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2026 Is The Year Of B.E.T.T.E.R:

(BUILDING RELATIONSHIPS, EQUIPPING, TRAINING, TRANSFORMATION, ENGAGE EVANGELISM, REVITALIZE)



STEP 10: STAYING UNDER CONSTRUCTION

"A Remedy for Relapse"

Wednesday in the Word

November 18, 2026

Introduction

This month, we focus on the 10th step of our 12 steps to better spiritual journey that we started back in January. We're on Step 10 and this month our theme is "Stay Under Construction." We will continue to inspect ourselves, and when we mess up, we will immediately admit it and take the necessary measures to correct the mistake.

The premise is that step ten helps us come to a point where we can control our actions. The idea behind this step is that we will cultivate the discipline needed to maintain our progress for the rest of our lives. Living a better life is an ongoing process.

Step 10 teaching, titled **"A Remedy for Relapse,"** centers on the principle of **"staying under construction"** through continuous self-inspection. Rather than viewing spiritual growth as a one-time fix, this lesson emphasizes daily maintenance and vigilance so believers do not revert to old habits.

John 21:3–6 (NIV)
3 "I'm going out to fish," Simon Peter told them, and they said, "We'll go with you." So they went out and got into the boat, but that night they caught nothing. 4 Early in the morning, Jesus stood on the shore, but the disciples did not realize that it was Jesus. 5 He called out to them, "Friends, haven't you any fish?" "No," they answered. 6 He said, "Throw your net on the right side of the boat and you will find some." When they did, they were unable to haul the net in because of the large number of fish.

1. The journey with Jesus **Luke 6:12–16**

- Jesus calls Simon Peter, James, and John after a miraculous catch of fish. **Luke 5:1–11**
- Calling from Ordinary Lives

2. The post-resurrection charge **John 20:19–21**

- He gives them peace
- He gives them purpose
- He gives them power
- He gives them his presence

3. The temptation to relapse **John 21:3**

- Falling back to old ways Luke 5:10

4. Jesus restores fellowship

- Friends John 21:5

5. **Divine provision and guidance**

6. **Living with divine purpose**

7. **The process of salvation** **Romans 3:24–28**

   - Justification
   - Sanctification
   - Glorification

8. **God's remedy for setbacks**

   - Let me make you stable
   - Let me show you I'm able
   - Let me prepare you a table
   - Let me eliminate the negative labels

9. **Moving forward without regret**

THOUGHTS OF THEOLOGY