PBJs

Pray / Bible / Journal / Share

Discipleship Guide

PRAY | *Speak, Lord, your servant is listening* (1 Sam 3:10).

- Clear your mind and set aside distractions.
- Ask God to speak to you through Scripture and give you an obedient heart.

BIBLE | *The word of God is alive and active* (Heb 4:12).

Read a short passage slowly and ask:

- What insight or takeaway do I hear?
- What does this say about God?
- What does this say about humanity—and me?
- How can I obey what I'm hearing?
- Who can I share this with?

JOURNAL | *I have hidden your word in my heart* (Ps 119:11).

- Bullet-point your answers to the questions above. Keep it brief and focused.
- Pay special attention to the last two questions.

SHARE | *As iron sharpens iron, so one person sharpens another* (Prov 27:17).

- Pass along your key insight to bless a friend or family member today.
- Gather with your PBJs Group to encourage each other and walk in obedience.