

Hangouts – Taming the Tongue

Week of 5/17/26

Ice Breaker Question

What's the funniest or most awkward thing you've ever said by accident?

Main Idea Questions

1.

Pastor said, **“Your words are steering something.”**

How have you seen words either help or hurt relationships, families, or situations?

Can you think of a time someone's words deeply impacted you—positively or negatively?

2.

James compares the tongue to:

- a horse's bit
- a ship's rudder
- a fire

Why do you think something so small can have such a big impact?

Which illustration stood out to you the most and why?

3.

The sermon emphasized that our words reveal what's in our hearts.

What are some heart issues that can show up through the way we speak?

Scripture Question

Read James 3:9–12 together.

James says we shouldn't use the same mouth to bless God and curse people.

Why do you think this matters so much to God?

What does it look like to speak in a way that reflects Jesus?

Something Said in the Sermon

Pastor said:

“Your mouth leaks what your heart contains.”

What stood out to you about that statement?

How can we allow God to heal our hearts so our words begin to change?

Living It Out This Week

This week, pay close attention to your words.

Before speaking, ask yourself:

“Will this bring life or death?”

Challenge:

Choose one intentional way to use your words for life every day this week:

- Encourage someone
- Speak kindly instead of harshly
- Refuse gossip
- Apologize for harmful words
- Pray over someone
- Speak scripture over yourself or your family
- Thank someone intentionally

Bonus Challenge:

Ask God to reveal one unhealthy speech habit He wants to change in you.

Prayer Topic

- A guarded tongue
- A healed heart
- Wisdom in speech
- Freedom from gossip, anger, and negativity
- The ability to speak life, encouragement, and truth