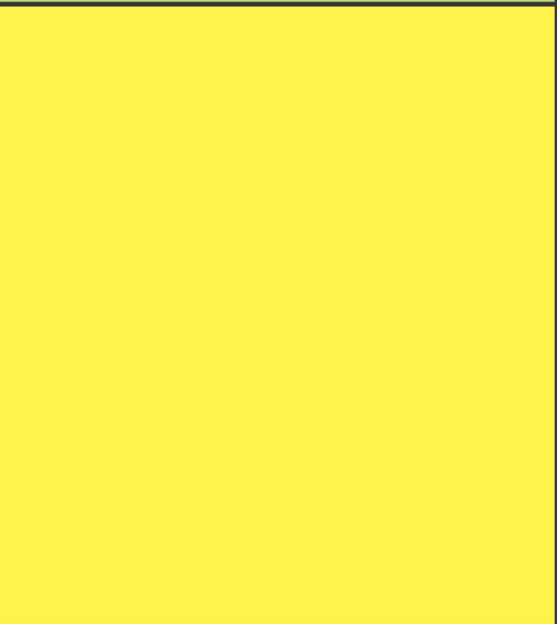
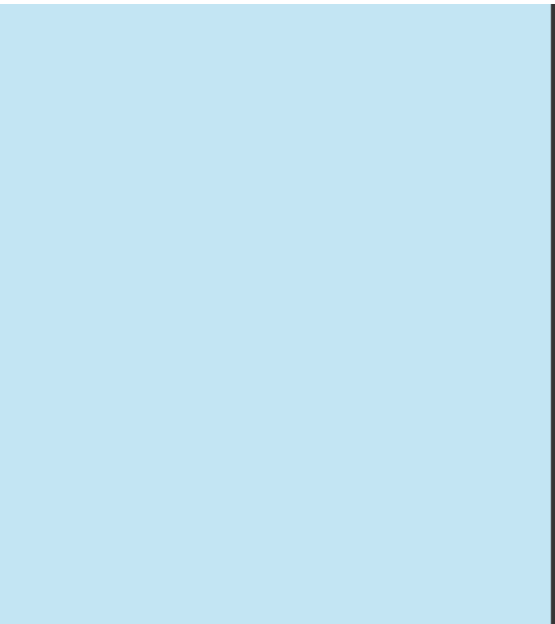
My Grocery Bag

Lesson 8

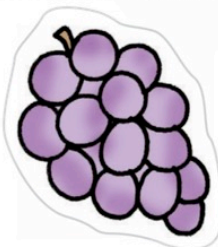


Instructions

1. Cut out the food cards.
2. Finish coloring the cards.
3. Attach stickers to the front of a brown paper lunch bag.
4. Put the food cards inside the paper bag.
5. Pull the food cards out of the bag as you tell about the different foods God gives us.



**God gives us
what we need.**





God Gives Manna to Eat
Exodus 16