

Message Notes | Identity

Part 3: Clothed With Christ

Psalm 32:1-7

→ guilt, shame, and isolation

**#1 Shame _____ the _____
of who Jesus made you to be.**

→ King David's battle with shame - **vs. 3-4**

→ self-justification makes the problem worse

**#2 Shame is the condition of being _____
from the _____ you desperately need.**

→ the difficult remedy for guilt - **vs. 5, vs. 1-2**

→ the costumes we wear - **Galatians 3:26-27**

#3 _____ has you _____.

→ you are my hiding place - **Psalm 32:6-7**

**#4 Your _____ days are never beyond
the _____ of God's grace.
Your _____ days are never beyond
the _____ of God's grace.**

Group Questions | Identity

Part 3: Clothed With Christ

Psalm 32:1-7

1. What is something you tend to feel ashamed about, even if it's something small or silly? Why do you think shame sticks with us so easily?
2. **Read Psalm 32:3-4.** How does David describe the weight of shame and guilt in these verses? Have you ever experienced something similar in your own life?
3. King David is just one example of a person in the Bible who tried to cover up his own guilt. What other examples come to mind, and what do we learn from them?
4. Why do you think our attempts to self-justify ourselves often make the problem worse? What are some common "justifications" people use to avoid facing their guilt?
5. **Read Psalm 32:1-2, 5.** What did David discover about confession and grace? Why is confessing our guilt both difficult and freeing?
6. **Read Galatians 3:26-27.** In what ways do people try to "hide" their shame with accomplishments, personas, or other coverings?

What does it mean to be "clothed with Christ," and how does this change how we view ourselves?
7. **Read Psalm 32:6-7.** What's an area of life where you've struggled to believe Jesus "has you covered"? What would it look like to trust him fully in that area?

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Part 3: Clothed With Christ

Psalm 32:1-7

→ guilt, shame, and isolation

#1 **Shame erodes the reality of who Jesus made you to be.**

→ King David's battle with shame - **vs. 3-4**

→ self-justification makes the problem worse

#2 **Shame is the condition of being disconnected from the grace you desperately need.**

→ the difficult remedy for guilt - **vs. 5, vs. 1-2**

→ the costumes we wear - **Galatians 3:26-27**

#3 **Jesus has you covered.**

→ you are my hiding place - **Psalm 32:6-7**

#4 **Your worst days are never beyond the reach of God's grace. Your best days are never beyond the need of God's grace.**

Bible Reading for Today

Psalm 32:1-7

Blessed is the one
whose transgressions are forgiven,
whose sins are covered.
² Blessed is the one
whose sin the Lord does not count against them
and in whose spirit is no deceit.
³ When I kept silent,
my bones wasted away
through my groaning all day long.
⁴ For day and night
your hand was heavy on me;
my strength was sapped
as in the heat of summer.
⁵ Then I acknowledged my sin to you
and did not cover up my iniquity.
I said, "I will confess
my transgressions to the Lord."
And you forgave
the guilt of my sin.
⁶ Therefore let all the faithful pray to you
while you may be found;
surely the rising of the mighty waters
will not reach them.
⁷ You are my hiding place;
you will protect me from trouble
and surround me with songs of deliverance.