

WEEK 4 PRESCHOOL LESSON GUIDE

OPPOSITE DAY

THE BIG IDEA

Jesus is with us even though we can't see him.

THE BIBLE

The Transfiguration:
Luke 9:28-36

WELCOME TIME

MUSIC | Opposite Day Songs

- **INSTRUCTIONS:** You can lead kids in worship with any songs you like best, but here are a few songs that go along with this month's theme. Make sure you have purchased any licenses required to play or perform these songs. For more information, [read this!](#)
 - "Follow Me" (Kidspring)
 - "I Have Decided" (Group)
 - "I Will Follow" (Summit Kids)
 - "This Little Light of Mine" (CJ and Friends)

ACTIVITY | Opposite Tag

- Welcome to our last Opposite Day for this month! We've done a lot of activities in the past few weeks that have to do with opposites.
- Are you ready for one more?
- **INSTRUCTIONS:** Play a game of tag where everyone has to walk backward.
- Walking backward to play tag was a little challenging because it was harder to see where you were going and where everyone was.
- Today we are talking about how Jesus allowed his friends to see things differently, too!

ACTIVITY | Things We Can't See

- **INSTRUCTIONS:** Write and draw simple drawings to go along with words of things we can't see (e.g., love, wind, joy, air, etc.) with a white crayon on a large piece of white paper. Invite kids to help you paint the poster to reveal these words.
- There are many things that we can't see with our eyes but we know they are there!
- Today's Bible story is going to help us remember that!

TEACHING TIME

BIBLE STORY | The Transfiguration

- Today, we are going to read a story in the Bible that may be hard to believe. But we know the story happened because the Bible is one big, true story from God to us!
- **INSTRUCTIONS:** Bookmark the Bible story found in Luke 9:28-36 in your Bible. Ask a volunteer to hide behind a table or somewhere in the room where kids can't see.
- Wait, before I begin, have you seen [name of leader who is hiding]? I thought I they were here . . . where could they be? Oh well. We can look later. Right now, we need to hear the Bible story.
- As I tell the story, we will repeat different phrases and act out different parts to help us remember the story.
- One day, Jesus went with some friends, who are called disciples, up a mountain to pray. [Tell everyone to pretend to climb a tall mountain.]
- While they were there, Jesus' face began to change and Jesus' clothes became shiny! Jesus was glowing! [Tell everyone to gasp and say, "Wow!"]
- Two men appeared with Jesus. Their names were Moses and Elijah. It was unbelievable that they were there since they lived hundreds and hundreds of years before Jesus! But there they were.
- Then, a loud voice came from a cloud! It was the voice of God! God told the disciples to listen to Jesus. [Tell everyone to cup their hand around their ears to mimic listening.]
- Even when the disciples couldn't see God, they knew God was there. They heard God's voice through a cloud! God knew they were on that mountain with Jesus.
- Speaking of people we can't see, where is [name of volunteer]? Oh, there they are! You see, we couldn't see them but they were here the whole time!
- Sometimes we trust in things we can't see because we believe they are true! And that's what today's Big Idea is all about!

BIG IDEA | Jesus is with us even though we can't see him.

- **INSTRUCTIONS:** Before group time, write the word Jesus (or draw a cross) on a bunch of index cards and tape it to the bottom of everyone's chairs. You could also hide them somewhere in the room. Make sure every kid gets one. Signal to kids when it's time to look for the paper.
- Whoa! This paper was here the whole time even though we didn't see it! And what does the paper say? Jesus!
- That's what today's Big Idea is: **Jesus is with us even though we can't see him.**

VIDEO | Opposite Day, Episode 4

- **INSTRUCTIONS:** Play this week's episode of [Cali's World](#).

ACTIVITY | Can You See Gravity?

- **INSTRUCTIONS:** Prepare an assortment of non-fragile objects. Invite kids to come up to the front, stand on a chair, and drop an object to the ground.
- **What happened to every single one of these objects?**
- They fell to the ground!
- **How did that happen? Did you see someone pull it down?**
- No! There's a force called gravity that pulls all things to the ground . . . that's why you and I don't float around like people do in space!
- We can't see gravity, but we know it's there. Just like that, **Jesus is with us even though we can't see him.** And the best part is, we can talk to him anytime we want.

PRAYER

- Dear God, thank you for always being with us. When we are scared, you are there. When we are happy, you are there. Thank you for guiding us every single day. Amen.

DISCUSSION TIME

SNACK | Glow Snack

- **INSTRUCTIONS:** Follow the directions on the Jell-O box, substituting cold water for tonic water. When you turn out the lights and shine a black light on your Jell-O, it will glow!
- Want to see something cool? We're going to see our snack glow!
- **What else glowed in our Bible story today?**

ACTIVITY | Everywhere I Go

- **INSTRUCTIONS:** Gather butcher paper and markers. Place paper all around the room.
 - ✂ **TODDLER HACK:** Instead of asking the kids to draw different places, use stickers or magazine clippings to have them stick or glue onto the butcher paper.
- We are going to think about all the places you can go. Grab a marker and start drawing the places on the paper.
- Do you know what the amazing thing is? Jesus is with us everywhere we go!
- Even though we can't see him, Jesus is with us . . . at the grocery store with us, at the park with us, on the school bus . . . everywhere! That means we don't ever have to feel afraid or lonely.
- **Jesus is with us even though we can't see him!**

ACTIVITY | Invisible Race

- **INSTRUCTIONS:** Blow up two balloons and clamp them shut with a clothespin. Attach the top of the balloon to a straw cut in half. String the straw through a long piece of string and attach the long string in between two chairs. Set up a second station next to it with the second balloon. Have volunteers come up and when you say go, have them unclamp the clothespin to race the balloons across each string. Check out [this page](#) for more detail.
 - ✂ **TODDLER HACK:** Blow up balloons without tying them and let them go in the air so that they fly around out of control as the air gets released. Be on alert so that toddlers don't put any balloons in their mouths.
- **What made the balloons go?** It was the air inside the balloon. **Can you see the air?** No, but we know it was there because it was what made the balloons travel down the string.
- This reminds us that **Jesus is with us even though we can't see him!**

MEMORY VERSE | II Corinthians 12:9a (NIV)

- **INSTRUCTIONS:** Print the memory verse printable and cut out each color wedge. Then, tape up just the primary colors (red, blue, and yellow) in the exact configuration it would be if all the pieces were there. Kids will help you fill in the missing pieces and complete the wheel.
- **Did you know colors have opposites, too?** We call them complementary colors.
- The colors I have up right now are primary colors — red, blue, and yellow.
- **What do you think the red's opposite color is?** It's green! [Put up green piece across from the red piece.]
- **What do you think blue's opposite color is?** It's orange! [Put up orange piece across from blue piece.]
- **I guess that leaves us with yellow's opposite color** — purple! [Put up purple piece to complete the wheel.
- Wait, there are words on here . . . why, it's our memory verse! Let's start with red part and work our way around this color wheel to read the memory verse. It says: **"My grace is sufficient for you, for my power is made perfect in weakness."**

PLAY TIME

While you're waiting for parents to pick up their kids . . .

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Print and distribute this week's coloring page along with crayons or markers. Talk about how the image shows an opposite. As the kids color, discuss today's Bible story and Big Idea!

ACTIVITY | On the Road with Jesus

- **INSTRUCTIONS:** Create roads on the floor using painter's tape. Have kids play with toy cars and remind them that wherever they go, Jesus is with them. Make stop signs to place at intersections. Have kids pause whenever they come to a stop sign to say the Big Idea before continuing on.

ACTIVITY | Simon Doesn't Say

- **INSTRUCTIONS:** Lead a game of "Simon Doesn't Say." The kids will have to do the action the leader tells them not to do (e.g., Don't jump, don't run in place, don't do jumping jacks, etc.). If they don't, they're out!
 - ✂ **TODDLER HACK:** Play "Simon Says" the usual way and make sure to do the actions with them so toddlers can follow along.

Encourage your preschoolers to help clean up the room while they wait for their parents.