

Message Notes | Team Up

Part 3: Stand the Strain

Exodus 18:13-23

→ the difficulty of delegation

#1 Going solo _____ **you** _____.
Teaming up _____ **you** _____.

→ Moses, lone ranger - **vs. 13-18**

#2 Stop _____ **what God wants you to** _____.

→ some wisdom from Jethro - **vs. 19-23**

#3 Do what _____ **can do as you**
help others do what _____ **can do.**

→ One carried more than all together could - **John 1:29**

#4 Teaming up is _____.

→ what do you need to put down?

→ what do you need to pick up?

Group Questions | Team Up

Part 3: Stand the Strain

Exodus 18:13-23

1. What stood out to you most from the message or the story of Moses and Jethro in Exodus 18? Why do you think it connected with you?
2. Have you ever tried to carry too much on your own—either at home, at work, or even in ministry to others? What was the result, and what did you learn from it?
3. **Read Exodus 18:13-16.** What was Moses' job, and what impact was it having on him and the people as he tackled it solo?
4. Why can it be hard to ask others for help?
Why can it be hard to offer help to others?
5. **Read Exodus 18:17-22.** Jethro helped Moses identify what only he could do and what he could empower others to do. Where in your life might you need to clarify your own role or help others step into theirs?
6. **Read Exodus 18:23.** What does this verse teach us about the outcome of shared responsibility?
How might your family, workplace, or church experience more peace if people shared the weight better?
7. The message ended with two reflection questions: *What do you need to put down? What do you need to pick up?* Which one of those questions do you think needs more of your attention this week?

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Part 3: Stand the Strain

Exodus 18:13-23

→ the difficulty of delegation

#1 Going solo makes you faster.

Teaming up takes you further.

→ Moses, lone ranger - **vs. 13-18**

#2 Stop shifting what God wants you to share.

→ some wisdom from Jethro - **vs. 19-23**

#3 Do what only you can do as you help others do what only they can do.

→ One carried more than all together could - **John 1:29**

#4 Teaming up is worth slowing down.

→ what do you need to put down?

→ what do you need to pick up?

Bible Reading for Today

Exodus 18:13-23

¹³The next day Moses took his seat to serve as judge for the people, and they stood around him from morning till evening. ¹⁴When his father-in-law saw all that Moses was doing for the people, he said, "What is this you are doing for the people? Why do you alone sit as judge, while all these people stand around you from morning till evening?"

¹⁵Moses answered him, "Because the people come to me to seek God's will. ¹⁶Whenever they have a dispute, it is brought to me, and I decide between the parties and inform them of God's decrees and instructions."

¹⁷Moses' father-in-law replied, "What you are doing is not good. ¹⁸You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone. ¹⁹Listen now to me and I will give you some advice, and may God be with you. You must be the people's representative before God and bring their disputes to him. ²⁰Teach them his decrees and instructions, and show them the way they are to live and how they are to behave. ²¹But select capable men from all the people—men who fear God, trustworthy men who hate dishonest gain—and appoint them as officials over thousands, hundreds, fifties and tens. ²²Have them serve as judges for the people at all times, but have them bring every difficult case to you; the simple cases they can decide themselves. That will make your load lighter, because they will share it with you. ²³If you do this and God so commands, you will be able to stand the strain, and all these people will go home satisfied."