



A Week of *Faith*

**You Are Chosen, You Are
Loved, and Your Life Matters**

1 Thessalonians 1:1-10

October 20-24, 2026

Five days. One message.
A faith that goes with you.

TUESDAY–SATURDAY DEVOTIONALS

Christ's Community in Action with Love for All
A Stephen Ministry Congregation

Welcome to This Week's Devotionals

Life gets busy, but there's always room for a moment with God. Our Tuesday–Saturday devotionals connect Scripture with everyday life through reflection, a question to consider, a practical step, and a closing prayer.

Read one each day, share it with someone you care about, and carry Sunday's message into the week ahead.

Your next step in faith begins here.

THIS WEEK'S THEME

**You Are Chosen, You Are Loved, and
Your Life Matters**

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You Are Loved, Just as You Are

TODAY'S SCRIPTURE

1 John 4:9–10, 16

DEVOTIONAL

Have you ever felt that you needed to do more, accomplish more, or be more before you could truly feel good about yourself? It’s easy to measure our worth by what we accomplish, how much we help others, or how productive we are. But God’s love isn’t a reward for a job well done. We are loved because we belong to God. Our worth doesn’t disappear when we slow down, need help, or simply take time to rest. We don’t have to earn the love that is already being offered to us.

REFLECT & CONSIDER

Where in your life are you measuring your worth by what you do rather than remembering that you are loved for who you are?

PUT FAITH INTO ACTION

Take five quiet minutes today to step away from your to-do list. Remind yourself that your worth is not measured by your productivity. If someone offers to help, consider accepting that gift.

A CLOSING PRAYER

Loving God, help me rest in the assurance that I am loved just as I am. Free me from the pressure to prove my worth, and help me receive your love with an open heart. Amen.

Small Acts, Lasting Love

TODAY'S SCRIPTURE

Galatians 6:9–10

DEVOTIONAL

Sometimes the smallest things leave the biggest impressions. A phone call at the right moment, a listening ear, a warm welcome, a shared meal, or a simple word of encouragement can make a difficult day feel a little lighter.

We may never know how much a small act of kindness means to someone else. The impact may not be immediate or visible, but love has a way of traveling farther than we realize. We don't have to change the world in one grand gesture. We can make a difference by caring for the people right in front of us.

REFLECT & CONSIDER

Who has made a difference in your life through a small act of kindness, and who might need that same kindness from you today?

PUT FAITH INTO ACTION

Think of one person who might appreciate a little encouragement today. Make a phone call, send a message, offer a prayer, or simply take time to listen.

A CLOSING PRAYER

God of love, open my eyes to the people around me. Help me recognize the opportunities to encourage, welcome, and care for others. May even my smallest acts reflect your love. Amen.

Finding Gratitude in a Changing Season

TODAY'S SCRIPTURE

Philippians 4:4–9

DEVOTIONAL

Change can be uncomfortable. Plans shift, familiar routines look different, and the future may not unfold as expected. During these times, it can be difficult to see beyond what we have lost or what feels uncertain.

Gratitude doesn't mean pretending everything is easy or ignoring the challenges we face. It means making room to notice the good that remains and the unexpected gifts that may be waiting for us. A new conversation, a helping hand, a fresh perspective, or a friendship we didn't anticipate can bring hope into a changing season.

We may not control every change in life, but we can remain open to the blessings and possibilities that come with it.

REFLECT & CONSIDER

What is one change in your life that has opened the door to an unexpected blessing or new possibility?

PUT FAITH INTO ACTION

Write down three things you're grateful for today. Let one of them be something unexpected or something good that has come from a change in your life.

A CLOSING PRAYER

God of every season, help me face change with courage and an open heart. When life feels uncertain, remind me to notice the gifts, relationships, and possibilities that surround me. Amen.

The Gift of Giving—and Receiving

TODAY'S SCRIPTURE

Romans 12:4–8, 10–13

DEVOTIONAL

Many of us find it easier to offer help than to ask for it. We enjoy being the person others can count on, but when circumstances change and we need support ourselves, accepting help can feel uncomfortable. Yet caring for one another is a gift that goes both ways. When we allow someone to help us, we give that person an opportunity to share their compassion, time, and gifts. Receiving help doesn't make us less valuable or less independent. It reminds us that we are part of a community where everyone has something to give and everyone sometimes needs a hand.

We were never meant to carry every burden alone. There is grace in giving, and there is grace in receiving.

REFLECT & CONSIDER

Is it easier for you to help others than to accept help yourself? What might change if you allowed others to care for you, too?

PUT FAITH INTO ACTION

If someone offers to help today, practice saying yes. If you're carrying something difficult, reach out to a trusted friend and allow them to walk alongside you.

A CLOSING PRAYER

Gracious God, thank you for the people who care for me and for the opportunities I have to care for others. Give me humility to receive help, generosity to offer it, and gratitude for the community we share. Amen.

You Still Have a Purpose

TODAY'S SCRIPTURE

Ephesians 2:8–10

DEVOTIONAL

Life changes, and so do our opportunities to make a difference. A job may end, family responsibilities may shift, or activities that once filled our days may no longer be possible. During these transitions, it's easy to wonder whether we still have something meaningful to contribute.

The answer is yes. Purpose isn't limited to a title, a busy schedule, or a list of accomplishments. It can be found in sharing wisdom, welcoming someone who feels new, encouraging a friend, praying for a neighbor, or simply being present when someone needs company. Every season of life holds opportunities to share love. We may serve in different ways as time goes on, but our ability to care, encourage, and make a difference remains.

REFLECT & CONSIDER

What gifts, experiences, or words of encouragement can you share with someone in this season of your life?

PUT FAITH INTO ACTION

Consider one gift you can share today. It might be your experience, your listening ear, your sense of humor, a word of encouragement, or a prayer for someone who needs it.

A CLOSING PRAYER

Creator God, thank you for giving my life meaning and purpose. Help me recognize the gifts I still have to share and the people who may need them. Guide me toward opportunities to bring kindness, hope, and love into the world. Amen.

Keep the Journey Going

A few quiet minutes with Scripture can change how we approach the day ahead. We hope this week's devotionals have encouraged you, challenged you, and reminded you of God's presence in your life.

CONTINUE THE JOURNEY

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in our community, and in the world.*