

# “What is a Person?”



## OPEN IT

- When you hear the word *identity*, what comes to mind first—something you discover or something you create? Why?
- What are some common ways people today try to define who they are?

## READ IT:

- Genesis 1:26–27 (Created in God’s image)
- Genesis 3:1–7 (The fall—sin distorts identity)
- 2 Corinthians 5:17 (New identity in Christ)
- Ephesians 2:8–10 (Saved and recreated for purpose)

## EXPLORE IT

### Identity: Create or Receive?

- The message contrasts two views: identity as something we create vs. something we receive. What are the strengths and weaknesses of each view?
- What are the ways that you try to create your identity instead of resting in who God has created you to be?
- Why do you think our culture emphasizes “looking within” to define identity?

### Given Identity (Creation)

- What does it mean that we are “created by God, for God”? How does that shape how we view ourselves?
- How does understanding ourselves as image-bearers (Genesis 1:26–27) give us mission and purpose?

### Broken Identity (Fall)

- The message says our identity is broken by sin. In what ways do you see that brokenness lived out in people’s lives today?

- Why does a broken identity often lead to striving, confusion, or insecurity?

### **Restored Identity (Redemption)**

- What does it mean that in Jesus we don't have to "invent or prove ourselves"? Why is that good news?
- According to 2 Corinthians 5:17, what actually changes about our identity in Christ?

### **Living From Identity**

- How does receiving your identity from God change the way you approach success, failure, or comparison?
- Why is it important to answer, "Who is God?" before trying to answer, "Who am I"?

## **DO IT:**

- **Reflect Honestly:** Take time this week to identify where you've been trying to create your identity instead of receiving it from God.
- **Anchor in Truth:** Meditate on Genesis 1:26–27 or 2 Corinthians 5:17 daily as a reminder of who you are in God.
- **Reject False Labels:** When negative or worldly labels come to mind, replace them with what God says about you.
- **Live with Purpose:** Ask God how your identity as His creation should shape your daily decisions and priorities.
- **Start the Right Question:** Begin your prayer time this week not with "Who am I?" but "God, who are You?" and let that shape everything else.