

## Message Notes | The Bible

### Part 4: How Do I Read It?

Luke 10:38-42

→ a world of distractions

**#1 Every distraction demands a \_\_\_\_\_,  
but you have the power to \_\_\_\_\_.**

→ Martha, Martha - **Luke 10:38-42**

**#2 Misplaced priorities \_\_\_\_\_  
\_\_\_\_\_ as distractions.**

→ a pre-decision that had implications - **Luke 9:51**

**#3 Not even \_\_\_\_\_ could distract Jesus from \_\_\_\_\_.**

→ a get-to thing, not a guilt thing

**#4 Tell your distractions \_\_\_\_\_.**

### How to Read the Bible:

- 1: Pick a good \_\_\_\_\_.
- 2: \_\_\_\_\_ a time, place, and plan.
- 3: Prepare your \_\_\_\_\_.
- 4: Know the \_\_\_\_\_.
5. Read and \_\_\_\_\_.

## Group Questions | The Bible

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Luke 10:38-42

1. What's the one distraction in your life right now that's hardest to resist—phones, social media, streaming, something else? Why do you think it's so tempting?
2. Every distraction demands a decision. When do you find yourself most vulnerable to distractions? How would it help to pre-decide your response?
3. **Read Luke 10:38-42.** Martha was doing good things. Why do you think Jesus challenged her priorities?  
  
Can you relate to Martha? How?
4. Have you experienced something intended to be good becoming a distraction in your life? How did it affect your relationship with God or others?
5. **Read Luke 9:51.** What were some of the distractions that Jesus faced? What were they distracting him from, and why did he pre-decide to resist them?
6. What practical strategies have helped (or might help) you stand up to distractions that compete with time in God's Word?
7. Review the five steps on "How to Read the Bible." Which one do you need to focus on most right now? What would it look like to put it into practice this week?

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### Part 4: How Do I Read It?

Luke 10:38-42

→ a world of distractions

#### #1 Every distraction demands a decision, but you have the power to pre-decide.

→ Martha, Martha - **Luke 10:38-42**

#### #2 Misplaced priorities relabel blessings as distractions.

→ a pre-decision that had implications - **Luke 9:51**

#### #3 Not even death could distract Jesus from you.

→ a get-to thing, not a guilty thing

#### #4 Tell your distractions who's boss.

#### How to Read the Bible:

- 1: Pick a good translation.
- 2: Choose a time, place, and plan.
- 3: Prepare your heart.
- 4: Know the context.
5. Read and apply.

## Bible Reading for Today

### Luke 10:38-42

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup> She had a sister called Mary, who sat at the Lord's feet listening to what he said. <sup>40</sup> But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

<sup>41</sup> "Martha, Martha," the Lord answered, "you are worried and upset about many things, <sup>42</sup> but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

