

# complete spiritual

## THE CHRISTIAN'S LIFE AND GROWTH EVALUATION

**The goal** of this checkup is to identify problem areas, affirm positive areas, and help us see ourselves as God sees us.

**“Search me, O God, and know my heart;** try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way” (Psalm 139:23-24).

### 1. New Birth

“Test yourselves to see if you are in the faith; examine yourselves! Or do you not recognize this about yourselves, that Jesus Christ is in you—unless indeed you fail the test?” (2 Corinthians 13:5).

- I have fully agreed with God about the sin in my life, and I have turned away from it so that I can live the kind of life Jesus died to provide. This repentance has changed the way I live, speak, and think (Acts 26:20; Luke 13:3; Titus 2:11-14).  yes  no
- I have placed all of my trust and complete confidence in Jesus Christ alone for salvation—trusting in no one and nothing else (Ephesians 2:8; John 14:6; Acts 16:31; Romans 10:9-10).  yes  no
- I have assurance from the Holy Spirit that I have been fully forgiven and accepted as God’s child (John 1:12-13; Ephesians 1:7-13; 1 John 5:13).  yes  no
- The Bible teaches that a changed life is powerful evidence of true faith. It is obvious that God has changed me from the inside out, and that my behavior, desires, and direction are increasingly aligning with Christ (James 2:24; Matthew 7:13-24).  yes  no

**If you checked one or more questions NO, check this box:**

*and realize that you may not have experienced true salvation and the new birth.*

### 2. Intimacy with God

“Thus says the LORD, ‘Let not a wise man boast of his wisdom, and let not the mighty man boast of his might, let not a rich man boast of his riches; but let him who boasts boast of this, that he understands and knows Me’” (Jeremiah 9:23-24).

#### GOD'S WORD

- I desire to read and obey the Word of God.  yes  no
- I take time daily (or with rare exception) to read, meditate on, and memorize Scripture.  yes  no

3. I often find myself thinking about, singing, or praying Scripture to the Lord.  yes  no
4. I am continuing to increase in my understanding of the Bible, God's Word.  yes  no

### PRAYER

1. Meaningful prayer is a part of my daily life.  yes  no
2. I am praying regularly with others (e.g. family, friends).  yes  no
3. The last time I received an answer to prayer that only God could fulfill was within the last few: \_\_\_ Hours \_\_\_ Days \_\_\_ Weeks \_\_\_ Months \_\_\_ Years
4. My prayers are: \_\_\_ Heartfelt \_\_\_ Empty words \_\_\_ Repetitions \_\_\_ Duty

**If you checked one or more questions NO, check this box:**

*and realize that your pursuit of intimacy with God is diminishing with each NO.*

## 3. Hindrances to Revival

"Your iniquities have made a separation between you and your God, and your sins have hidden His face from you so that He does not hear" (Isaiah 59:2).

### PRIDE

1. It is hard for me to express genuine love and appreciation for Jesus and others.  yes  no
2. It is difficult for me to ask forgiveness from family or others when I sin against them.  yes  no
3. I have a tendency to want credit for accomplishments.  yes  no
4. Others would say that my primary drive is to look out for myself rather than to serve others.  yes  no

### DEALING WITH UNCONFESSED SIN

1. It is difficult for me to confess my sins to God.  yes  no
2. I am aware of specific sins I have not confessed and forsaken.  yes  no
3. I struggle to gain consistent victory over sinful habits.  yes  no
4. I have "secret sins" that I hide from others.  yes  no

**If you checked one or more questions YES, check this box:**

*and realize that you have allowed hindrances to keep you from experiencing personal revival.*

## 4. Personal Holiness

“Like the Holy One who called you, be holy yourselves also in all your behavior; because it is written, ‘YOU SHALL BE HOLY, FOR I AM HOLY’” (1 Peter 1:15-16).

- When God speaks, I obey immediately; I allow the Holy Spirit to lead me and to control my thoughts and behavior.  yes  no
- I am guarding my eyes and my heart in pursuit of moral purity.  yes  no
- I do not lie, misrepresent, exaggerate, or mislead.  yes  no
- Circle the words that best characterize your behavior and attitude within the last 48 hours:

### SPIRIT-LED

Patient  
 Forgiving  
 Encouraging  
 Yielding  
 Loving God  
 Humble

{or}

### FLESH-LED

Impatient  
 Unforgiving (bitter)  
 Critical  
 Controlling  
 Loving pleasure  
 Proud

“All who are being led by the Spirit of God, these are sons of God” (Romans 8:14).

**If you checked one or more questions NO, check this box:**   
*and realize that you need to pursue personal holiness in your daily life.*

## 5. Priorities

“Seek first His kingdom and His righteousness, and all these things will be added to you” (Matthew 6:33).

- When family, friends, and others view my life, they see me consistently valuing eternal things (like giving, witnessing, studying God’s Word, praying, developing meaningful relationships) rather than temporary things.  yes  no
- I am guarding my heart from loving this present world system (this world’s lifestyle, philosophies, entertainment, possessions, music, fashions).  yes  no
- I am actively supporting my local church with the time, skills, and financial resources God has blessed and trusted me with.  yes  no

4. From 1–7, rank the following activities based on the amount of time you spend doing each in a given day:

\_\_\_\_\_ Internet                      \_\_\_\_\_ Social Media/Entertainment  
 \_\_\_\_\_ Food                              \_\_\_\_\_ Sports/Recreation  
 \_\_\_\_\_ Prayer                              \_\_\_\_\_ Family/Friends  
 \_\_\_\_\_ God's Word (reading, memorizing, meditating)

**If you circled one or more questions NO, or if you sense that the way you prioritize your time does not reflect your commitment to Christ, check this box:**

## 6. Valuing Others

“A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another. By this all men will know that you are My disciples, if you have love for one another” (John 13:34-35).

- As far as I know, there is no one alive whom I have knowingly wronged, offended, or hurt in any way, that I have not gone back to and attempted to make things right (sought forgiveness, offered restitution, returned what was stolen, etc.).  yes  no
- I willingly submit to the authorities God has placed in my life (pastor, employer, parents, teachers, government leaders, etc.)  yes  no
- I make intentional efforts to love others the way Jesus commanded, putting their needs above my own.  yes  no
- I am known for extending God's love, generosity, hospitality, and grace to others, especially toward my own family and my school/work associates.  yes  no

**If you checked one or more questions NO, check this box:**   
*and realize that you may not be engaging in developing healthy relationships.*

There are six summary boxes, and each box you have checked indicates a need for genuine salvation OR genuine revival.

**How many summary boxes did you check?** \_\_\_\_\_

*“Let us examine and probe our ways, and let us return to the LORD” (Lamentations 3:40).*