

WELLSPRING

WORSHIP CENTER

Psalm 139:7-18 Reflection Questions 3/8/2026

1. How would you explain the difference between God being everywhere and God being personally present?
2. What places does David mention in verses 8-9 to show the extremes of God's presence?
3. What does David say about the ability of darkness to hide us from God? How does verse 12 challenge the idea that some places are spiritually "hidden"?
4. What are some "dark places" people experience emotionally or spiritually today?
5. Have you ever felt like God keeps His promises to everyone else except me? Have you ever felt like:
 1. My faith is not real enough
 2. My sin is uniquely disqualifying
 3. Something is defective in me spiritually
6. Discuss this statement: "God's promises apply especially to people who feel like me."
7. What aspects of the complexities of our physical bodies stood out to you most? The human brain is the most complex known structure. Do you find it ironic that the organ that questions God, is itself, one of God's greatest masterpieces?
8. What does verse 16 say about God's awareness of our earliest development?
9. Discuss these statements:
 1. There is no place that is out of His reach
 2. There is no time when He walks away
 3. There is no problem that renders Him powerless
10. Which truth in Psalm 139:7-18 stands out to you the most?