

Message Notes | Christmas: It's Complicated

Part 1: The Frantic Pace

Mark 1:35-39

- Christmas can be complicated
- the pace of Christmas can mirror our pace of life

#1 Our _____ are often dominated by _____ and _____.

- hurry and distraction are harmful to body and soul
- what's the solution?
- a busy day in Jesus' life - **Mark 1:21, 28, 29-34**
- Jesus prioritized quiet time with God - **Mark 1:35, Luke 5:15-16, 22:39**

#2 We need regular _____ with _____.

- simplifying our calendars is helpful
- life will still get busy

#3 Have a _____.

Have a _____.

Have a _____.

Details:

Group Questions | Christmas: It's Complicated

Part 1: The Frantic Pace

Mark 1:35-39

1. What's your favorite part of the Christmas season?

What's the most difficult part of the Christmas season?

2. On a scale of 1-10, how much do you struggle with hurry?
(1 - not at all; 10 - all the time) What factors contribute to your answer?

What negative affects have you seen hurry cause in your life?

3. What's the difference between being busy and being in a hurry?

4. **Read Mark 1:21-34.** What strikes you about this day in the life of Jesus?

Jesus' three year ministry was busy.
Do you agree or disagree? Explain your answer.

5. **Read Mark 1:35, Luke 5:15-16, Luke 22:39.** Why was it so important for Jesus to regularly spend quiet time with God?

6. Why is it so important for you to have a regular quiet time with God?

7. Why is a time important?
Why is a place important?
Why is a plan important?

8. What's one step you are going to take in reaction to this message?
What can we do to help?

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- a busy day in Jesus' life - **Mark 1:21, 28, 29-34**
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#2 We need regular quiet time with God.

- simplifying our calendars is helpful
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#3 Have a time.

Have a place.

Have a plan.

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Bible Reading for Today

Mark 1:35-39

³⁵Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. ³⁶Simon and his companions went to look for him, ³⁷and when they found him, they exclaimed: "Everyone is looking for you!"

³⁸Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." ³⁹So he traveled throughout Galilee, preaching in their synagogues and driving out demons.

