



566 N. Fifth San Jose, CA 95112 • (408) 295-0367 • www.wesleysj.net

**THIRD SUNDAY IN LENT
ENGLISH AND JAPANESE JOINT WORSHIP
MARCH 8 • 10:00 am
ORDER OF WORSHIP**

(Please be sure to silence your cell phones. Thank you!)

PRELUDE 前奏: – Shane Cantanho

WELCOME 歓迎: — Mark Teagle, Director of
Spiritual Formation, Community Engagement, and Music

***CALL TO WORSHIP 招きの言葉:** – Carol Mar

Leader: Come, all who are weary and carrying heavy burdens.

People: We come to the one who offers us rest and freedom from hurrying around.

Leader: Jesus says, “Come to me.”

People: We come with our urgency about life, our fear of slowing down, and our belief that we need to hurry in order to get ahead.

Leader: Jesus says, “Take my yoke upon you, and learn

from me.”

People: Teach us your way, which is gentle, humble, true and done without hurrying about.

Leader: Jesus says, “With me you will find rest for your souls.” There is no need to hurry.

People: We open our hearts to receive your rest and freedom from hurrying.

Leader: This morning here at Wesley we will worship the God who meets us with grace and peace.

All: Thanks be to God! Amen!

***OPENING PRAYER 祈禱:** – Carol Mar

God of mercy, we come in all the ways we are tired: tired in our bodies, tired in our minds, tired in our souls. We confess we often live as if everything depends upon us. We carry expectations, worries, and regrets like they’re permanent fixtures. Today, help us hear the voice of Jesus clearly: “Come to me.” Give us the humility to come as we are, and the courage to lay down that which was never meant for us to carry alone. Form us into a people who learn from Christ: gentle, humble, and free. Meet us in scripture, in song, in prayer, and in one another. God, we trust you are here, and we can receive your gift of rest. In Jesus’ name we pray, amen.

***SONG: “Forever”** – Wesley Praise Band

Words and Music by Chris Tomlin

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Give thanks to the Lord, our God and King.
God's love endures forever.
For God is good, is above all things.
God's love endures forever.
Sing praise, sing praise.

With a mighty hand and outstretched arm,
God's love endures forever.
For the life that's been reborn,
God's love endures forever.
Sing praise, sing praise.
Sing praise, sing praise.

Forever God is faithful.
Forever God is strong.
Forever God is with us, forever.
Forever God is faithful.
Forever God is strong.
Forever God is with us, forever. Forever.

From the rising to the setting sun,
God's love endures forever.
And by the grace of God we will carry on.
God's love endures forever.
Sing praise, sing praise.

Sing praise, sing praise.

Forever God is faithful.

Forever God is strong.

Forever God is with us, forever.

Forever God is faithful.

Forever God is strong.

Forever God is with us, forever. Forever.

***SONG: “Way Maker” – Wesley Praise Band**

Words and music by Losinachi Kalu and Okoro Egbu.

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You are here, moving in our midst;

I worship you, I worship you.

You are here, working in this place;

I worship you, I worship you.

You are here, moving in our midst;

I worship you, I worship you.

You are here, working in this place;

I worship you, I worship you.

You are Way Maker, Miracle Worker,
Promise Keeper, Light in the darkness,
my God, that is who you are.

You are Way Maker, Miracle Worker,
Promise Keeper, Light in the darkness,
my God, that is who you are.

You are here, touching every heart;
I worship you, I worship you.
You are here, healing every heart;
I worship you, I worship you.
You are here, turning lives around;
I worship you, I worship you.
You are here, mending every heart;
I worship you, I worship you.

You are Way Maker, Miracle Worker,
Promise Keeper, Light in the darkness,
my God, that is who you are.
You are Way Maker, Miracle Worker,
Promise Keeper, Light in the darkness,
my God, that is who you are.

Even when I don't see it, you're working.
Even when I don't feel it, you're working.
You never stop, you never stop working.
You never stop, you never stop working.

Even when I don't see it, you're working.
Even when I don't feel it, you're working.
You never stop, you never stop working.
You never stop, you never stop working.

Way Maker, Miracle Worker,

Promise Keeper, Light in the darkness,
my God, that is who you are.

You are Way Maker, Miracle Worker,
Promise Keeper, Light in the darkness,
my God, that is who you are.

That is who you are. That is who you are.
That is who you are. That is who you are.
That is who you are. That is who you are.
That is who you are. That is who you are.

Children and Youth dismissed to their classes.

ANTHEM: “Near to the Heart of God” — Chancel Choir

Words and Music by Cleland B. McAfee, arr. by Hugh S. Livingston, Jr.

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VIDEO: “Freedom from Hurrying” — Hikaru Bakoshi

SCRIPTURE 聖書: — Carol Mar

Matthew 11:25-30

²⁵At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will.

²⁷All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one

knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.”

JAPANESE SCRIPTURE 聖書: – Taihei Shigemori 重森泰平
マタイによる福音書11章25節-30節(新共同訳)

²⁵そのとき、イエスはこう言われた。「天地の主である父よ、あなたをほめたたえます。これらのことを知恵ある者や賢い者には隠して、幼子のような者にお示しになりました。²⁶そうです、父よ、これは御心に適うことでした。²⁷すべてのことは、父からわたしに任せられています。父のほかには子を知る者はなく、子と、子が示そうと思う者のほかには、父を知る者はいません。

²⁸疲れた者、重荷を負う者は、だれでもわたしのもとに来なさい。休ませてあげよう。²⁹わたしは柔和で謙遜な者だから、わたしの軛を負い、わたしに学びなさい。そうすれば、あなたがたは安らぎを得られる。³⁰わたしの軛は負いやすく、わたしの荷は軽いからである。」

MESSAGE 説教: “Freedom from Hurrying” – Rev. John Oda

SONG: “Come Unto Me (Matthew 11)”

– Wesley Praise Band

*Words and Music by Wes Terasaki.
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Come unto me, all who are weak,
weary and heavy laden.
Gentle am I, humble in heart,
and you shall find rest for your soul.

All things are given unto those who believe.
Princes and lowly ones, his blessings receive.
And just when I think that means everyone but me,
Jesus comes beckoning to me.

Come unto me, all who are weak,
weary and heavy laden.
Gentle am I, humble in heart,
and you shall find rest for your soul.

Enter the Holy Gates, just as you are.
No need for a happy face,
just come with your heart,
And Jesus will bring us a joyful melody,
if only his calling we heed.

Come unto me, all who are weak,
weary and heavy laden.
Gentle am I, humble in heart,
and you shall find rest for your soul.

We are his little ones, children of God.
Children and fellow heirs of his Kingdom come.
And we share the greatest love
the world has ever seen
here in the Lord's family.

Come unto me, all who are weak,
weary and heavy laden.
Gentle am I, humble in heart,
and you shall find rest for your soul.

COLLECTION OF OUR OFFERING 献金: — Carol Mar

OFFERTORY MUSIC: — Shane Cantanho

Today's Altar Flowers are given by Stella Gonzalez
in memory of Angelo Gonzalez.

***DOXOLOGY** 頌栄: — Wesley Praise Band

"Praise God, from Whom All Blessings Flow"

Words by Thomas Ken, Music by Luis Bourgeois

Public Domain

Praise God from whom all blessings flow;
Praise God all creatures here below;
Praise God above ye heavenly host;
Praise Father, Son and Holy Ghost.

In Japanese:

A-me-tsu-chi ko-zo-ri-te

Ka-shi-ko-mi ta-ta-e-yo
Mi-me-gu-mi a-fu-ru-ru
Chi-chi mi-ko mi-ta-ma wo. Amen

***OFFERTORY PRAYER 祈禱:** — Carol Mar

God, you have been faithful to us in ways we don't always notice until we finally slow down. Receive these gifts as signs of our trust. As we give, loosen our grip on fear and scarcity. Use what we offer; our money, our time, our compassion, our energy; to lift burdens, to heal what is hurting, and to share the peace and grace of Christ with our neighbors. Shape us into generous people who live lighter, because we believe you provide what we truly need. In Jesus' name, amen.

PASTORAL PRAYER 牧会祈禱: — Rev. John Oda

THE LORD'S PRAYER:

Our Creator, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, forever. Amen.

***HYMN: “Be My Vision”** — Wesley Praise Band

Traditional Irish Song. Public Domain

Be my vision, O Lord of my heart;
naught be all else to me, save that you are.
You're my best thought, by day or by night,
waking or sleeping, your presence my light.

Be my wisdom, and my true word;
I ever with you and you with me, Lord;
you and you only, first in my heart,
great God of heaven, my treasure thou are.

Great God of heaven, my victory won,
may I reach heaven's joys,
O bright heaven's Sun!
Heart of my own heart, whatever befall,
still be my vision, O Ruler of all.

***BENEDICTION 祝禱:** — Rev. John Oda

***RESPONSE 応答:** — “Go Now In Peace”

— Wesley Praise Band

Words and Music: Don Besig OneLicense 735877-A.

Go now in peace, never be afraid.
God will go with you each hour of every day.
Go now in faith, steadfast, strong and true.

Know God will guide you in all you do.

Go now in love, and show you believe.

Reach out to others so all the world can see.

God will be there, watching from above

Go now in peace, in faith, and in love.

Amen. Amen. Amen.

POSTLUDE MUSIC 後奏: — Shane Cantanho

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*Please stand if you are able.